



OA Convention 2020 Saturday Banquet Menu

August 22, 2020
Renaissance Orlando at SeaWorld®

Banquet Price Per Person: US\$60

All entrées include a salad, whole wheat rolls, fruit, and beverage.

No substitutions. Attendees are welcome to supplement their entrées.

Local Mixed Green Salad (2 cups, dressings on side)

- Shaved fennel, asparagus, heirloom tomato
- Smoked Tomato Vinaigrette (tomato, rice wine vinegar, egg, canola oil, parsley, dijon)

Entrées consist of 3-4 oz. protein, ½ cup starch, and 1 ½ - 2 cups seasonal vegetables

Seared Chicken Breast (chicken reduction pan jus)

- Roasted garlic rosemary potatoes
- Haricoverts and roasted carrots

Grilled Sirloin (natural beef jus)

- Sweet potato hash (sweet potato, spinach, heirloom carrots, parsley)
- Baby spinach, heirloom carrots

Impossible Shepard's Pie (beyond burger with mashed potatoes in olive oil)

- Charred broccolini

Fresh Sliced Seasonal Fruit (1 ½ cups without added sugar)