

Overeaters Anonymous, Inc. Non-Real-Time Meetings List
9/4/2020

Group #	URL Address	Procedure	Contact Name/ Phone	Language	Open/ Closed	Special Focus	Special Topic	Region	IG/SB Affiliation
99002	oregonoa@yahoogroups.com	This is a moderated group and requires approval to be admitted. It is primarily for Oregon OA IG in the general Portland, OR area. Most posts are service, event or intergroup business-related. To subscribe email oregonoa-subscribe@yahoogroups.com. Say how long you have been in OA, where you go to meetings and why you are interested in this group.	Margie 503-807-0201	English	Closed	None	Business Loop	Virtual	09043
99003	oaregion1@yahoogroups.com	This is a moderated group and requires approval to be admitted. It is primarily for Region One board and events in the region. Sometimes there are Tradition questions and discussions. To subscribe email oaregion1-subscribe@yahoogroups.com. State how long you have been in OA, what IG or group you are associated with and why you are interested in this group.	Margie 503-807-0201	English	Closed	None	Business Loop	Virtual	00000
99006	https://groups.yahoo.com/neo/groups/12step4coesloop/info	New Members are moderated. Newcomers are welcomed. OA literature only. Feedback, Crosstalk and advice giving are discouraged. Archives are not deleted.	Derek 314-917-4558	English	Closed	None	Speaker	Virtual	09659
99007	5511-975214606	PRATICANDO SUGESTOES DE CCA All members receive the information about the list procedures before they come to the group. OA literature only. Crosstalk and outside issues are discouraged. The list is moderated to stay on topic.	Iaia 55-11-975214606	Portuguese	Open	None	None	Virtual	00000
99008	5511-986573794	AQUIFALAMOS SOBRE CCA All members receive the information about the list procedures before they come to the group. OA literature only. Crosstalk and outside issues are discouraged. The list is moderated to stay on topic.	Elaine 55-11-986573794	Portuguese	Open	None	None	Virtual	00000
99010	WeChat Meeting	Group Name: OA Wechat meeting.Topic posted Monday at 8:00 PM and the meeting closes Wednesday 8:00 PM. Contact person Wechat ID: wuyongxuan593. Email: wyx1161@126.com	Alex 86-189 4263 6009	English	Open	None	Topic	Virtual	09650
99011	WeChat Meeting	Group Name: OA Wechat meeting.Topic posted Thursday at 8:00PM and the meeting closes Saturday 8:00 PM. Contact person Wechat ID:wuyongxuan593. Email: wyx1161@126.com	Alex 86-189 4263 6009	English	Open	None	Topic	Virtual	09650
99012	https://groups.yahoo.com/neo/groups/rainbow12step4coes/info	You will need to sign up and once you're accepted, please feel free to post.	Lisa 432-355-6155	English	Closed	LGBT	Varies	Virtual	09659
99013	https://groups.yahoo.com/neo/groups/12stepTEENcoes/info	You will need to sign up and once you're accepted, please feel free to post.	Lisa 432-355-6155	English	Closed	Young Persons	Newcomer	Virtual	09659
99014	https://groups.yahoo.com/neo/groups/Abstinent4Today/info	You will need to sign up and once you're accepted, please feel free to post.	Derek 314-917-4558	English	Closed	None	Varies	Virtual	09659

