

Public Information (PI) Resource List

Preparing and Learning PI: For OA Members, Groups, Service Bodies, and PI/PO Committees

Manuals and Handbooks

- *OA Handbook for Members, Groups, and Service Bodies* (#120): bookstore.oa.org
- *Public Information Service Manual* (#762): bookstore.oa.org
- *Professional Tradeshows Manual for Service Bodies*: oa.org/documents/ under “Public Information Suggestions”
- *Professional Outreach Manual* (#772): bookstore.oa.org

Guidelines

- *Guidelines for OA Events*: oa.org/documents/ under “Guidelines”
- *Guidelines for Public Information Events*: oa.org/documents/ under “Guidelines”
- *Guidelines for Professional Outreach Committees*: oa.org/documents/ under “Guidelines”
- *Guidelines for Anonymity in the Digital World*: oa.org/documents/ under “Guidelines”
- *Carrying the Message*: oa.org/documents/ under “Guidelines”
- *Guidelines for Health Fair Participation*: oa.org/documents/ under “Guidelines”
- *OA C.A.R.E.S Inmate Correspondence Program Guidelines*: oa.org/documents/ under “Guidelines”
- *Guidelines for OA Newsletters*: oa.org/documents/ under “Guidelines”
- *Website Development Guidelines*: oa.org/documents/ under “Guidelines”
- *Fundraising and Prudent Reserve Guidelines for Groups and Service Bodies*: oa.org/documents/ under “Guidelines”
- *Budget Guidelines for Service Bodies*: oa.org/documents/ under “Guidelines”
- Request to use the OA logo: oa.org/documents/ under “Copyright Requests”

Skits and Workshops

- *The Wanda Know Show Skit and Workshop*: oa.org/documents/ under “Workshops and Skits”

Documents for use by OA Service Bodies and PI/PO Committees

- Event calendar submission form: oa.org/documents/ under “Events”
- Request to use the OA logo: oa.org/documents/ under “Copyright Requests”
- Professional Exhibits Fund Application: oa.org/documents/ under “Public Information Suggestions”
- Public Service Announcements: oa.org/documents/ under “Public Information Suggestions”
- *Public Information Service Manual* (#762): bookstore.oa.org
- *Professional Tradeshows Manual for Service Bodies*: oa.org/documents/ under “Public Information Suggestions”

Documents for attracting non-members (for English speakers)

Posters and Attraction Notes

- Public Information Posters: oa.org/documents/ under “Public Information Posters”
 - Eating Out of Control Poster: four color, 8.5 by 11 inches. Includes interactive space to enter local group information and both a QR code and tear-off tabs for oaquiz.org, which links to the Fifteen Questions online.
 - Step One Poster: four color, 8.5 by 11 inches. Includes interactive space to enter local group information and tear-off tabs for oaquiz.org, which links to the Fifteen Questions online.

- Pizza Poster: four color, 8.5 by 11 inches. Includes interactive space to enter local group information.
- Fork Poster: four color, 8.5 by 11 inches. Includes interactive space to enter local group information.
- Scale Poster: four color, 8.5 by 11 inches. Includes interactive space to enter local group information.
- Refrigerator Poster: four color, 8.5 x 11 inches. Includes interactive space to enter local group information.
- 15 Questions: two color, 8.5 by 11 inches.
- How to Contact OA: two color, 11 by 8.5 inches. Includes space for local group information.
- Is Food a Problem for You?: two color, 11 by 6.5 inches. Includes space for local group information.
- Many Symptoms, One Solution: two color, 8.5 by 11 inches.
- OA's *Public Information Poster* (#759), winner of OA's first PI Poster Contest: bookstore.oa.org
- Bulletin board Attraction Sticky Notes (#440W): bookstore.oa.org

