

Overeaters Anonymous, Inc. Non-Real-Time Meetings List
3/2/2020

Group #	URL Address	Procedure	Contact Name/ Phone	Language	Open/ Closed	Special Focus	Special Topic	Region	IG/SB Affiliation
99002	oregonoa@yahoogroups.com	This is a moderated group and requires approval to be admitted. It is primarily for Oregon OA IG in the general Portland, OR area. Most posts are service, event or intergroup business-related. To subscribe email oregonoa-subscribe@yahoogroups.com. Say how long you have been in OA, where you go to meetings and why you are interested in this group.	Margie 503-807-0201	English	Closed	None	Business Loop	Virtual	09043
99003	oaregion1@yahoogroups.com	This is a moderated group and requires approval to be admitted. It is primarily for Region One board and events in the region. Sometimes there are Tradition questions and discussions. To subscribe email oaregion1-subscribe@yahoogroups.com. State how long you have been in OA, what IG or group you are associated with and why you are interested in this group.	Margie 503-807-0201	English	Closed	None	Business Loop	Virtual	00000
99006	https://groups.yahoo.com/neo/groups/12step4coesloop/info	New Members are moderated. Newcomers are welcomed. OA literature only. Feedback, Crosstalk and advice giving are discouraged. Archives are not deleted.	Derek 314-917-4558	English	Closed	None	Speaker	Virtual	09659
99007	5511-975214606	PRATICANDO SUGESTOES DE CCA All members receive the information about the list procedures before they come to the group. OA literature only. Crosstalk and outside issues are discouraged. The list is moderated to stay on topic.	Iaia 55-11-975214606	Portuguese	Open	None	None	Virtual	00000
99008	5511-986573794	AQUIFALAMOS SOBRE CCA All members receive the information about the list procedures before they come to the group. OA literature only. Crosstalk and outside issues are discouraged. The list is moderated to stay on topic.	Elaine 55-11-986573794	Portuguese	Open	None	None	Virtual	00000
99010	WeChat Meeting	Group Name: OA Wechat meeting.Topic posted Monday at 8:00 PM and the meeting closes Wednesday 8:00 PM. Contact person Wechat ID: wuyongxuan593. Email: wyx1161@126.com	Alex 86-189 4263 6009	English	Open	None	Topic	Virtual	09650
99011	WeChat Meeting	Group Name: OA Wechat meeting.Topic posted Thursday at 8:00PM and the meeting closes Saturday 8:00 PM. Contact person Wechat ID:wuyongxuan593. Email: wyx1161@126.com	Alex 86-189 4263 6009	English	Open	None	Topic	Virtual	09650
99012	https://groups.yahoo.com/neo/groups/rainbow12step4coes/info	You will need to sign up and once you're accepted, please feel free to post.	Lisa 432-355-6155	English	Closed	LGBT	Varies	Virtual	09659
99013	https://groups.yahoo.com/neo/groups/12stepTEENcoes/info	You will need to sign up and once you're accepted, please feel free to post.	Lisa 432-355-6155	English	Closed	Young Persons	Newcomer	Virtual	09659

