

***OVEREATERS ANONYMOUS, INC.  
BUSINESS CONFERENCE POLICY MANUAL***

---

**A Summary of Continuing Effect Motions**

**1962-2021**

*Adopted by the World Service Business Conference of Overeaters Anonymous, Inc.*

**INDEX TO THE OVEREATERS ANONYMOUS, INC.  
BUSINESS CONFERENCE POLICY MANUAL  
A SUMMARY OF CONTINUING EFFECT MOTIONS**

**A**

abstinence  
defined, 1988b  
International Day Experiencing Abstinence,  
*1992b*, 2019c  
as primary purpose of OA, 1984a, 1994a,  
*1995b*  
replaced as tool by plan of eating, *1995b*  
statement on, and recovery, 1988b

action plan  
as tool of recovery, *2010b*, 2011b

addictions  
role in OA, 1994a

advertising policy, 2008e  
*See also media*

affiliation  
cooperation without, 1989a  
defined, 2008c

agenda questionnaire, *2004a*, 2005c

Alcoholics Anonymous  
sale of AA literature, *1979a*, *1982b*, 1992c,  
1993b, 2010a  
Twelve Concepts, *1993e*

alcoholism  
role in OA, 1994a

anonymity  
media and, 2008b, 2011a  
of members, 1990, 2003, 2011a  
of speakers/leaders, 1990  
statement on, 1980b  
as tool of recovery, 2011b

anorexia  
literature on, *1982a*  
members with, *1992d*

Appeals Review Committee, 2004b

attract/attraction  
defined, 2008c

autonomy  
of groups, 1983, 1984e

**B**

bariatric surgery, 2018b

basic creed  
Twelve Steps and Twelve Traditions  
endorsed as, *1962*

BCPM. *See Business Conference Policy Manual*

bequests, 2013

birthday  
OA's annual celebration, *1986a*, 2019c

Board Literature Committee, 1985

Board of Trustees  
application form, 1992e  
attendance at meetings by general  
fellowship/observers, 1982e  
communication to intergroups, 1988a  
general service trustee job description, 1992c  
leaves of absence, *1987b*  
petitions considered by, 1980d  
policies beyond sunset dates, 2005a  
responsibilities, *1994c*  
special meetings, calling of, 2014b

Board of Trustees and committees  
chair appointment responsibilities, 1991a  
Executive Committee, *1994c*  
merging with Conference committees, 1991a  
structure and membership of committees,  
1991a  
*See also chairs of committees; committees*

Board of Trustees and literature  
approvals, 2010a  
literature printing discontinuations, *1996b*,  
2008a  
literature production responsibilities, 1985  
literature translation funds responsibility,  
*2009c*

Board of Trustees and WSBC  
activities for WSBC non-committee  
members, 1991a  
Appeals Review Committee participation,  
2004b  
delegate credentials, 2004b  
regional input in selecting WSBC committee  
members, 1991a  
registration fee, 2001  
removal of completed/obsolete policies,  
2005a  
topics for presentation/discussion selection,  
1984d  
waiver of delegate term limits, 2012d  
written reports, *1982d*

body weight  
statement on abstinence and healthy, 1988b

budget  
copies at WSBC, 1986b  
bulimia, *1982a*, *1992d*

Business Conference Policy Manual  
changes and deletions, *1989b*, 2005a  
distribution to delegates, 1987c

**INDEX TO THE OVEREATERS ANONYMOUS, INC.**  
**BUSINESS CONFERENCE POLICY MANUAL**  
**A SUMMARY OF CONTINUING EFFECT MOTIONS**

new business/ motions submission, 2005c  
obsolete/completed policies removal, 2005a  
tools of recovery, 2011b  
updating, 1987c  
*See also* World Service Business Conference (WSBC)  
bylaw amendments  
    procedures for submission and consideration, 2005c  
    procedures for undebated, 1982f  
    verbalization of purpose, 1980a

**C**  
calendar of events  
    activities allowed in, 1980c  
chairs of committees  
    appointment or election, 1991a  
    at conference, 1991a  
    petitions to remove nonfunctioning, 1980d  
closed groups  
    defined, 1982c  
cochair, Trustee, 1991a  
codependency, role in OA, 1994a  
cofounder. *See* founder  
collective conscience of Fellowship, 1994c  
committees  
    Appeals Review Committee, 2004b  
    Board Literature Committee, 1985  
    Board of Trustees Executive Committee, 1994c  
    Conference Literature Committee, 1985  
    Conference Planning Committee, 1984d  
    coordination of, 1991a  
    deadline for preferences, 1991a  
    delegate cochairs, 1991a  
    delegates, optional service by, 1991a  
    delegates, preferences of, 1991a  
    funds not to be maintained by WSBC committees, 1984c  
    HIPM name change, 2006  
    liaison with and reporting to Board of Trustees, 1991a  
    literature responsibilities, 1985  
    meetings, 1991a  
    members, removal from mailing list, 1991a  
    non-committee members, activities for, 1991a  
    non-delegate members, 1991a  
    open status, 1991a  
    power of, 1994c  
    Professional Outreach Committee, 2006

reports, 2000b, 2014b  
special, to evaluate OA structure, 2002a  
structure of, 1991a  
temporary absences from, 1991a  
Translation Committee funds, 2009c  
Virtual Services Conference Committee created, 2016  
Web/Technology Conference Committee created, 2009d  
Welcome to OA Ad Hoc Committee, 2018a  
WSBC Motions Review Committee, 2005c  
Young People's Committee established, 2010d  
*See also* chairs of committees  
communications  
    anonymity of speakers/leaders in event materials, 1990  
    from Board of Trustees to delegates and service bodies, 2014b  
    electronic, 2000b, 2010e, 2010c  
    events in WSO publication calendars, 1980c  
    *See also* literature; media; website  
compulsive eater/overeater  
    interchangeable use of term, 1991c  
compulsive eating/overeating  
    primary purpose of OA and, 1994a  
    use of term, 1991c  
Conference. *See* World Service Business Conference (WSBC)  
Conference Literature Committee, 1985  
Conference Policy Manual. *See* Business Conference Policy Manual  
Conference Seal of Approval  
    granting, 1985  
    removing, 2008a  
contributions, 1984a, 1993c, 2013  
Conventions. *See* events/functions; World Service Convention  
cooperation  
    defined, 2008c  
copyright  
    food plan information, 2000a  
creed  
    preamble, 1984a  
    responsibility pledge, 1977b  
    Twelve Steps and Twelve Traditions endorsed as basic, 1962

**D**  
datebook calendar

**INDEX TO THE OVEREATERS ANONYMOUS, INC.**  
**BUSINESS CONFERENCE POLICY MANUAL**  
**A SUMMARY OF CONTINUING EFFECT MOTIONS**

activities allowed onto WSO calendar, 1980c  
decision-making process, *1994c*  
defamatory policies and amendments, 2005c  
Delegate Support Fund, 1993c  
delegates to WSBC  
    appeals process for credential denial, 2004b  
    budget distribution to, 1986b  
    Business Conference Policy Manual  
        distribution to, 1987c  
    challenges to credentials, 2004b  
    committee preferences, 1991a  
    communications to, 2014b  
    contact information, 1979e  
    criteria, 1988a  
    Final Conference Report distribution to,  
        2010c  
    funds for attendance, 1993c  
    non-delegate members of committees, 1991a  
    regional representatives, 1988a  
    registration fee, *1993d*, *1997*, 2001  
    service body wishes, 1988a  
    special meetings, 2014b  
    term limits, 2012d  
diversity, 1992a, 2021  
donations, 1984a, 2013  
dues, 1984a  
duly registered  
    defined, 1992a

**E**

eating disorders  
    literature on, *1982a*, *1992d*  
electronic communications  
    Final Conference Report availability, 2010c  
    inclusion of, 2000b  
    postmark, 2000b  
    registration of groups and service bodies,  
        2010e  
email contact information, 2010e  
email groups, *2014a*  
emotional recovery, 1988b  
encryption program, 2003  
events/functions  
    closing prayers/readings, 1993a  
    considered as outside enterprises, *1979b*,  
        1984e  
    display of name, 2015  
    founding day celebration, *1986a*, 2019c  
    International Day Experiencing Abstinence,  
        *1992b*, 2019c

