

TSW FORMAT
for
INFORMATION GATHERING
"Ideas that Work"

Type of Project: Fellowship/Humor

Project Name: OA Bingo

Project Goal: Familiarize ourselves with slogans and have fun

Organizing Service Body: Los Angeles Intergroup (OA Birthday.com), Region 2

Contact Information: John, webmaster@oar2.org

Resources Needed (budget, volunteers, materials, etc.): print out the "bingo's" from the website - http://www.oalaig.org/index.php?option=com_content&view=article&id=158&Itemid=144 . This PDF on the website contains 200 pages with 4 cards to a page. You can print as many or as little as you want by choosing a "page range" when you print them (see attachment). Also, a color laser and printer and using card stock make a nice looking bingo card.

Implementation Process (including length of time for planning and implementation): Can be used at a meeting, workshop, or marathon. Another suggestion is to use them as give-aways.

Additional Comments (including things of which to be mindful): Those wishing to have these oa bingo cards in another language, email to the above contact person for assistance. One suggestion was for sponsors to give these oa bingo cards to their sponsees and use them during a meeting (to pay more attention at the meeting).

Results: Fun, and a light hearted way to gently poke the "pay attention" message to people.

OA Program Slogan Bingo

Don't quit before the miracle happens	My sponsor doesn't understand me	Stinking thinking	I'm also in AA...	I'll wrap it up
There are no coincidences	God doesn't make junk	I'm not ready to sponsor	First things first	There is a God and I'm not it
My worst day now is better than my best day then	Bring the body and the Mind will follow	Free Space Visit us at oabirthday.com	Program has turned my life around 180 degrees	I can't feel deprived
Pray to God, but row to shore	Fear is lack of Faith	The only green thing I ate was pistachio Ice Cream	Sick and tired of being sick and tired	Be careful what you pray for
We'll love you until you learn to love yourself	I was in another 12 Step food program	We're all here because we're not all there	I won't beat myself up over it	I would starve myself all day

OA Program Slogan Bingo

The only green thing I ate was pistachio Ice Cream	Bring the body and the Mind will follow	I have intimacy problems	No pain, no gain	I considered myself a diet expert
It's not what you're eating it's what's eating you	Fake it till you make it	Page 417 (449)	This is the last house on the block	I've just gotten out of a relationship
I won't beat myself up over it	Live and let live	Free Space Visit us at oabirthday.com	My inner child	I guess I've hit a bottom
Attitude of gratitude	You can't give away what you don't have	If you're not in 3 programs, you're in denial	Sick and tired of being sick and tired	I've been in Al Anon for a long time
Would I rather be right -- or happy?	Pray to God, but row to shore	Honesty, Open-mindedness, and Willingness	I Came, I Came To, I Came To Believe	We are only as sick as our Secrets

OA Program Slogan Bingo

This is a disease of isolation	Diets don't work for me	Live and let live	I started on gray sheet	Attitude of gratitude
I've been in Al Anon for a long time	No pain, no gain	I Came, I Came To, I Came To Believe	I won't beat myself up over it	I'll wrap it up
My whole family was fat	Once I lost the weight, I went on to guys/girls	Free Space Visit us at oabirthday.com	I had to quit playing God	Don't quit before the miracle happens
We're all here because we're not all there	Sick and tired of being sick and tired	Some of us our sicker than others	I don't eat sugar or white flour	I think I had a slip
I'm not ready to sponsor	Let go and let God	Happy, Joyous and Free	God doesn't make junk	Some are sicker than others

OA Program Slogan Bingo

Program has turned my life around 180 degrees	Stick with the winners	This isn't my first 30 day chip	Some are sicker than others	I considered myself a diet expert
You can't give away what you don't have	Would I rather be right -- or happy?	This is the last house on the block	My worst day now is better than my best day then	I was on a "See Food" diet
When all else fails Follow Directions	I didn't gain weight until I was married	Free Space Visit us at oabirthday.com	I've just gotten out of a relationship	I Came, I Came To, I Came To Believe
Principles before personalities	I have intimacy problems	Take what you can use and leave the rest	Happy, Joyous and Free	I'm also in AA...
You can't coast if you're not going downhill	My food has gotten sloppy	I was a night eater	Page 417 (449)	More will be revealed