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99014	https://groups.yahoo.com/neo/groups/Abstinent4Today/info	You will need to sign up and once you're accepted, please feel free to post.	Derek 314-917-4558	English	Closed	None	Varies	Virtual	09659
99015	https://groups.yahoo.com/neo/groups/BigBook12step4coes/info	Choose "reply all" or paste in the loop address (depending on your mail system) BigBook12step4coes@yahoo.com when responding to a share.	Derek 314-917-4558	English	Closed	Anorexia/Bulimia	Literature	Virtual	09659
99016	https://groups.yahoo.com/neo/groups/12step4MALEcoes/info	You will need to sign up and once you're accepted, please feel free to post.	Derek 314-917-4558	English	Closed	Men	Newcomer	Virtual	09659
99017	12step4-11thstepcoes-subscribe@yahoogroups.com	We follow OA meeting procedures except we use email instead. These emails post to the loop for all to share on the topic. Archives are not deleted. Members are permitted to begin new topics, but they must be OA approved. The list is moderated to stay on topic.	Carolyn 717-319-8800	English	Closed	None	Spirituality/Speaker	Virtual	00000
99018	https://groups.yahoo.com/neo/groups/ABA4today/info	We follow OA meeting procedures. We send posts and receive replies between members of this loop. All members are welcome to share on OA related topics. Currently, we do not delete archives. While anyone may post/reply to this loop, posts are moderated. Moderators have the right to reject a post, if not OA related. The list is moderated to stay on ABA4today topic.	Carolyn 717-319-8800	English	Closed	Anorexia/Bulimia	Speaker	Virtual	09659
99019	3foldrecovery@yahoogroups.com	We follow OA meeting procedures. We send posts and receive replies between members of this loop. We have moderators that introduce topics, welcome newcomers, and write to those leaving the loop (12 step within). All members are welcome to share within the guidelines of the special focus. We do not delete archives, allowing all members to comment on earlier topics.	Carolyn 717-319-8800	English	Closed	None	Speaker/Topic	Virtual	09659
99020	12step4coerelationships-subscribe@yahoogroups.com	We follow OA meeting procedures except we use email instead. These emails post to the loop for all to share on the topic. We do not delete archives, allowing all members to comment on earlier topics. Members are permitted to begin new topics, but they must be OA approved. The list is moderated to stay on topic.	Carolyn 717-319-8800	English	Closed	None	Speaker/Topic	Virtual	09659
99021	sponsors4today-subscribe@yahoogroups.com	We follow OA meeting procedures. We send emails to all members of this loop for them to reply if they choose. All members are welcome to share within the guidelines of the loop. The list is moderated. We do not delete archives, allowing all members to have access to earlier topics.	Carolyn 717-319-8800	English	Closed	None	Tools	Virtual	09659

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99022	12step4momcoes-subscribe@yahoogroups.com	We follow OA meeting procedures. We send emails to all members of this loop for them to reply if they choose. All members are welcome to share within the guidelines of the loop. The list is moderated. We do not delete archives, allowing all members to have access to earlier topics.	Carolyn 717-319-8800	English	Closed	Women	Speaker/Topic	Virtual	09659
99023	12step4coesfoodtalk-subscribe@yahoogroups.com	We follow OA meeting procedures. We send emails to all members of this loop for them to reply if they choose. All members are welcome to share within the guidelines of the loop. The list is moderated. We do not delete archives, allowing all members to have access to earlier topics.	Carolyn 717-319-8800	English	Closed	None	Speaker/Topic	Virtual	09659
99024	surrender2win4coes-subscribe@yahoogroups.com	We follow OA meeting procedures. We send emails to all members of this loop for them to reply if they choose. All members are welcome to share within the guidelines of the loop. The list is moderated. We do not delete archives, allowing all members to have access to earlier topics.	Carolyn 717-319-8800	English	Closed	None	Spirituality/Topic	Virtual	09659
99025	recovery4relapse-subscribe@yahoogroups.com	We follow OA meeting procedures. We send emails to all members of this loop for them to reply if they choose. All members are welcome to share within the guidelines of the loop. The list is moderated. We do not delete archives, allowing all members to have access to earlier topics.	Carolyn 717-319-8800	English	Closed	None	Recovery from Relapse/Speaker	Virtual	09659
99026	chronicillnessinjuryandcoe-subscribe@yahoogroups.com	We follow OA meeting procedures. We send emails to all members of this loop for them to reply if they choose. All members are welcome to share within the guidelines of the loop. The list is moderated. We do not delete archives, allowing all members to have access to earlier topics.	Carolyn 717-319-8800	English	Closed	Health Issues	Speaker/Topic	Virtual	09659
99027	emotionalhealthissuesandcoe-subscribe@yahoogroups.com	We follow OA meeting procedures. We send emails to all members of this loop for them to reply if they choose. All members are welcome to share within the guidelines of the loop. The list is moderated. We do not delete archives, allowing all members to have access to earlier topics.	Carolyn 717-319-8800	English	Closed	Health Issues	Speaker/Spirituality	Virtual	09659