International Twelfth-Step-Within Day,  
    2009b  
Media Awareness Month, *1995a*  
sale of merchandise at, 1984e  
speakers/leaders, anonymity in fliers for,  
    1990  
Sponsorship Day, *2017c*, 2019c  
Unity Day, *1986a*, 2019c  
in WSO calendars of events, 1980c  
Executive Committee  
    authority to discontinue literature, *1996b*,  
        2008a

**F**

Final Conference Report  
    contact information for delegates, 1979e  
    electronic availability, 2010c  
    inclusion of updated BCPM, 1987c  
financial matters  
    dues/fees, 1984a  
    funds for founder to attend Conventions,  
        *1979d*  
    funds for translation of materials, *2009c*  
    matching grants, *2005b*  
    operating and reserve, *1994c*  
    Public Awareness Campaign, *2007*  
    WSBC committees, funds raised or  
        maintained by, 1984c  
    WSBC delegates, copies of budget for, 1986b  
    WSBC delegates, funds for attendance of,  
        1993c  
    WSBC delegates, registration fee for, *1993d*,  
        *1997*, 2001  
    WSBC treasurer's report sent prior to, 1979c  
    *See also* sales  
food plans  
    abstinence replaced as tool by plan of eating,  
        *1995b*  
    copyright of, 2000a  
    groups sharing information, 2000a  
    non-endorsement, *1987a*  
    outside literature, 2000a  
    restrictions on speakers at meetings based on,  
        2000a  
    *See also* plan of eating  
founder  
    bestowal of title on Rozanne S., 2011c  
    payment of expenses to Conventions, *1979d*  
founding day  
    celebration, *1986a*, 2019c

**INDEX TO THE OVEREATERS ANONYMOUS, INC.  
BUSINESS CONFERENCE POLICY MANUAL  
A SUMMARY OF CONTINUING EFFECT MOTIONS**

functions. *See* events/functions

## **G**

### groups

activities of, in WSO calendar, 1980c  
anonymity of speakers/leaders at events, 1990  
autonomy of, 1983, 1984e  
closed, defined, 1982c  
criteria for online or telephone, *1999*  
different recovery approaches allowed, 1992a  
diversity of, 1992a  
duly registered, defined, 1992a  
electronic registration of, 2010e  
email, *2014a*  
financing, 1984a  
hybrid meetings, 2019a  
liability insurance, 2012c  
literature printing by groups outside US, 1978  
locally produced literature, 2010a  
media use, 2011a  
membership requirements, 1983  
open, defined, 1982c  
restricted access, 2012b  
sale of merchandise, 1984e  
sharing food plan information, 2000a  
special focus/special purpose, 1983  
“Unity With Diversity” policy statement, 1992a  
use of AA Twelve Concepts, *1993e*  
*See also* literature; meetings; specific types such as intergroups, virtual groups  
GST definition on trustee application form, 1992e

## **H**

hand and heart of OA pledge, 1977b  
healthy body weight, statement on abstinence and, 1988b  
HIPM (Hospitals, Institutions, Professionals and Military) Committee name change, *2006*

## **I**

I Put My Hand in Yours, OA Promise, use of, 1993a  
IDEA (International Day Experiencing Abstinence), established, *1992b*, 2019c  
insurance, liability, 2012c  
intergroups  
different approaches to recovery allowed, 1992a

duly registered, defined, 1992a  
events, etc., inclusion in WSO calendar, 1980c  
Final Conference Report distribution, 2010c  
meetings, closing statements/readings, 1993a  
“Unity with Diversity” policy statement, 1992a  
website templates for use by, 2009a  
WSBC delegate attendance funding, 1993c  
WSBC Delegate Support Fund contributions, 1993c  
WSBC presentations/discussion topics proposals, 1984d  
*See also* service bodies  
International Day Experiencing Abstinence (IDEA), established, *1992b*, 2019c  
International Twelfth-Step-Within Day, established, 2009b

## **L**

language service boards. *See* service boards  
liability insurance, groups or service bodies, 2012c  
literature  
AA Conference-approved, 2010a  
alteration, printing or transmission of by service bodies, 1988a  
approved, *1982b*, 1985, 1993b, 2010a  
calendars of events, activities in, 1980c  
compulsive eater/overeater, use of term, 1991c  
Conference Seal of Approval, 1985, 2010a  
discontinued/discontinuing, *1996b*, *1998*, 2008a  
downloaded from website, 2008a  
on eating disorders, *1982a*  
food plan information, 2000a  
locally produced, 2010a  
non-approved, 1993b, 2000a  
non-USA reprints, 1978  
notification of decisions to Fellowship, 2008a  
prices, *1977a*  
produced at world service level, 1985  
recovery chips, 2008f  
removal of, 2008a  
sale of, *1979a*, *1982b*, 1992c, 2010a  
Statement on Approved, 2010a  
as tool of recovery, 2011b  
translation funds, *2009c*  
violations of Tradition Six, 1993b

**INDEX TO THE OVEREATERS ANONYMOUS, INC.  
BUSINESS CONFERENCE POLICY MANUAL  
A SUMMARY OF CONTINUING EFFECT MOTIONS**

WSBC policy, *1982b*, 1985, 1993b, 2010a  
Literature Committee, 1985  
locally produced literature, 2010a  
loops, email, *see* email groups

**M**

maintainers, 1994b  
matching grant program, *2005b*  
media  
    anonymity of members, 1980b, 2011a  
    Media Awareness Month established, *1995a*  
    paid ads policy created, 2008e  
    policy created, 2008b  
    Public Awareness Campaign, *2007*  
    public relations policy created, 2008c  
    public service announcements policy created,  
        2008d  
    social media statement, 2011a  
    Statement on Public, 2011a  
Media Awareness Month  
    established, *1995a*  
meetings  
    100-pounder, 1994b  
    addiction topics at, 1994a  
    closing prayers/readings, 1993a  
    food plan information at, *1987a*, 2000a  
    gay and lesbian, 1994b  
    hybrid meetings, 2019a  
    literature locally produced, 2010a  
    literature sale/display, 2010a  
    maintainers, 1994b  
    media use, 2011a  
    meetings of delegates, 2014b  
    members attendance at, before WSBC, 1982e  
    men's, 1994b  
    open and closed, defined, 1982c  
    opening readings, 1996a  
    primary purpose of, 1994a  
    recognition of special focus, 1994b  
    restrictions, 2000a  
    sharing at, 1994a, 2000a  
    special purpose/focus, 1983, 1994b  
    as tool of recovery, 2011b  
    *See also* committees; groups  
members  
    anonymity of, 1980b, 1990, 2003, 2011a  
    anorexics and bulimics as, *1992d*, *1998*  
    attendance at Board of Trustees meetings,  
        1982e

attendance at WSBC committee meetings,  
    1991a  
choice of food plan and participation, 2000a  
different approaches to Twelve Steps and  
    Twelve Traditions, 1992a  
media use, 2011a  
participation, 2000a  
special requirements imposed by groups,  
    1983  
membership requirements, 1983  
merchandise  
    group sale of, 1984e  
    sale at events/functions, 1984e  
Motions Review Committee, 2005c

**N**

names  
    in Final Conference Report, 1979e  
    publishing, 1990  
national service boards. *See* service boards  
new business motions  
    procedures for submission and consideration  
        at Conference, 2005c  
non-English languages, translation funds for,  
    *2009c*

**O**

O-Anon  
    relationship with, 1989a  
OA annual birthday celebration, *1986a*, 2019c  
OA Promise, I Put My Hand in Yours, use of,  
    1993a  
OA Young People's Committee established,  
    2010d  
online groups  
    registration criteria, *1999*  
    *See also* virtual groups  
open groups  
    defined, 1982c  
out-of-order proposals, 2005c  
outside issues/enterprises  
    addictions and other problems, 1994a  
    food plans, 2000a  
    groups and activities considered, *1979b*  
    literature, 1993b  
    sale of merchandise, 1984e