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99015	https://groups.yahoo.com/neo/groups/BigBook12step4coes/info	Choose "reply all" or paste in the loop address (depending on your mail system) BigBook12step4coes@yahoo.com when responding to a share.	Derek 314-917-4558	English	Closed	Anorexia/Bulimia	Literature	Virtual	09659
99016	https://groups.yahoo.com/neo/groups/12step4MALEcoes/info	You will need to sign up and once you're accepted, please feel free to post.	Derek 314-917-4558	English	Closed	Men	Newcomer	Virtual	09659
99017	12step4-11thstepcoes-subscribe@yahoo.com	We follow OA meeting procedures except we use email instead. These emails post to the loop for all to share on the topic. Archives are not deleted. Members are permitted to begin new topics, but they must be OA approved. The list is moderated to stay on topic.	Carolyn 717-319-8800	English	Closed	None	Spirituality/Speaker	Virtual	00000
99018	https://groups.yahoo.com/neo/groups/ABA4today/info	We follow OA meeting procedures. We send posts and receive replies between members of this loop. All members are welcome to share on OA related topics. Currently, we do not delete archives. While anyone may post/reply to this loop, posts are moderated. Moderators have the right to reject a post, if not OA related. The list is moderated to stay on ABA4today topic.	Carolyn 717-319-8800	English	Closed	Anorexia/Bulimia	Speaker	Virtual	09659
99019	3foldrecovery@yahoo.com	We follow OA meeting procedures. We send posts and receive replies between members of this loop. We have moderators that introduce topics, welcome newcomers, and write to those leaving the loop (12 step within). All members are welcome to share within the guidelines of the special focus. We do not delete archives, allowing all members to comment on earlier topics.	Carolyn 717-319-8800	English	Closed	None	Speaker/Topic	Virtual	09659
99020	12step4coerelationships-subscribe@yahoo.com	We follow OA meeting procedures except we use email instead. These emails post to the loop for all to share on the topic. We do not delete archives, allowing all members to comment on earlier topics. Members are permitted to begin new topics, but they must be OA approved. The list is moderated to stay on topic.	Carolyn 717-319-8800	English	Closed	None	Speaker/Topic	Virtual	09659
99021	sponsors4today-subscribe@yahoo.com	We follow OA meeting procedures. We send emails to all members of this loop for them to reply if they choose. All members are welcome to share within the guidelines of the loop. The list is moderated. We do not delete archives, allowing all members to have access to earlier topics.	Carolyn 717-319-8800	English	Closed	None	Tools	Virtual	09659

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99022	12step4momcoes-subscribe@yahoogroups.com	We follow OA meeting procedures. We send emails to all members of this loop for them to reply if they choose. All members are welcome to share within the guidelines of the loop. The list is moderated. We do not delete archives, allowing all members to have access to earlier topics.	Carolyn 717-319-8800	English	Closed	Women	Speaker/Topic	Virtual	09659
99023	12step4coesfoodtalk-subscribe@yahoogroups.com	We follow OA meeting procedures. We send emails to all members of this loop for them to reply if they choose. All members are welcome to share within the guidelines of the loop. The list is moderated. We do not delete archives, allowing all members to have access to earlier topics.	Carolyn 717-319-8800	English	Closed	None	Speaker/Topic	Virtual	09659
99024	surrender2win4coes-subscribe@yahoogroups.com	We follow OA meeting procedures. We send emails to all members of this loop for them to reply if they choose. All members are welcome to share within the guidelines of the loop. The list is moderated. We do not delete archives, allowing all members to have access to earlier topics.	Carolyn 717-319-8800	English	Closed	None	Spirituality/Topic	Virtual	09659
99025	recovery4relapse-subscribe@yahoogroups.com	We follow OA meeting procedures. We send emails to all members of this loop for them to reply if they choose. All members are welcome to share within the guidelines of the loop. The list is moderated. We do not delete archives, allowing all members to have access to earlier topics.	Carolyn 717-319-8800	English	Closed	None	Recovery from Relapse/Speaker	Virtual	09659
99026	chronicillnessinjuryandcoe-subscribe@yahoogroups.com	We follow OA meeting procedures. We send emails to all members of this loop for them to reply if they choose. All members are welcome to share within the guidelines of the loop. The list is moderated. We do not delete archives, allowing all members to have access to earlier topics.	Carolyn 717-319-8800	English	Closed	Health Issues	Speaker/Topic	Virtual	09659
99027	emotionalhealthissuesandcoe-subscribe@yahoogroups.com	We follow OA meeting procedures. We send emails to all members of this loop for them to reply if they choose. All members are welcome to share within the guidelines of the loop. The list is moderated. We do not delete archives, allowing all members to have access to earlier topics.	Carolyn 717-319-8800	English	Closed	Health Issues	Speaker/Spirituality	Virtual	09659