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99028	https://groups.yahoo.com/neo/groups/traditions12step4coes/info	We follow OA meeting procedures. We send emails to all members of this loop for them to reply if they choose. All members are welcome to share within the guidelines of the loop. The list is moderated. We do not delete archives, allowing all members to have access to earlier topics.	Derek 314-917-4558	English	Closed	None	Literature	Virtual	09659
99030	http://oa-kokon.bplaced.net/index.html	Bitte zuerst an die Listkeeper eine Email senden: oa-kokon-owner@yahoo.com dann erhalten Sie Post mit den Zugangsdaten für das Online Meeting. Offen für alle Essstörungen.	Listkeeper No Phone	German	Open	None	Literature	Virtual	00000
99031	https://groups.yahoo.com/neo/groups/SeniorSpirit12Step4COES	We follow OA meeting procedures. We send emails to all members of this loop for them to reply if they choose. All members are welcome to share within the guidelines of the loop. The list is moderated. We do not delete archives, allowing all members to have access to earlier topics.	Carolyn 717-319-8800	English	Closed	Health Issues	Speaker	Virtual	09659
99032	https://www.facebook.com/groups/334712753623042/	Facebook meeting name: Overeaters Anonymous Heart to Heart Meeting.	Margaret 618-830-6807	English	Closed	None	Literature/Spirituality	Virtual	09656
99033	https://www.facebook.com/groups/overeatersanonymous100Pounders99033/	Facebook meeting name: OA (Overeaters Anonymous) 100-Pounders Meeting.	Debbie 916-847-0840	English	Closed	100 pounders	Literature/Speaker	Virtual	09656
99034	12stepdiscord@gmail.com	You are welcome to join our meeting. You will need to subscribe to www.discordapp.com. Simply click on the link and join the service. Please send an email to 12stepdiscord@gmail.com with the subject line: Add digitly abstinent to join the next meeting.	Diane 639-471-3158	English	Open	None	Varies	Virtual	00000
99035	http://www.facebook.com/groups/1829355207365423/	Facebook meeting name: Overeaters Anonymous Australia Meeting.	Vanessa 61-075545-2870	English	Closed	None	Varies	Virtual	09656
99036	https://www.facebook.com/groups/1553741254740877	Facebook meeting name: The 12 Steps and 12 Traditions of Overeaters Anonymous.	Gerri 407-274-0519	English	Closed	None	Literature	Virtual	00000
99037	https://www.facebook.com/groups/MaindanslamainOA/	Ceci est un groupe secret afin que les non-membres ne puissent pas voir l'identité des membres. Vous devez être ajouté par le groupe. Écrivez-nous un message privé en cliquant sur "envoyer un message" sur la page Facebook de l'IOAFM (Intergroupe OA Français de Montréal) pour demander que nous vous ajoutions en indiquant clairement l'adresse e-mail associée à votre compte Facebook. Vous recevrez une invitation par e-mail avec un lien pour rejoindre le groupe. N'oubliez pas de vérifier vos courriels indésirables (spam). La seule exigence pour être membre est le désir d'arrêter d'outremanger compulsivement.	Josée 819-857-0328	French	Closed	None	None	Virtual	09656

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99038	https://www.reddit.com/r/OvereatersAnonymous/	This is an open discussion forum that can be easily accessed through visiting the URL. To post, a free reddit account needs to be created. Please confine your sharing to your experience with the disease of compulsive eating, the solution offered by OA, and your own recovery from the disease. Advice-giving is discouraged. Please ensure any links or resource suggestions relate to OA or the 12 steps.	Ann 18285087020	English	Open	None	None	Virtual	00000
99041	Whatsapp	Esta é uma reunião do WhatsApp que começa (quinta-feira) às 23:00 e termina às 9:00 da manhã (sexta-feira). Para participar envie um email praticandosugestoescca@gmail.com or https://chat.whatsapp.com/A011YSspKHmBJdzA9Q29PR .	Iaia 55-11-975214606	Portuguese	Closed	None	None	Virtual	00000
99042	Whatsapp	Para participar envie um email praticandosugestoescca@gmail.com or https://chat.whatsapp.com/A011YSspKHmBJdzA9Q29PR .	Iaia 55-11-975214606	Portuguese	Closed	None	None	Virtual	00000
99043	Whatsapp	Esta é uma reunião do WhatsApp que começa no domingo às 8:00 e termina às 21:00. Para participar envie um email praticandosugestoescca@gmail.com or https://chat.whatsapp.com/A011YSspKHmBJdzA9Q29PR .	Iaia 55-11-975214606	Portuguese	Closed	None	None	Virtual	00000
99044	Whatsapp	Esta é uma reunião do WhatsApp que começa na segunda-feira às 8:00 e termina às 21:00. Para participar envie um email praticandosugestoescca@gmail.com or https://chat.whatsapp.com/A011YSspKHmBJdzA9Q29PR .	Iaia 55-11-975214606	Portuguese	Closed	None	None	Virtual	00000
99045	Whatsapp	Esta é uma reunião do WhatsApp que começa na terça-feira às 8:00 e termina às 20:00. Para participar envie um email praticandosugestoescca@gmail.com or https://chat.whatsapp.com/A011YSspKHmBJdzA9Q29PR .	Iaia 55-11-975214606	Portuguese	Closed	None	None	Virtual	00000
99046	Whatsapp	Esta é uma reunião WhatsApp que começa às 6:00 AM termina às 9:00 PM. Para participar envie um email praticandosugestoescca@gmail.com or https://chat.whatsapp.com/A011YSspKHmBJdzA9Q29PR .	Iaia 55-11-975214606	Portuguese	Closed	None	None	Virtual	00000
99047	Whatsapp	Esta é uma reunião do WhatsApp que começa na quarta-feira às 21:00 e termina às 14:00 de quinta-feira. Para participar envie um email praticandosugestoescca@gmail.com or https://chat.whatsapp.com/A011YSspKHmBJdzA9Q29PR .	Iaia 55-11-975214606	Portuguese	Closed	None	None	Virtual	00000