**P**

paid ads policy, 2008e  
pamphlets. *See* literature

**INDEX TO THE OVEREATERS ANONYMOUS, INC.  
BUSINESS CONFERENCE POLICY MANUAL  
A SUMMARY OF CONTINUING EFFECT MOTIONS**

petitions  
    Board of Trustees consideration of, 1980d  
phone meetings  
    registration criteria, *1999*  
    *See also* virtual groups  
physical recovery, 1988b  
plan of eating  
    as tool of recovery, *1995b*, 2011b  
    *See also* food plans  
pledges  
    hand and heart of OA, 1977b  
    responsibility, 1977b  
    *See also* creed  
policies beyond sunset dates, 2005a  
policy motions  
    procedures for submission and consideration  
        at Conference, 2005c  
postmark  
    defined, 2000b  
    electronic communications, 2000b  
prayers/readings  
    suggested closing, for meetings, events,  
        functions, 1993a  
preamble  
    adopted, 1984a  
    primary purpose of OA included in, 1994a,  
        *1995b*  
primary purpose  
    abstinence, 1994a, *1995b*  
    defined, 1984a  
Professional Outreach Committee, *2006*  
promote/promotion  
    defined, 2008c  
Public Awareness Campaign, *2007*  
public info toll-free line, *2002b*  
public media. *See* media  
public relations policy  
    created, 2008c  
    *See also* media  
public service announcements policy  
    created, 2008d  
publication calendars  
    activities in, 1980c  
publishing. *See* literature

**R**

recovery  
    action plan adopted as tool, *2010b*  
    different approaches to, 1992a  
    elements of, 1988b

    statement on abstinence and, 1988b  
    tools, *1995b*, *2010b*, 2011b  
recovery chips  
    sales, 2008f  
regions  
    affirm and maintain Twelve Traditions,  
        1992a  
    different approaches to recovery allowed,  
        1992a  
    duly registered, defined, 1992a  
    events, anonymity of speakers/leaders at,  
        1990  
    media use, 2011a  
    meetings, closing prayers/readings, 1993a  
    respect rights of individuals, 1992a  
    “Unity with Diversity” policy statement,  
        1992a  
    website templates available for use by, 2009a  
    WSBC Appeals Committee, nomination of  
        persons to serve on, 2004b  
    WSBC committees membership, 1991a  
    *See also* service bodies  
reports, oral Conference committee and  
    workshop, 2014b  
reports, Conference written 2014b  
reprints of literature  
    by non-US groups, 1978  
responsibility pledge, 1977b  
restricted access groups, 2012b  
Rozanne S., bestowal of title of founder, 2011c

**S**

Sales of AA literature, *1979a*, *1982b*, 1992c,  
    2010a  
    of literature other than OA- or AA-approved,  
        1993b, 2010a  
    of merchandise at events/functions, 1984e  
    of merchandise by groups and service bodies,  
        1984e  
    of recovery chips, 2008f  
    statement on Approved Literature, 2010a  
Seal of Approval  
    granting, 1985  
    removing, 2008a  
self-supporting, 1984a  
Serenity Prayer, use of, 1993a  
service  
    no food plan required for, 2000a  
    as tool of recovery, 2011b

**INDEX TO THE OVEREATERS ANONYMOUS, INC.  
BUSINESS CONFERENCE POLICY MANUAL  
A SUMMARY OF CONTINUING EFFECT MOTIONS**

- service boards
    - different approaches to recovery allowed, 1992a
    - events, anonymity of speakers/leaders, 1990
    - events, inclusion in WSO calendar, 1980c
    - Final Conference Report distribution, 2010c
    - media use, 2011a
    - meetings, closing prayers/readings, 1993a
    - meetings, opening reading, 1996a
    - Spanish Language Service Board, 2017a
    - “Unity with Diversity” policy statement, 1992a
    - website templates available for use by, 2009a
      - See also* intergroups; regions; service bodies
  - service bodies
    - creating service centers, 2012a
    - delegate term limits, 2012d
    - different approaches to recovery allowed, 1992a
    - electronic registration of, 2010e
    - events, anonymity of speakers/leaders, 1990
    - events, inclusion in WSO calendar, 1980c
    - Final Conference Report distribution, 2010c
    - functioning, 1988a
    - join together to carry message, 1988a
    - liability insurance, 2012c
    - matching grants, 2005b
    - media use, 2011a
    - meetings, closing prayers/readings, 1993a
    - meetings, opening reading, 1996a
    - power of, 1994c
    - sale of merchandise, 1984e
    - “Unity with Diversity” policy statement, 1992a
    - website templates available for use by, 2009a
    - WSBC Appeals Committee, nomination of persons to serve on, 2004b
    - WSBC delegate attendance funding, 1993c
    - WSBC delegates credentials, 2004b
    - WSBC delegates, credential denials to, 2004b
  - service centers, 2012a
  - service offices
    - titles, advertising and use of, 1990
  - share-a-thons. *See* events/functions
  - singleness of purpose, 1994a
  - social media use, 2011a
  - special focus meetings
    - recognition of, 1994b
  - spiritual recovery, 1988b
  - Sponsorship Day, established 2017c, 2019c
  - sponsorship
    - of OA activities, 1979b
    - as tool of recovery, 2011b
  - Step Seven Prayer, use in meeting closings, 1993a
  - Step Three Prayer, use in meeting closings, 1993a
  - Steps. *See* Twelve Steps and Twelve Traditions
  - sunset procedures for policies, 2005a
- T**
- telephone
    - as tool of recovery, 2011b
  - telephone groups
    - registration criteria, 1999
    - See also* virtual groups
  - templates for websites, 2009a
  - term limits, WSBC delegates, 2012d
  - titles, 1990
  - toll-free line, 2002b
  - tools of recovery
    - action plan added, 2010b
    - defined, 2011b
    - listed in Business Conference Policy Manual, 2011b
    - plan of eating replacing abstinence, 1995b
  - Tradition Eleven
    - media policies, 2008b, 2011a
    - paid ads policy, 2008e
    - public relations policy, 2008c
    - public service announcement policy, 2008d
    - “Unity with Diversity” policy statement, 1992a
  - Tradition Five
    - primary purpose of OA, 1994a, 2008c
  - Tradition Four
    - “Unity with Diversity” policy statement, 1992a
  - Tradition One
    - approved literature policy, 2010a
    - “Unity with Diversity” policy statement, 1992a
  - Tradition Six
    - approved literature policy, 2010a
    - sale of non-approved literature, 1993b
  - Tradition Ten
    - approved literature policy, 2010a
    - O-Anon and, 1989a



**INDEX TO THE OVEREATERS ANONYMOUS, INC.  
BUSINESS CONFERENCE POLICY MANUAL  
A SUMMARY OF CONTINUING EFFECT MOTIONS**

- Tradition Three  
    bariatric surgery, 2018  
    special focus meetings, 1994b  
translation funds, *2009c*, 2017b  
treasurer's report, timing of, 1979c  
trustees. *See* Board of Trustees  
Twelfth-Step-Within Day, established, 2009b  
Twelve Concepts  
    AA's, utilization of, *1993e*  
    of OA Service, *1994c*  
    reading of, at meetings, 1996a  
Twelve Steps and Twelve Traditions  
    different approaches of members, 1992a  
    endorsed as basic creed, *1962*  
    prayers at meeting closings, 1993a  
    reading of, at meetings, 1996a  
    *See also* specific Steps; specific Traditions
- U**  
Unity Day, established, *1986a*, 2019c  
"Unity with Diversity"  
    policy statement, 1992a
- V**  
virtual groups (online/telephone)  
    criteria for registration of, *1999*  
    *See also* groups; meetings  
virtual service boards. *See* service boards  
Virtual Services Conference Committed created, *2016*
- W**  
website  
    Datebook calendar on, 1980c  
    encryption program, 2003  
    Google search, 2019b  
    literature available on, when discontinued, 2008a  
    literature downloaded from, 2008a  
    templates for use by groups and service bodies, 2009a  
    translation funds for non-English languages, *2009c*  
    WSBC proposal forms available on, *2004a*  
Web/Technology Conference Committee created, *2009d*  
weight  
    statement on abstinence and healthy body, 1988b  
World Service Business Conference (WSBC)  
    activities for non-committee members, 1991a  
    agenda, 2005c  
    agenda questionnaire, *2004a*, 2005c  
    budget distribution, 1986b  
    bylaw amendments, *1980a*, 2005c  
    challenges to delegate credentials, 2004b  
    committee chairs, non-functioning, 1980d  
    committee meetings, 1991a  
    committee reports, 2014b  
    committee structure, 1991a  
    committees, special, *2002a*  
    communications to delegates and service bodies concerning, 2014b  
    defamatory motions, 2005c  
    delegate term limits, 2012d  
    discussion topics, 1984d  
    funds not to be maintained by committees, 1984c  
    literature available for purchase at, 1992c  
    literature policy, *1982b*, 1985, 2010a  
    members attendance at BOT meetings before, 1982e  
    motions, procedures for submitting, 2005c  
    non-committee members, activities for, 1991a  
    non-delegate members of committees, 1991a  
    OA Young People's Committee name change, 2010d  
    out-of-order motions, 2005c  
    policies adopted included in Business Conference Policy Manual, 1987c  
    presentations to, 1984d  
    proposal forms on website, *2004a*  
    reading of Twelve Concepts of OA Service, 1996a  
    regional representatives, 1988a  
    registration fee, *1993d*, *1997*, 2001  
    reports, Final Conference, 1979e, 2010c  
    reports available electronically, 2010c  
    reports from Board of Trustees, *1982d*  
    reports from committees and workshops, 2014b  
    reports from treasurer sent prior, 1979c  
    special meetings during, 2014b  
    as voice, authority and conscience, *1994c*  
    waiver of term-limits, 2012d  
    *See also* Business Conference Policy Manual; bylaw amendments; committees; delegates to WSBC  
World Service Convention