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99028	https://groups.yahoo.com/neo/groups/traditions12step4coes/info	We follow OA meeting procedures. We send emails to all members of this loop for them to reply if they choose. All members are welcome to share within the guidelines of the loop. The list is moderated. We do not delete archives, allowing all members to have access to earlier topics.	Derek 314-917-4558	English	Closed	None	Literature	Virtual	09659
99030	http://oa-kokon.bplaced.net/index.html	Bitte zuerst an die Listkeeper eine Email senden: oa-kokon-owner@yahoogroups.de dann erhalten Sie Post mit den Zugangsdaten für das Online Meeting. Offen für alle Essstörungen.	Listkeeper No Phone	German	Open	None	Literature	Virtual	00000
99031	https://groups.yahoo.com/neo/groups/SeniorSpirit12Step4COES	We follow OA meeting procedures. We send emails to all members of this loop for them to reply if they choose. All members are welcome to share within the guidelines of the loop. The list is moderated. We do not delete archives, allowing all members to have access to earlier topics.	Carolyn 717-319-8800	English	Closed	Health Issues	Speaker	Virtual	09659
99032	https://www.facebook.com/groups/334712753623042/	Facebook meeting name: Overeaters Anonymous Heart to Heart Meeting.	Margaret 618-830-6807	English	Closed	None	Literature/Spirituality	Virtual	09656
99033	https://www.facebook.com/groups/overeatersanonymous100Pounders99033/	Facebook meeting name: OA (Overeaters Anonymous) 100-Pounders Meeting.	Debbie 916-847-0840	English	Closed	100 pounders	Literature/Speaker	Virtual	09656
99034	12stepdiscord@gmail.com	You are welcome to join our meeting. You will need to subscribe to www.discordapp.com . Simply click on the link and join the service. Please send an email to 12stepdiscord@gmail.com with the subject line: Add digitly abstinent to join the next meeting.	Diane 639-471-3158	English	Open	None	Varies	Virtual	00000
99035	http://www.facebook.com/groups/1829355207365423/	Facebook meeting name: Overeaters Anonymous Australia Meeting.	Vanessa 61-075545-2870	English	Closed	None	Varies	Virtual	09656
99036	https://www.facebook.com/groups/1553741254740877	Facebook meeting name: The 12 Steps and 12 Traditions of Overeaters Anonymous.	Gerri 407-274-0519	English	Closed	None	Literature	Virtual	00000
99037	https://www.facebook.com/groups/MaindanslamainOA/	Ceci est un groupe secret afin que les non-membres ne puissent pas voir l'identité des membres. Vous devez être ajouté par le groupe. Écrivez-nous un message privé en cliquant sur "envoyer un message" sur la page Facebook de l'IOAFM (Intergroupe OA Français de Montréal) pour demander que nous vous ajoutions en indiquant clairement l'adresse e-mail associée à votre compte Facebook. Vous recevrez une invitation par e-mail avec un lien pour rejoindre le groupe. N'oubliez pas de vérifier vos courriels indésirables (spam). La seule exigence pour être membre est le désir d'arrêter d'outremanger compulsivement.	Josée 819-857-0328	French	Closed	None	None	Virtual	09656

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99038	https://www.reddit.com/r/OvereatersAnonymous/	This is an open discussion forum that can be easily accessed through visiting the URL. To post, a free reddit account needs to be created. Please confine your sharing to your experience with the disease of compulsive eating, the solution offered by OA, and your own recovery from the disease. Advice-giving is discouraged. Please ensure any links or resource suggestions relate to OA or the 12 steps.	Ann 18285087020	English	Open	None	None	Virtual	00000
99050	Whatsapp	Send WhatsApp message to meeting admin and ask to join Region 9 Saturday Big Book Study WhatsApp Meeting. Members from other regions welcome. Feel free to share in any language	Kelly 44 7977290010	English	Closed	None	Big Book	Virtual	09668
99052	Whatsapp	Send WhatsApp message to meeting admin and ask to join Region 9 Friday WhatsApp Meeting. Feel free to share in any language	Josephine 44 7920143664	English	Closed	None	None	Virtual	09668
99053	Whatsapp	Send WhatsApp message to meeting admin and ask to join Region 9 Monday WhatsApp Meeting. Members from other regions welcome. Feel free to share in any language	Yehudit 972528903697	English	Closed	None	Topic	Virtual	09668
99054	Whatsapp	Send WhatsApp message to meeting admin and ask to join Region 9 Wednesday WhatsApp Meeting. Members from other regions welcome. Feel free to share in any language	Nir 44 7515646096	English	Closed	None	Topic	Virtual	09668
99055	Whatsapp	Send WhatsApp message to meeting admin and ask to join Region 9 Tuesday WhatsApp Meeting. Members from other regions welcome. Feel free to share in any language	Judy 33 646071294	English	Closed	None	None	Virtual	09668
99056	Whatsapp	This is a WhatsApp meeting extending the Experience, Strength and Hope from our Victoria Point face to face meeting. Follow the link provided and wait for the admin team to add you to the group. This may take up to 24 hrs. https://chat.whatsapp.com/CkVsjlWUWsXG8d6CNmUjRk .	Les K 64 415279460	English	Closed	None	None	Virtual	09336
99059	Telegram	Somos Una Vision Para Ti en español. Nos reunimos todos los días por Telegram. Para unirte: a) instala Telegram en tu celular. b) Sigue este link: https://t.me/joinchat/FPYExEweMOMRM2BQX02bwQ Si tienes algún problema puedes contactar al 617-501-6275 con Marcela o al 346-3962-2753 con Juan para que te agreguen al grupo. Puedes usar whatsapp.	Marcela 617-501-6275	Spanish	Open	None	Literature	Virtual	00000