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99048	Whatsapp	Esta é uma reunião do WhatsApp que começa na quinta-feira às 14:00 e termina às 23:00. Para participar envie um e-mail praticandosugestoescca@gmail.com ou https://chat.whatsapp.com/A011YSspKHmBJdzA9Q29PR .	Iaia 55-11-975214606	Portuguese	Closed	None	None	Virtual	00000
99049	Whatsapp	Esta é uma reunião do WhatsApp que começa na sexta às 9:00 e termina às 23:59. Para participar envie um email praticandosugestoescca@gmail.com or https://chat.whatsapp.com/A011YSspKHmBJdzA9Q29PR .	Iaia 55-11-975214606	Portuguese	Closed	None	None	Virtual	00000
99050	Whatsapp	Send WhatsApp message to meeting admin and ask to join Region 9 Saturday Big Book Study WhatsApp Meeting. Members from other regions welcome. Feel free to share in any language	Amanda 07506789321	English	Closed	None	Big Book	Virtual	09668
99052	Whatsapp	Send WhatsApp message to meeting admin and ask to join Region 9 Friday WhatsApp Meeting. Feel free to share in any language	Susan 44 7788 757 2433	English	Closed	None	None	Virtual	09668
99053	Whatsapp	Send WhatsApp message to meeting admin and ask to join Region 9 Monday WhatsApp Meeting. Members from other regions welcome. Feel free to share in any language	Lior 27-82 221 1910	English	Closed	None	Topic	Virtual	09668
99054	Whatsapp	Send WhatsApp message to meeting admin and ask to join Region 9 Wednesday WhatsApp Meeting. Members from other regions welcome. Feel free to share in any language	Cindi 27-82 7852052	English	Closed	None	Topic	Virtual	09668
99055	Whatsapp	Send WhatsApp message to meeting admin and ask to join Region 9 Tuesday WhatsApp Meeting. Members from other regions welcome. Feel free to share in any language	Tricia 44746 0721477	English	Closed	None	None	Virtual	09668
99056	Whatsapp	This is a WhatsApp meeting extending the Experience, Strength and Hope from our Victoria Point face to face meeting. Follow the link provided and wait for the admin team to add you to the group. This may take up to 24 hrs. https://chat.whatsapp.com/CkVsjlWUWsXG8d6CNmUjRk .	Les K 64 415279460	English	Closed	None	None	Virtual	09336