**INDEX TO THE OVEREATERS ANONYMOUS, INC.  
BUSINESS CONFERENCE POLICY MANUAL  
A SUMMARY OF CONTINUING EFFECT MOTIONS**

literature available for purchase at, 1992c  
members attendance at meetings before,  
1982e  
payment of founder's expenses to, *1979d*  
time and place determined by Board of  
Trustees, 1984b  
World Service Office (WSO)  
administration, *1994c*  
contributions to WSBC Delegate Support  
Fund, annual letter requesting, 1993c  
discontinued literature, 2008a  
display of name at events, 2015  
proposal forms, have available on website,  
*2004a*  
provide website templates, 2009a  
recovery chips, sell, 2008f  
registration with, 2010e  
WSBC registration fee, *1993d*, *1997*, 2001  
writing  
as tool of recovery, 2011b  
WSO. *See* World Service Office (WSO)

**Y**  
Young People's Committee, name change,  
2010d

***OVEREATERS ANONYMOUS, INC.***  
***BUSINESS CONFERENCE POLICY MANUAL***  
***A SUMMARY OF CONTINUING EFFECT MOTIONS***  
***1962-2021***

---

**INTRODUCTION**

It is noted that all motions appearing in this summary were adopted by the group conscience of the World Service Business Conference of Overeaters Anonymous. Furthermore, until changed, these motions set self-imposed limits on the Fellowship. According to the Bylaws of Overeaters Anonymous, Inc., Subpart B, Article VIII, Section 1a) which states:

“...The Conference shall serve as the collective conscience of the  
Fellowship of Overeaters Anonymous as a whole...”

**CONTINUING EFFECT MOTIONS**

**1962** Rescinded 2014.

**1977a** Rescinded 2001.

**1977b** It was adopted to:

Adopt a responsibility pledge: Always to extend the hand and heart of OA to all who share my compulsion; for this I am responsible.

**1978** It was adopted that:

Showing just cause, literature groups of OA from countries other than the United States may obtain permission to reprint OA literature from OA Board of Trustees. Reprinted literature should conform to existing Conference-approved literature.

**1979a** Rescinded 1989. Superseded by 1982b.

**1979b** Rescinded 1989. Superseded by 1980c and 1984e.

**1979c** Amended 1989. It was adopted that:

The treasurer’s report be prepared and sent out to delegates prior to the Business Conference to allow each person time to study, assimilate, and prepare any questions they might have for the Board of Trustees.

**1979d** Rescinded 2015.

**1979e** Amended 1989, 2001, 2012, and 2016. It was adopted:

To ensure personal anonymity be maintained, the online version of the Final World Service Business Conference Report will only include first names and last initials in minutes and reports. The contact section of the report, which includes names, addresses, phone numbers, and email addresses of delegates will be emailed to all service bodies and delegates following Conference. “For Use Within OA Only” will appear at the top of this list.

**1980a** Rescinded 2016.

- 1980b** Amended 2013. An anonymity statement was adopted:  
Anonymity is the spiritual foundation of our program, always ensuring principles before personalities. This means that OA itself is not anonymous, but its members are. There are no exceptions. While OA may be publicized, we do not break our individual anonymity at the level of press, radio, films, television, and all public media of communication; and the recognizable facial exposure of persons identifying as OA members at the level of press, films, television, and all public media of communication is a violation of our tradition of anonymity, even though the first name only is given or the entire name is withheld.
- 1980c** Amended 2002 and 2013. It was adopted that:  
All OA events sponsored by registered OA groups and service bodies referenced in Bylaws, Subpart B, provided they uphold the Twelve Traditions, be placed in the WSO calendar upon request of the sponsoring body.
- 1980d** It was adopted that:  
A Conference committee member can petition the Board of Trustees to consider by a two-thirds vote of the Board of Trustees to remove a nonfunctioning chairman of a specific Conference committee. The vice chairman will then assume the chairmanship.
- 1982a** Rescinded 1999.
- 1982b** Rescinded 2010.
- 1982c** Amended 1989 and 2018. A definition of open and closed groups was adopted:  
Open group is a group which is open to anyone.  
  
Closed group is a group that is open to anyone with the desire to stop eating compulsively, or anyone who thinks they may have a problem with compulsive overeating. This includes newcomers.
- 1982d** Rescinded 2001.
- 1982e** It was adopted that:  
Through announcements in *Lifeline* and *A Step Ahead* the Fellowship be invited to attend and observe the Board of Trustees' meetings held prior to the annual Business Conference and Convention. The board is to make available sufficient facilities to accommodate all who choose to attend.
- 1982f** Rescinded 2012.
- 1983** Amended 1989. After a presentation/discussion on requirements other than the Twelve Steps, the following statement was adopted:  
Overeaters Anonymous respects the autonomy of each OA group. We do suggest, however, that any OA group which imposes a special purpose, task, or guideline should inform its members that this special purpose, task, or guideline does not represent OA as a whole. The only requirement for membership is the desire to stop eating compulsively. Anyone who says they are a member is a member. We of Overeaters Anonymous welcome all members with open arms.

**1984a** Amended 1990, 2013 and 2015. Upon the recommendation of the Literature Committee, a preamble for Overeaters Anonymous was adopted to read:

Overeaters Anonymous is a Fellowship of individuals who, through shared experience, strength, and hope, are recovering from compulsive overeating. We welcome everyone who wants to stop eating compulsively. There are no dues or fees for members; we are self-supporting through our own contributions, neither soliciting nor accepting outside donations. OA is not affiliated with any public or private organization, political movement, ideology, or religious doctrine; we take no position on outside issues. Our primary purpose is to abstain from compulsive eating and compulsive food behaviors and to carry the message of recovery through the Twelve Steps of OA to those who still suffer.

**1984b** Amended 1993 and 2001. It was adopted that:

The World Service Convention will be held at a time and place to be determined by the Board of Trustees.

**1984c** It was adopted that:

Business Conference committees not raise or maintain funds.

**1984d** Amended 2013 and 2014. The following procedure for Business Conference presentations/discussions was adopted:

- 1) Items for presentations/discussions at the annual Business Conference are selected by the board from those recommended by the Conference Planning Committee. Selections for topics are made from recurring problems, topics of major interest, and topics requested by the Fellowship.
- 2) Service bodies who propose presentation/discussion topics will be sent a letter stating how topics are chosen and that their recommendation has been referred to the Conference Planning Committee for consideration.

**1984e** Amended 2014. After a presentation/discussion, a statement on the sale of merchandise was adopted:

It is the will of the Business Conference that sale of merchandise, per se, is not prohibited by the Traditions. With regard to sale of merchandise, "Each group should be autonomous except in matters affecting other groups or OA as a whole." If you choose to sell merchandise, the following guidelines are suggested:

- 1) All sales be made by and for OA service bodies.
- 2) Each sale item be approved by group conscience.
- 3) Sales at OA events and functions should be conducted in such a manner so as not to divert or distract from our primary purpose to carry the message to the compulsive overeater who still suffers.

In accordance with our Traditions, each group and OA service body may choose to sell or not sell merchandise as they determine. Overeaters Anonymous must be ever mindful of our Traditions, which warn against endorsement of outside enterprise.

