



OA Literature List by Copyright Date/Revision Date

Title	Copyright Date	Inventory No.
About OA	N/A	751
Anonymity	1983	390
Anorexia and Bulimia Packet	N/A	725
Before You Take That First Compulsive Bite ...	2012	150
Black OA Members Share Their Experience ...	2007	285
Bulletin Board Attraction Sticky Notes	Rev. 2017	440
Carrying the Message – wallet card	2015	425
Commitment to Abstinence	Rev. 8/2019	141
Common Solution: Diversity and Recovery	2011	265
Compulsive Overeating: An Inside View	Rev. 3/2017	320
Dignity of Choice	2004	140
Fifteen Questions	Rev. 5/2015	755
Guide for Sponsors	2015	200
I Put My Hand in Yours – wallet card	1968	437
If God Spoke to OA	N/A	180
Is Food a Problem for You?	Rev. 5/2016	750
Just for Today – wallet card	N/A	410
Maintaining a Healthy Body Weight	2017	310
Many Symptoms, One Solution	1995	106
Member Survey Report 2017	2017	102
New Group Starter Kit	N/A	730
New Prospect Card	N/A	450
Newcomer Meeting Leaders Kit	N/A	740
OA Handbook for Members, Groups, and Service Bodies	Rev. 8/2019	120
OA Members Come in All Sizes	Rev. 2/2011	110
One Day at a Time – wallet card	N/A	430
Plan of Eating	Rev. 2/2011	145
Pocket Reference for OA Members	Rev. 2015	435
Professional Outreach Manual	2011	772
Program of Recovery	2015	130
Public Information Service Manual	Rev. 9/2017	762
Questions and Answers	2010	170
Recovery Checklist	2011	105
Service, Traditions and Concepts Workshop Manual	2009	773

Seventh Tradition of OA	Rev. 7/2019	802
Sponsoring Through the Twelve Steps	2012	220
Sponsorship Kit	2015	210
Strong Abstinence Checklist	2014	415
Think First – wallet card	1995	109
To Parents and Concerned Adults	2015	250
To the Family of the Compulsive Eater	Rev. 2018	240
To the Man Who Wants to Stop Compulsive Eating	Rev. 1/2010	290
To the Newcomer	2012	270
To the Teen	2010	280
To the Teen Questionnaire	2010	756
Tools of Recovery	Rev. 8/2019	160
Twelfth-Step-Within Handbook	2017	485
Twelve Concepts of OA Service	Rev. 11/2015	330
Twelve Stepping a Problem-wallet card	2015	420
Twelve Traditions Pocket Guide	2016	445
Welcome Back: Suggestions for Members in Relapse and for Those Who Care	2019	185
Welcome Back, We Care! Packet	N/A	721
When Should I Refer Someone to Overeaters Anonymous? To Members of the Helping Professions	2019	770
Where Do I Start?	2018	705
Young Person’s Packet	N/A	735

Books

Abstinence, Second Edition	2013	994
Alcoholics Anonymous, Fourth Edition	2001	1000
Beyond Our Wildest Dreams	2005	998
Body Image, Relationships, and Sexuality	2020	950
For Today	1982	984
For Today Workbook	2013	974
Lifeline Sampler	1985	982
Overeaters Anonymous, Third Edition	2014	980
Participants Guide	2020	966
Seeking the Spiritual Path	2007	978
Taste of Lifeline	2015	970
Twelve Step Workbook of OA, Second Edition	2018	992
Twelve Step Workshop and Study Guide, 2 nd Edit	2020	960-2
Twelve Steps and Twelve Traditions of OA, 2 nd Edition	2018	990-2
Voices of Recovery	2002	986
Voices of Recovery Workbook	2013	996

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