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99059	Telegram	Somos Una Vision Para Ti en español. Nos reunimos todos los días por Telegram. Para unirte: a) instala Telegram en tu celular. b) Sigue este link: https://t.me/joinchat/FPYExEweMOMRM2BQX02bwQ Si tienes algún problema puedes contactar al 617-501-6275 con Marcela o al 346-3962-2753 con Juan para que te agreguen al grupo. Puedes usar whatsapp.	Marcela 617-501-6275	Spanish	Open	None	Literature	Virtual	00000
99060	Whatsapp	Nos reunimos todos los días, estamos las 24 horas del día y los 7 días de la semana. Whatsapp Envíe el mensaje de WhatsApp al administrador de la reunión y solicite unirse	Luz 57310 4234402	Spanish	Open	None	Literature	Virtual	00000
99061	https://m.facebook.com/groups/oarecoveryfromrelapse/	Meeting name: Overeaters Anonymous Recovery From Relapse	Debbie 916-847-0840	English	Closed	None	Recovery from Relapse	Virtual	09656
99062	Whatsapp	Para participar envíe un email dhenise@hotmail.com	Dhenise 55 61 8561-7859	Portuguese	Closed	None	Literature	Virtual	00000
99063	https://www.facebook.com/groups/1771816459750586/	Groupe FB secret seuls les membres peuvent trouver le groupe, en voir ses membres et leurs publications. Les 110 membres présentement peuvent suggérer des nouveaux membres qui sont approuvés par les administrateurs.	Gilles V 418-666-0053	French	Closed	None	None	Virtual	09330
99064	https://www.facebook.com/groups/293098988191195/	Groupe FB fermé seuls les membres peuvent trouver le groupe, en voir ses membres et leurs publications. Les 66 membres présentement peuvent suggérer des nouveaux membres qui sont approuvés par les administrateurs.	Gilles V 418-666-0053	French	Closed	None	Literature	Virtual	09330
99065	Whatsapp	Abra este link para entrar no meu Grupo no WhatsApp: Open this link to join the meeting https://chat.whatsapp.com/JdMeQN93hqMBTqP0y24dsq we will study literature everyday	Teresa 55 21 99570-8240	Portuguese	Closed	None	Literature	Virtual	00000
99066	Whatsapp	Meeting held Sunday 9 AM-9 PM. Send WhatsApp message with your phone number & national dial. You will be asked to agree to the European data protection guidelines before you are added to the group. You can leave the group at any time.	Jutta 43-681 10739625	German	Open	None	Literature/Speaker	Virtual	00000
99067	Whatsapp	Send WhatsApp message to meeting admin and ask to join the meeting.	Miriam 972-54-316-0494	Hebrew	Closed	None	None	Virtual	00000
99068	WeChat Meeting	Download WeChat app, add WeChat ID: lwjhuahua	Wenjuan 86-183 1708 9137	English	Open	None	OA Steps and /or Traditions	Virtual	09650
99069	Whatsapp	Send WhatsApp message to meeting admin and ask to join the Wednesday Men's meeting. Feel free to share in any language.	Alexis 44-7 497141559	English	Closed	Men	None	Virtual	09668

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99070	Whatsapp	The meeting is held the 1st week of the month Monday-Friday at 7 PM Central Australian Time. Please contact meeting rep for Whatsapp link to the meeting.	Yvonne 61-421743928	English	Open	None	OA Steps and /or Traditions	Virtual	09273
99071	Whatsapp	Meeting held Thursday 6 PM - Friday 6 PM CET Send WhatsApp message with your phone number & national dial. You will be asked to approve the European data protection guidelines before you are added to the group. You can leave the group at any time.	Sylvie 44 7378 156 453 CET	French	Closed	None	Literature	Virtual	09668
99072	https://bit.ly/2H2xPgO	Whatsapp group on your cell phone; If you are new to Whatsapp you will need to download the app. Once you are connected, you can connect to this app on other devices.	Alix-Sandra 1-902-579-7964	English	Closed	None	None	Virtual	00000
99073	https://www.facebook.com/groups/oa.footsteps/	Click on our Facebook Page to join our group, or alternatively join via this link directly. The Facebook Study group is set to "private" so that posts and members are only visible to other members. Password: Serenity	Alix-Sandra 1-902-579-7964	English	Closed	None	Big Book/OA Steps and /or Traditions	Virtual	00000
99074	https://www.facebook.com/groups/1343637915818851/	This meeting is available to newcomers to OA, to ask questions and get help they need to stop eating compulsively. Ask to join and your request will be approved by a group trusted servant.	Gerri 407-274-0519	English	Open	None	Newcomer	Virtual	00000
99075	https://groups.google.com/forum/#!forum/oagentleman	To join OA Gentleman, please send a message to nash.geoffrey@outlook.com stating you would like to join the meeting. To post send message to oagentlemen@googlegroups.com and to view archive messages go to: https://groups.google.com/forum/oagentlemen	Geoffrey N 0421868479	English	Closed	Men	Varies	Virtual	00000

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