**1985** Amended 1993 and 2017. Upon the recommendation of the Literature Committee, the following revised procedure for granting the Conference Seal of Approval was adopted:

The Conference-approved seal that appears on the back of our literature means that the material has broad application to the Fellowship as a whole and is intended primarily to distinguish OA literature, not to censor other literature.

The Board of Trustees oversees the production of literature at the world service level. The Conference Seal of Approval shall be granted to OA literature upon receiving a two-thirds vote from the delegates present and voting at the annual World Service Business Conference.

All refining will be processed by the Conference-Approved Literature Committee (CLC), Board-Approved Literature Committee (BAL), and the Board of Trustees (BOT), according to their procedures, prior to recommending any literature for approval of the delegates.

Prior to the Business Conference, pamphlets and books that are recommended for the Conference Seal of Approval will be posted online as downloadable files. At the Business Conference, delegates will vote either to approve or reject, rather than to edit or refine the material.

(Note: Originally adopted in 1976; revised 1980, 1985, 1993 and 2017)

**1986a** Amended 1996, 1998 and 2018. Superseded by 2019c.

**1986b** It was adopted that:

The annual World Service Business Conference delegate binders include a copy of the current fiscal year budget as adopted by the Board of Trustees.

**1987a** Rescinded 2000. Superseded by 2000a.

**1987b** Rescinded 2018.

**1987c** It was adopted that:

All policies adopted by the Business Conference shall be placed in a document entitled Business Conference Policy Manual which shall be distributed to world service delegates as part of pre-Conference delegate materials and also updated and included in all final World Service Business Conference reports.

**1987d** Superseded by 2005c.

**1988a** Amended 1989, 1992, 1996, 1998, 2001, 2002, 2010, 2014 and 2018. It was adopted that:

1) Functioning

Service bodies may join together in order to help carry the message of OA recovery, providing they adhere to the Traditions and the Overeaters Anonymous policies for the use of OA-approved literature and print material.

2) Business Conference Delegates

a) In addition to the requirements set out in Article VIII, Section 3c) of the Bylaws, Subpart B, it is suggested the delegates should be selected for judgment, experience, stability, willingness, and for faithful adherence to living within the concepts of the Twelve Steps, Twelve Traditions, and Twelve Concepts of Overeaters Anonymous. It is further suggested a World Service delegate be a current or past regional representative.

b) As participants, delegates shall not be bound by the wishes of their service bodies, but should not vote against these wishes unless situations arise at the Business Conference that make it necessary for the best interests of Overeaters Anonymous as a whole.

**1988b** Amended 2002, 2009, 2011, 2019, and 2021. The following policy statement was adopted:

The WSBC 2021 accepts the following definitions:

Abstinence is the action of refraining from compulsive eating and compulsive food behaviors while working towards or maintaining a healthy body weight.

Spiritual, emotional, and physical recovery is the result of living and working the Overeaters Anonymous Twelve Step program on a daily basis.

**1988c** Superseded by 2005c.

**1989a** It was adopted that:

In order to reaffirm the special relationship between OA and O-Anon and in keeping with the spirit of Tradition Ten—cooperation without affiliation—the following be adopted:

Overeaters Anonymous, Inc. recognizes the special relationship we enjoy with O-Anon groups, a separate but similar fellowship. OA wishes to recognize the contribution O-Anon has made and is making to friends and families of compulsive overeaters.

It is the desire of the Conference to affirm the relationship between OA and O-Anon, and it is also the desire of the Conference to acknowledge OA's appreciation for O-Anon groups.

**1989b** Rescinded 2003.

**1990** Amended 2011 and 2014. It was adopted that:

The World Service Business Conference of Overeaters Anonymous suggests that individual groups and service bodies refrain from publishing the names or non-OA titles of speakers/leaders at OA functions in any informational materials (flyers, newsletters, etc.). OA service titles (but not names) may be used when a speaker/leader is performing the service responsibility of his or her OA office.

**1991a** Amended 2003, 2013, 2015 and 2017. It was adopted that:

The following Conference and board committees be restructured as follows, to begin with the 1992 WSBC:

- 1) The Conference committees listed in Subpart B, Article IX of the Overeaters Anonymous, Inc. Bylaws should confer with the corresponding board committees.
- 2) Committee membership will be limited to a delegate cochair, a trustee cochair and up to thirty delegates at WSBC. Additionally, a combination of up to six former trustees, current trustees, and nondelegate members may be appointed to participate in the work of the committee during the year.
- 3) Cochairs consisting of a Conference delegate (elected by committee members at WSBC) and a trustee (appointed by the chair of the BOT) will coordinate the efforts of the committee. The Conference delegate cochair will preside over the committee meetings at WSBC. The trustee cochair will act as liaison between the committee and the BOT and will report to the Board of Trustees regarding committee activities.
- 4) Committee members not responding to two consecutive mailings of the committee which require answers will not receive future mailings unless the member has notified one of the cochairs of a reason for a temporary absence from committee work.

- 5) The committee meetings at WSBC will be open; however, only committee members will have a voice and vote.
- 6) Delegates should be registered by March 1 and have submitted a committee preference form by April 1. Committee assignment is made on a first come, first served basis with the exception of the Conference-Approved Literature Committee and the Reference Subcommittee (OA, Inc. Bylaws, Subpart B, Article IX, Sections 1 and 2). Delegates will be notified of their committee assignment at or prior to WSBC. Service on a committee is expected and the commitment is maintained until the following WSBC. It is recommended that those serving at the world services level rotate committee assignments every two years.

**1991b** Superseded by 2005c.

**1991c** Amended 2018. It was adopted that:

The terms “compulsive overeater, compulsive eater” and “compulsive eating, compulsive overeating” be used interchangeably in OA literature, as determined to be appropriate to the topic and context by the Literature Committee during the regular literature writing, editing, and approval process.

**1992a** Amended 2013 and 2021. The following policy statement was adopted:

**“Unity with Diversity” Policy**

THE FELLOWSHIP of Overeaters Anonymous encourages and promotes acceptance and inclusivity. All are welcome to join OA and are not excluded because of race, creed, nationality, religion, gender identity, sexual orientation, or any other attribute. We welcome all who share our compulsion. Everyone with the desire to stop eating compulsively is welcome in Overeaters Anonymous.

THE FELLOWSHIP recognizes the existence of individual approaches and different structured concepts to working our Twelve Step program of recovery; that the Fellowship is united by our disease and our common purpose; and that individual differences in approaches to recovery within our Fellowship need not divide us.

THE FELLOWSHIP respects the rights of members, groups, and service bodies to follow a particular concept of recovery within Overeaters Anonymous and encourages each member, group, and service body to respect those rights as they extend the hand of fellowship to those who still suffer.

THE FELLOWSHIP encourages each duly registered group and service body to affirm and maintain the Twelve Traditions of Overeaters Anonymous by allowing any member to share his or her experience, strength, and hope in meetings regardless of the individual approach or specific concept that member may follow. Duly registered is defined as being in full compliance with Bylaws, Subpart B, Article V.

**1992b** Amended 2018. Superseded by 2019c.

**1992c** Amended 2002 and 2016. It was adopted that:

AA literature sold by the OA World Service Office shall be available for purchase at all World Service Conventions.