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99060	Whatsapp	Nos reunimos todos los días, estamos las 24 horas del día y los 7 días de la semana. Whatsapp Envíe el mensaje de WhatsApp al administrador de la reunión y solicite unirse	Luz 57310 4234402	Spanish	Open	None	Literature	Virtual	00000
99061	https://m.facebook.com/groups/oarecoveryfromrelapse/	Meeting name: Overeaters Anonymous Recovery From Relapse	Debbie 916-847-0840	English	Closed	None	Recovery from Relapse	Virtual	09656
99062	Whatsapp	Para participar envie um email dhenise@hotmail.com	Dhenise 55 61 8561-7859	Portuguese	Closed	None	Literature	Virtual	00000
99063	https://www.facebook.com/groups/1771816459750586/	Groupe FB secret seuls les membres peuvent trouver le groupe, en voir ses membres et leurs publications. Les 110 membres présentement peuvent suggérer des nouveaux membres qui sont approuvés par les administrateurs.	Gilles V 418-666-0053	French	Closed	None	None	Virtual	09330
99064	https://www.facebook.com/groups/293098988191195/	Groupe FB fermé seuls les membres peuvent trouver le groupe, en voir ses membres et leurs publications. Les 66 membres présentement peuvent suggérer des nouveaux membres qui sont approuvés par les administrateurs.	Gilles V 418-666-0053	French	Closed	None	Literature	Virtual	09330
99065	Whatsapp	Abra este link para entrar no meu Grupo no WhatsApp: Open this link to join the meeting https://chat.whatsapp.com/JdMeQN93hqMBTqP0y24dsq we will study literature everyday	Teresa 55 21 99570-8240	Portuguese	Closed	None	Literature	Virtual	00000
99066	Whatsapp	Meeting held Sunday 9 AM-9 PM. Send WhatsApp message with your phone number & national dial. You will be asked to agree to the European data protection guidelines before you are added to the group. You can leave the group at any time.	Jutta 43-681 10739625	German	Open	None	Literature/Speaker	Virtual	00000
99067	Whatsapp	Send WhatsApp message to meeting admin and ask to join the meeting.	Miriam 972-54-316-0494	Hebrew	Closed	None	None	Virtual	00000
99068	WeChat Meeting	Download WeChat app, add WeChat ID: lwjhuahua	Wenjuan 86-183 1708 9137	English	Open	None	OA Steps and /or Traditions	Virtual	09650
99069	Whatsapp	Send WhatsApp message to meeting admin and ask to join the Wednesday Men's meeting. Feel free to share in any language.	Alexis 44-7 497141559	English	Closed	Men	None	Virtual	09668
99070	Whatsapp	The meeting is held the 1st week of the month Monday-Friday at 7 PM Central Australian Time. Please contact meeting rep for Whatsapp link to the meeting.	Yvonne 61-421743928	English	Open	None	OA Steps and /or Traditions	Virtual	09273
99071	Whatsapp	Meeting held Thursday 6 PM to Friday 6 PM CET. Send a WhatsApp message. You will be asked to approve the European data protection guidelines before you are added to the group. You can leave the group at any time.	Ivan 33612454823	French	Closed	None	Literature	Virtual	09668