PI Pamphlets and Kits

- For the Professional: oa.org/site-map/ under "For the Professional"
- *Membership Survey Report*: oa.org/documents/ under "Professional Outreach"
- OA Press Kit: oa.org/documents/ under "Professional Outreach"
- *Is Food a Problem for You?*: oa.org/documents/ under "Discontinued Literature"
- *Compulsive Overeating: An Inside View*: oa.org/documents/ under "Family and Friends"
- *Professional Community Courier*: oa.org/documents/ under "Courier Newsletter"
- Supporting Young Persons: oa.org/site-map/ under "Supporting Young Persons"
- *To Parents and Concerned Adults* (#250): bookstore.oa.org
- *To the Teen* (#280): bookstore.oa.org
- *Many Symptoms, One Solution* (#106): bookstore.oa.org
- *A Plan of Eating* (#145): bookstore.oa.org
- *When Should I Refer Someone to Overeaters Anonymous?* (#770): bookstore.oa.org

PI Podcasts (for English, French, and Spanish speakers)

- *Introducing OA*: oa.org/podcasts/ under "Sound Bites from Overeaters Anonymous"
- *Hearing is Believing—OA Members Speak*: oa.org/podcasts/ under "Interviews, Readings, and Meetings"
- *Welcome Home*: oa.org/podcasts/ under "Interviews, Readings, and Meetings"
- *Interview with Charles* (men): oa.org/podcasts/ under "Interviews, Readings, and Meetings"
- *Interview with Bob* (men): oa.org/podcasts/ under "Interviews, Readings, and Meetings"
- *To the Man Who Wants to Stop Compulsive Eating, Welcome*: oa.org/podcasts/ under "Interviews, Readings, and Meetings"
- *Interview with Dodie* (women): oa.org/podcasts/ under "Interviews, Readings, and Meetings"
- *Interview with Mary* (women): oa.org/podcasts/ under "Interviews, Readings, and Meetings"
- *Interview with Kaitlin* (young persons): oa.org/podcasts/ under "Interviews, Readings, and Meetings"
- *To the Teen*: oa.org/podcasts/ under "Interviews, Readings, and Meetings"
- *How and Why does a 12-Step Program Work for Compulsive Eating?*: oa.org/podcasts/ under "Sound Bites from Overeaters Anonymous"
- *A Plan of Eating*: oa.org/podcasts/ under "Sound Bites from Overeaters Anonymous"
- *OA's Nine Tools of Recovery*: oa.org/podcasts/ under "Sound Bites from Overeaters Anonymous"
- *Keeping Your Eating Sane During the Holiday Season*: oa.org/podcasts/ under "Sound Bites from Overeaters Anonymous"
- *100+ Pounds to Lose*: oa.org/podcasts/ under "Sound Bites from Overeaters Anonymous"
- *The Steps of the OA Program*: oa.org/podcasts/ under "Sound Bites from Overeaters Anonymous"
- *Physical Recovery*: oa.org/podcasts/ under "Sound Bites from Overeaters Anonymous"

- *Emotional Recovery*: oa.org/podcasts/ under “Sound Bites from Overeaters Anonymous”
- *Spiritual Recovery*: oa.org/podcasts/ under “Sound Bites from Overeaters Anonymous”
- “Hi, my name is ...”: oa.org/podcasts/ under “Sound Bites from Overeaters Anonymous”
- “In All Our Affairs”: oa.org/podcasts/ under “Sound Bites from Overeaters Anonymous”
- *New Year’s Resolutions*: oa.org/podcasts/ under “Sound Bites from Overeaters Anonymous”
- *Ways OA Can Help*: oa.org/podcasts/ under “Interviews, Readings, and Meetings”
- *Interview with Alison (French)*: oa.org/podcasts/ under “Interviews, Readings, and Meetings”

Facebook

- Overeaters Anonymous Facebook: www.facebook.com/overeatersanonymousofficial/
- Overeaters Anonymous Young Persons Facebook: www.facebook.com/OAinfo/

OA Board-approved

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