**1992d** Rescinded 1998.



- 1992e** It was adopted that:  
The World Service Board of Trustees incorporates the job description of the general service trustee on the trustee application form.
- 1993a** It was adopted that:  
We, the 1993 Business Conference of Overeaters Anonymous, suggest that OA meetings and events be closed with one of the following: the Serenity Prayer, the Seventh-Step Prayer, the Third-Step Prayer, or the OA Promise *I Put My Hand in Yours*.
- 1993b** Amended 2010. It was adopted that:  
It is the group conscience of the 1993 World Service Business Conference that the sale or display of literature other than OA-approved literature and AA conference-approved literature (as described in WSBC Policy 2010a) is an implied endorsement of outside enterprises, and therefore in violation with Tradition Six.
- 1993c** Amended 1994, 2001, 2002, 2012, and 2014. It was adopted that:  
World Service Business Conference 2012 adopt a policy that the World Service Office shall mail an annual letter to all service bodies requesting contributions to help fund delegates to attend World Service Business Conferences. Delegates selected to receive this fund will be those from intergroups and service boards demonstrating need. Priority will be given to those intergroups and service boards that have not previously sent delegates to Conference.
- 1993d** Rescinded 2001.
- 1993e** Rescinded 1998.
- 1994a** (updated 2013 due to amended 1984a) The following policy statement was adopted:  
Our primary purpose in Overeaters Anonymous is to abstain from compulsive eating and to carry the message of recovery through the Twelve Steps of OA to those who still suffer. Other addictions and problems may have contributed to the intensity of our disease; however, OA is not directly concerned with recovery from these issues. They should be shared in OA meetings only as they relate to compulsive eating. It is in our best interest to concentrate on our primary purpose and not be distracted by focusing on issues such as alcoholism, codependency, abuse, or the treatment thereof. These and similar outside issues should be addressed in other programs or with professionals.
- 1994b** Amended 2008. It was adopted that:  
The Fellowship of Overeaters Anonymous recognizes the existence of special focus meetings, (i.e., gay and lesbian meetings, women's meetings, men's meetings, 100-pounders, maintainers, old timers, and people of various cultural backgrounds, etc.) which have been formed of persons who can more readily identify with fellow OAers with similar attributes. According to the Traditions, bylaws, and policies of OA, the only requirement for membership is the desire to stop eating compulsively. We ask each person attending a meeting to respect and consider the group conscience. All registered meetings shall welcome and give a voice to any person who has the desire to stop eating compulsively.
- 1994c** Rescinded 1998.
- 1995a** Rescinded 2014.
- 1995b** Rescinded 2014.

- 1996a** Amended 1999 and 2014. It was adopted that:  
The 2014 WSBC of OA suggests OA’s Twelve Steps and Twelve Traditions be read at every meeting. In addition, we suggest all service bodies and the WSBC read the Twelve Concepts of OA Service.
- 1996b** Rescinded 2008. Superseded by 2008a.
- 1997** Rescinded 2001.
- 1998** Rescinded 2008. Superseded by 2008a.
- 1999** Rescinded 2016.
- 2000a** Amended 2005. It was adopted that:  
No OA members shall be prevented from attending, sharing, leading, and/or serving as a speaker at an OA meeting due to choice of food plan. Groups sharing food plan information must adhere to OA’s policies on outside literature, as well as copyright law.
- 2000b** It was adopted that:  
Terms used in the bylaws and policies that refer to communications, including report(s), response(s), document(s), and notice(s), shall be understood to include suitable electronic transmissions. The term “postmark” includes appropriate electronic date/time stamping.
- 2001** It was adopted that:  
There will continue to be a delegate registration fee (\$65 for WSBC 2000) adjusted as deemed necessary by the BOT. A portion of this fee is nonrefundable based on cost.
- 2002a** Rescinded 2005.
- 2002b** Rescinded 2005.
- 2003** Amended 2014. It was adopted:  
To ensure the personal anonymity of members, an encryption program will be maintained to allow for secure transmission of all meeting information submitted via the OA website.
- 2004a** Rescinded 2018.
- 2004b** Amended 2009, 2014 and 2018. It was adopted that:  
Appeals process for service bodies denied credentials at WSBC because they do not meet the requirements of OA, Inc. Bylaws, Subpart B, Article VIII, Section 3c – Qualifications/Selection.
- 1) The World Service Office shall notify the service body of any challenges to delegate credentials within seven days of receipt of delegate information by the World Service Office.
  - 2) The service body shall notify the World Service Office if it wishes to appeal denial of delegate credentials within fourteen days of this notification.
  - 3) The Appeals Review Committee shall be composed of two members of the Board of Trustees (the BOT chair and one other trustee), two region chairs, and two representatives of the region bringing the appeal. It will be chaired by the BOT chair.

- 4) The Appeals Review Committee, via electronic communications, will collectively decide the final disposition of each appeal with a deadline of one month prior to the first session of the upcoming WSBC.

**2005a** Amended 2016. It was adopted that:

Business Conference policies that have been completed or the purpose of which have been served and are no longer required shall be presented by the Bylaws trustee cochair to the Board of Trustees for consideration of removal at the next Business Conference.

**2005b** Rescinded 2011.

**2005c** Amended 2017. It was adopted to:

Combine WSBC Policies 1987d, 1988c, and 1999b to read: The World Service Business Conference (WSBC) adopts as policy the following procedures for the submission and consideration of all a) new business motions, b) policy motions, and c) bylaw amendments to Subpart B of the Overeaters Anonymous, Inc. Bylaws.

- 1) All submissions of proposed new business motions, policy motions, and/or amendments to Subpart B of the Overeaters Anonymous, Inc. Bylaws shall include a) a statement of intent; b) a statement of the procedures necessary for the implementation of the proposal (if necessary); c) a statement of estimated cost associated with the proposal; d) a history of related new business items or bylaw amendments that were voted upon by the WSBC in the past five years and the results of those votes; e) up to one page of arguments in favor of each new business item or bylaw amendment submitted by the maker of the motion at the time of submission; and f) an explanation of how this motion will help carry the message of recovery to those who still suffer.
- 2) The Conference agenda questionnaire include all proposed new business, policy motions, and bylaw amendments that have been submitted within the announced postmarked deadline, including those deemed out of order with the exception of those motions and bylaw amendments that, based upon opinions from legal counsel, are deemed to be defamatory.

Proposals included in the agenda questionnaire that are deemed out of order must include within the WSBC Motions Review Committee Comments an explanation of this determination, and at the end of the Proposed Wording the parenthetical comment “Deemed Out of Order: See WSBC Motions Review Committee Comments below.”

Additionally, the WSBC Motions Review Committee must also include an explanation of the general nature of the motion or bylaw amendment that resulted in it being deemed defamatory by legal counsel and therefore not printed in the Conference agenda questionnaire.

**2006** Rescinded 2014.

**2007** Rescinded 2009.

**2008a** Amended 2019. It was adopted that:

OA literature may be discontinued, removed, or changed in format for the following reasons:

- 1) Low Demand. When it is no longer cost-effective to print and maintain inventory of Conference-approved OA literature due to low demand, the Executive Committee of the Board

- of Trustees may decide to move the piece from print to digital form after the depletion of remaining stock.
- a) Pamphlets will be made available for download from the OA website.
  - b) The Executive Committee may choose other methods to make low-demand books available.
  - c) A copy marked “digital only” with the date the piece was converted to digital only will be maintained in literature archives.
- 2) Removal of Conference Seal of Approval. WSBC delegates may remove the Conference Seal of Approval by a two-thirds vote. Sales of such literature will cease immediately. A copy marked “removed” with the date the piece was removed will be maintained in literature archives.
  - 3) Non-Observance of Traditions. If any previously approved literature is found by the Executive Committee of the Board of Trustees to violate our Traditions, sales of that literature will cease immediately, and it will not be distributed for any reason. Conference-approved literature determined to violate Traditions will then be submitted to the Conference for removal of the Conference Seal of Approval. A copy marked “removed” with the date the piece was removed will be maintained in literature archives.
  - 4) Discontinued Literature. A copy of literature that is discontinued for any reason other than noncompliance with Traditions will be marked “discontinued” with the date the piece was discontinued and maintained in literature archives.

Notification to the Fellowship shall be through appropriate WSO publications.

- 2008b** It was adopted to:  
Create an Overeaters Anonymous media policy.

To raise public awareness, Overeaters Anonymous and associated service bodies may send press releases to or make use of special events/promotions in newspapers, magazines, television, radio, websites, billboards, and other means of public media, providing personal anonymity is maintained for members of Overeaters Anonymous. Contact names on media communication can include any special worker associated with public awareness as well as the first names of individual Overeaters Anonymous members.

- 2008c** It was adopted to:  
Create an Overeaters Anonymous public relations policy.

If Overeaters Anonymous is to continue to exist, it must continue to grow in order to fulfill its primary purpose of carrying its message to the compulsive eater who still suffers and to reach those who are not yet aware of the existence of our Fellowship.

We fulfill this primary purpose most effectively by attraction and cooperation—not promotion or affiliation. For the guidance of our Fellowship, here are definitions of those terms:

To Attract: To draw by other than physical influence; to invite; to draw to; to encourage approach

To Promote: To push forward; to further advance, as in a business venture (implies “hard sell,” advancement for profit)

Cooperation: Joint operation or action (implies coming together of two or more people to work together for a common goal or benefit or on a common problem)

Affiliation: Association or close connection; a uniting (implies lending one's name, endorsement, legal or financial partnership)

Overeaters Anonymous is attracting when it tells people why we are, what we are, what we do, and how; we let them know that we are available if and when help is needed. We state the facts, which are communicated via the press, radio, TV, Internet, and films, always stressing personal anonymity at the public level.