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99072	https://bit.ly/2H2xPgO	Meeting held Thursday 6 PM to Friday 6 PM CET. Send a WhatsApp message. You will be asked to approve the European data protection guidelines before you are added to the group. You can leave the group at any time.	Avril 44 7494 278339 GMT	English	Closed	None	None	Virtual	09670
99073	https://www.facebook.com/groups/oa.footsteps/	Click on our Facebook Page to join our group, or alternatively join via this link directly. The Facebook Study group is set to "private" so that posts and members are only visible to other members. Password: Serenity	Jenn 309-453-7459 EST	English	Closed	None	Big Book/OA Steps and /or Traditions	Virtual	09670
99074	https://www.facebook.com/groups/1343637915818851/	This meeting is available to newcomers to OA, to ask questions and get help they need to stop eating compulsively. Ask to join and your request will be approved by a group trusted servant.	Gerri 407-274-0519	English	Open	None	Newcomer	Virtual	00000
99075	https://groups.google.com/forum/#!forum/oagentleman	To join OA Gentleman, please send a message to nash.geoffrey@outlook.com stating you would like to join the meeting. To post send message to oagentlemen@googlegroups.com and to view archive messages go to: https://groups.google.com/forum/oagentlemen	Geoffrey N 0421868479	English	Closed	Men	Varies	Virtual	00000
99076	https://chat.whatsapp.com/kc3djb1vhzdsyxkzta5p	Click on the link or Call Val 628113996068 or Katie 44 7775 686 956.	Val 62811-3996068	English	Open	None	Tools	Virtual	00000
99077	https://bit.ly/2RKHLQX	If you are new to Whatsapp you will need to download the app. Once you are connected, you can connect to this app on other devices. To access the OA Foot Steps Whatsapp group click on the above url, and your Whatsapp program should bring you right in. Otherwise, text 1-902-579-7964 {Canada} to request assistance.	Alix S. 902-579-7964 EST/EDT	English	Closed	None	None	Virtual	09670
99078	https://bit.ly/374fbbb	OA Foot Steps 100+++ Whatsapp Group: Click on the link to join our Whatsapp group on your cell phone; If you are new to Whatsapp you will need to download the app. Once you are connected, you can then connect this app to other devices.	Rick F 484-364-6414 EST/EDT	English	Closed	100 Pounders	Varies	Virtual	09670
99079	https://bit.ly/2XCsww1	Dans ce groupe, seuls sont permis des messages de gratitude. On peut aussi souhaiter la bienvenue à un nouveau membre. Mais svp, pas de partages. Merci de votre compréhension. Cliquez sur le lien pour rejoindre notre groupe Whatsapp sur votre téléphone portable; Si vous êtes nouveau sur Whatsapp, vous devrez télécharger l'application. Une fois connecté, vous pouvez ensuite connecter cette application à d'autres appareils.	Alix S. 902-579-7964 EST/EDT	French	Closed	None	None	Virtual	09670

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99080	https://bit.ly/373RRTv	For Gratitude messages only. Any kind, like beautiful weather, your funny cat, exercise challenge met with success, etc. Click on the link to join our Whatsapp group on your cell phone; If you are new to Whatsapp you will need to download the app. Once you are connected, you can then connect this app to other devices.	Alix S. 902-579-7964 EST/EDT	English	Closed	None	None	Virtual	09670
99081	https://bit.ly/2wtT7Bk	Welcome to our Daily Reprieve 5AM EDT/EST meeting on OA Foot Steps. This is our Daily Reprieve Whatsapp Group for those members who attend our meetings and would wish to join our non-realtime meeting. Click on the link to join our Whatsapp group on your cell phone; If you are new to Whatsapp you will need to download the app. Once you are connected, you can then connect this app to other devices.	Alix S. 902-579-7964 EST/EDT	English	Closed	None	Varies	Virtual	09670
99082	https://bit.ly/2Y52elQ	Body Image Whatsapp Chat {non-real-time meeting} and our shares will center on the program, the steps and higher power in relation body image. Please share on: 1). Body Image and Exercise, 2). Self -Image: Confidence, Esteem and Worth. 3). A Personal Action Plan: Our daily reprieve is contingent on the maintenance of our spiritual condition. What are your plans to bring in HP to help you spiritually awaken and find relief? Click on the link to join our Whatsapp group on your cell phone; If you are new to Whatsapp you will need to download the app. Once you are connected, you can then connect this app to other devices.	Lisa G 917-549-0096 EDT/EST	English	Closed	None	None	Virtual	09670
99083	https://bit.ly/336zhtW	OA Foot Steps Topic Meeting on Whatsapp: Click on the link to join our Whatsapp group on your cell phone; If you are new to Whatsapp you will need to download the app. Once you are connected, you can then connect this app to other devices. For more information about our meeting, please go to: http://www.oafootsteps.com/whatsapp/topic/welcome	Alix Sandra 519-801-7968 EST/EDT	English	Closed	None	Varies	Virtual	09670
99084	Whatsapp	OA Mental Health Whatsapp Group. Click on the link to join our Whatsapp group on your cell phone; If you are new to Whatsapp you will need to download the app. Once you are connected, you can then connect this app to other devices.	Althea +31 6 29918275 CET	English	Closed	Health Issues	Varies	Virtual	09670

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