Overeaters Anonymous is cooperating when it works with others\*, rather than alone. Working with others broadens our scope and contacts and we reach more of those in need.

Hiring outside contractors or service companies is not considered an affiliation.

*\*Examples could include, but are not limited to, hospitals, doctors, nurses, clergymen, treatment centers, educators, dieticians, nutritionists, employee assistance programs, and health spas.*

**2008d** It was adopted to:  
Create an Overeaters Anonymous public service announcements policy.

To raise public awareness, Overeaters Anonymous and associated service bodies may make use of public service announcements in appropriate newspapers, magazines, television, radio, websites, billboards, and other means of public media.

**2008e** It was adopted to:  
Create an Overeaters Anonymous paid ads policy.

To raise public awareness, Overeaters Anonymous and associated service bodies may purchase ads in appropriate newspapers, magazines, television, radio, websites, billboards, and other public media.

**2008f** It was adopted that:  
The Overeaters Anonymous World Service Office (WSO) sell recovery chips marked with years from 1 to 20, 25, 30, 35, 40.

**2009a** It was adopted that:  
The World Service Office provides website templates for optional use by OA service bodies and groups in creating or revising their websites.

**2009b** Amended 2017. It was adopted that:  
December 12 (12/12) each year be designated as OA's International Twelfth Step Within Day, the purpose of which will be to encourage OA service bodies, meetings and individual members to reach out to those within the Fellowship who are still suffering from compulsive eating behaviors.

**2009c** Rescinded 2012.

**2009d** Rescinded 2019.

**2010a** Amended 2012. The following policy statement was adopted:

**Statement on Approved Literature**

In accordance with our Traditions, we suggest that OA groups maintain unity and honor our Traditions by using, selling, and displaying only approved books and pamphlets at their meetings. This includes OA Conference- and board-approved literature; AA Conference-approved books, booklets, and all future editions thereof, with original edition copyright 2010 or earlier; and locally produced OA literature. Locally produced literature must be developed according to the *OA Guidelines for Locally Produced Literature*, and should be used with the greatest discretion. Local literature should be considered temporary and discontinued when OA literature approved for general use is available to cover the topic.

**2010b** Rescinded 2014.

**2010c** Amended 2015. It was adopted that:  
The WSBC Final Conference Report be made available electronically.

**2010d** Amended 2014 and 2021. It was adopted to:  
Establish an OA Young People’s Conference Committee.

**2010e** Amended 2014 and 2018. It was adopted to:  
Require all groups and service bodies wishing to register with the WSO to provide at least one email address and name when submitting their registration request. The required email address is for use within the OA organization and will not be published.

**2011a** Amended 2016 and 2019. The following policy statement was adopted:

**Statement on Public and Social Media**

While Overeaters Anonymous has no opinion on outside issues, including social media, the delegates of the 2019 World Service Business Conference recommend that any OA member, group, or service body using social media for OA public information and public awareness maintain the personal anonymity of OA members.

Members of Overeaters Anonymous are anonymous. The Fellowship is not. Members of Overeaters Anonymous are responsible for maintaining their anonymity and respecting the anonymity of other OA members. When attending an OA meeting, whether face-to-face or virtual, members are encouraged to seek appropriate means to protect their own anonymity and that of fellow members.

All registered virtual meetings shall inform members that their anonymity is not fully protected when attending a virtual meeting.

Find options for protecting anonymity at *Guidelines for Anonymity in the Digital World*. (<https://oa.org/guidelines/anonymity-in-the-digital-world/>).

**2011b** It was adopted to:  
Include the Tools of recovery of OA in the Conference Policy Manual.

The following are the Tools of recovery of OA: A Plan of Eating, Sponsorship, Meetings, Telephone, Writing, Literature, Anonymity, Service and Action Plan.

**2011c** It was adopted that:  
Overeaters Anonymous Fellowship bestow the title of founder to Rozanne S.

**2012a** Amended 2018. The following policy statement was adopted:

**Statement on Creating Service Centers**

Service bodies may form service centers to assist them in communicating with the groups and to help carry the message, providing that they adhere to the Traditions, as guided by the Twelve Concepts of OA Service, and adhere to Overeaters Anonymous policies for the use of OA-approved literature and print material.

**2012b** The following policy statement was adopted:

**Statement on Group Where Access is Restricted**

A group which, for compelling reasons over which it has no control, where access is restricted (i.e., national security, military security, ships, military bases, or institutional setting), cannot welcome all who have the desire to stop eating compulsively will be considered to be in compliance with the points defined in Bylaws, Subpart B, Article V, Section 1, if:

- 1) It has provided the Board of Trustees, in writing, the specific compelling reason.
- 2) The Board of Trustees specifically approves the exception.

**2012c** The following policy statement was adopted:

**Statement on Group Liability Insurance**

As per OA, Inc. Bylaws, Subpart A, Article III – Members, the legal structure of OA, Inc. does not allow for the provision of liability insurance for OA groups or service bodies.

**2012d** Amended 2014. It was adopted that:

The terms of WSBC delegates from service bodies shall be limited. After completing four consecutive years, service shall not exceed an additional two years. A one year rotation out of service shall then be observed. Request for a waiver of this limitation shall be submitted to the Board of Trustees.

**2013** The following policy statement was adopted:

**Statement on Individual Member Donations to the OA World Service Office**

- 1) A member may contribute up to \$5,000 per year to the general fund, up to \$5,000 per year to any special fund, and up to \$5,000 per year to honor the memory of a deceased member.
- 2) OA, Inc. may accept a bequest from the will of a deceased member in cash or cash equivalent. There is no limit on the amount of such a bequest.

**2014a** Rescinded 2017.

**2014b** It was adopted that:

**Meetings of Delegates**

Annual Business Conference

- 1) Oral committee and workshop reports shall be made on the final day of the Business Conference when time allows. Written reports are due in the World Service Office two weeks following the close of the Business Conference.
- 2) Special meetings of delegates or committees of delegates during the Business Conference for any purpose or purposes may be called at any time by the chair or by a majority of the trustees and/or delegates.
- 3) Communications concerning the Business Conference from the trustees and the World Service Office shall be through the registered delegates and service bodies.

**2015** It was adopted that:  
World Service display the name “Overeaters Anonymous” on all displays, banners, and other signage at its events. This does not apply to badges.

**2016** Rescinded 2019.

**2017a** The following policy statement was adopted:  
Overeaters Anonymous will establish an ad hoc committee to consider the implementation/registration of a Spanish language service board (SLSB). The Spanish speaking Fellowship will work with the BOT in order to establish how the SLSB will fit into the OA service structure.

**2017b** The following policy statement was adopted:  
Overeaters Anonymous will establish a special fund to assist in translating OA literature, forms, correspondence, website, and other materials to languages other than English. Money contributed to this fund is in addition to the International Publications/Translations Committee’s budget. The BOT will establish guidelines to allocate the funds.

**2017c** Amended 2018. Superseded by 2019c.

**2018a** It was adopted that:  
The World Service Business Conference 2018 direct the Board of Trustees of Overeaters Anonymous to establish an ad hoc committee to research and delineate the best means and costs of improving, upgrading, and expanding the electronic “front door” of OA for the purpose of defining a budgetary amount for a “Welcome to OA” capital campaign. OA’s “front door” includes the OA.org website data systems and could include the development of a geolocator and real-time Find a Meeting app for smartphones, or other means revealed to be useful in the research.

**2018b** The following policy statement was adopted:  
In keeping with Tradition Ten, Overeaters Anonymous has no opinion on bariatric (weight-loss) surgery. In the spirit of Tradition Three, Overeaters Anonymous welcomes anyone with a desire to stop eating compulsively, including those who have had bariatric surgery or are contemplating it.

**2019a** Amended 2021. It was adopted that:

The term hybrid is used to describe a group composed of members attending a single meeting where all can hear and share but may be present either in the same physical location (face-to-face) or through some form of electronic device (virtual).



A hybrid group may register only once and is assigned one group number but may appear on oa.org in both the face-to-face listing and the virtual listing and will clearly indicate that they are a hybrid meeting.

**2019b** It was adopted to:

Apply for and, if approved, accept non-profit status from Google so that we may gain access to Google's Custom Search feature at no cost.

**2019c** Amended 2021. The following policy statement was adopted:

The World Service Business Conference established the following annual events.

**OA Birthday:** The third full weekend (Friday included) of January as the annual celebration of the January 19, 1960 founding of Overeaters Anonymous.

**Unity Day:** The last Saturday in February in even years and the last Sunday in February in odd years at 11:30 a.m. local time.

**Sponsorship Day:** The third full weekend (Friday included) in August.

**International Day Experiencing Abstinence (IDEA):** The third full weekend (Friday included) in November.

**2021** The following policy statement was adopted:

**Diverse Voices Policy**

When developing new and updating existing literature published by Overeaters Anonymous World Service, the Literature Committees will make a concerted effort to include stories and/or quotes from members of diverse populations that are underrepresented in OA (i.e., reflect a variety of compulsive food behaviors, belief systems, nationalities, genders, sexual orientations, indigenous peoples, and peoples of color, etc.).

**\*\*END\*\***

**Note:** The World Service Office shall oversee that the Business Conference minutes are researched annually in order to update this summary with any Business Conference motions which have a continuing effect. This includes new, revised, or rescinded motions adopted by the World Service Business Conference.

**OVEREATERS ANONYMOUS, INC.**  
**BUSINESS CONFERENCE POLICY MANUAL**  
**APPENDIX A – RESCISSIONS**

---

**1962** At OA’s first Business Conference, then called the National Conference, it was adopted that: We endorse as our only basic creed the only thing that OA in general subscribes to (from headquarters), the Twelve Steps and the Twelve Traditions. That this is the only basic program that OA (headquarters) believes as its creed. We acknowledge that these two things are the only creed that OA subscribes to, basically. (*Rescinded 2014*)

**1977a** It was adopted that:  
The price be put back on the literature. (*Rescinded 2001*)

**1979a** It was adopted that:  
AA-approved literature to be sold at the WS Convention, with list to be submitted from the Literature Committee to the board for approval. (*Rescinded 1989*)

**1979b** It was adopted that:  
Any activity (i.e., marathons, conventions, and retreats) not sponsored by a registered group, an intergroup, region, or OA as a whole be considered an outside enterprise not to be endorsed or promoted by OA and as such not appear in a world service publication. Any marathon, convention, or retreat that offers for sale any items that are not Conference-approved, be considered an outside enterprise and also not be publicized in OA publications. (*Rescinded 1989*)

**1979d** It was adopted to:  
Pay founder Rozanne S.’s expenses to all future Conventions. (*Rescinded 2015*)

**1980a** Amended 1989. It was adopted that:  
The purpose of each proposed amendment to the World Service bylaws be clearly verbalized by the proposing body. (*Rescinded 2016*)

**1982a** After a presentation/discussion on whether OA should produce literature on anorexia nervosa or other eating disorders, the following statement was adopted:  
Overeaters Anonymous does not have any literature for specific eating disorders other than compulsive overeating. We welcome in love and fellowship all who have the desire to stop eating compulsively. (*Rescinded 1999*)

**1982b** After a presentation/discussion on using an OA/AA-approved literature list which includes the 1976 Business Conference Statement on OA/AA-approved literature, the following was adopted that:

The current World Service Business Conference policy on literature be a list (to be updated as necessary) which includes the amended 1976 Statement on OA/AA-approved literature: “In accordance with our Traditions, we suggest OA groups maintain unity and protect our Traditions by selling only program books and pamphlets at their meetings. This would include AA Conference-approved literature and OA Conference- and board-approved literature. Intergroup or group prepared local literature should be used with the greatest discretion. Even then, we suggest that you submit it to the World Service Office for their information. This type of local literature

should be considered temporary and discontinued when OA literature approved for general use is available to cover the topic.” (The complete list which includes this statement, literature, and explanations is available from the World Service Office.) *(Rescinded 2010)*

**1982d** It was adopted that:

The Board of Trustees presents a written Business Conference report of all Board of Trustees’ policies, to be updated for each Business Conference beginning May 1983. *(Rescinded 2001)*

**1982f** It was adopted that:

Future Business Conferences begin proposed bylaw amendments directly following the last completely debated article of the previous year.

(Note: The intent is to apply this recommendation only in a year following a Business Conference that was unable to debate and vote on all proposed bylaw amendments due to a lack of time.) *(Rescinded 2012)*

**1986a** Amended 1996, 1998 and 2018. It was adopted that:

Overeaters Anonymous celebrate an annual worldwide Unity Day on the last Saturday in February in even years and the last Sunday in February in odd years at 11:30 a.m.

To designate the third weekend of January as the annual celebration of the January 19, 1960 founding of Overeaters Anonymous. *(Superseded by 2019c)*

**1987a** Amended 1997. A policy statement on food plans was adopted:

The OA 1997 World Service Business Conference, after careful consideration, believes that although many individual OA members choose to follow a plan of eating for their personal plan of recovery, offering food plans at OA meetings is a violation of Tradition Ten. While each OA member is free to choose a personal plan of eating to achieve abstinence, OA as a whole cannot print, endorse, or distribute food plan information to members.

Nutrition is a most controversial outside issue; the hiring of professionals to produce food plans for use at meetings also violates the Eighth Tradition, as we need always remain nonprofessional. Groups endorsing any food plans by distributing them at their meetings affect OA as a whole. We ask all groups, intergroups, and regions of OA to adhere to the above policy statement and discontinue the use of food plan information at meetings. We ought best concern ourselves with our suggested program of recovery—the Twelve Steps. *(Rescinded 2000)*

**1987b** It was adopted that:

One leave of absence for up to sixty days from all Board of Trustees activities and responsibilities may be claimed by any member of the Board of Trustees during each of her/his elected terms of office for any reason. *(Rescinded 2018)*

**1988a** Regions:

Regional Assemblies

Regions may meet more often for the conduct of business as necessary. *(Rescinded 2005)*

**1989b** Changes and deletions in the Business Conference Policy Manual were adopted. See sections marked Revised 1989 or Deleted 1989. *(Rescinded 2003)*

- 1992b** Amended 2018. It was adopted that:  
The World Service Business Conference establish an International Day Experiencing Abstinence (IDEA) to be held annually on the third weekend in November. (*Superseded by 2019c*)
- 1992d** The following policy statement adopted that:  
The World Service Business Conference resolves to welcome anorexics and bulimics in the OA Fellowship as full and equal members. (*Rescinded 1998*)
- 1993d** It was adopted that:  
Beginning 1994 the World Service Office will charge a twenty-dollar (\$20) nonrefundable fee to register a World Service Business Conference delegate. (*Rescinded 2001*)
- 1993e** It was adopted that:  
Until such time as the World Service Business Conference adopts concepts for OA, that all OA service bodies study and utilize AA's Twelve Concepts as guidelines for their service. (*Rescinded 1998*)
- 1994c** The World Service Business Conference 1994 adopted:
- 1) The ultimate responsibility and authority for OA world services reside in the collective conscience of our whole Fellowship.
  - 2) The OA groups have delegated to World Service Business Conference the active maintenance of our world services; thus, World Service Business Conference is the voice, authority and effective conscience of OA as a whole.
  - 3) The right of decision, based on trust, makes effective leadership possible.
  - 4) The right of participation ensures equality of opportunity for all in the decision-making process.
  - 5) Individuals have the right of appeal and petition in order to ensure that their opinions and personal grievances will be carefully considered.
  - 6) The World Service Business Conference has entrusted the Board of Trustees with the primary responsibility for the administration of Overeaters Anonymous.
  - 7) The Board of Trustees has legal rights and responsibilities accorded to them by OA Bylaws, Subpart A; the rights and responsibilities of the World Service Business Conference are accorded to it by Tradition and by OA Bylaws, Subpart B.
  - 8) The Board of Trustees has delegated to its Executive Committee the responsibility to administer the World Service Office.
  - 9) Able, trusted servants, together with sound and appropriate methods of choosing them, are indispensable for effective functioning at all service levels.
  - 10) Service responsibility is balanced by carefully defined service authority; therefore, duplication of efforts is avoided.
  - 11) Trustee administration of the World Service Office should always be assisted by the best standing committees, executives, staffs, and consultants.
  - 12) The spiritual foundation for OA service ensures that:
    - a) no OA committee or service body shall ever become the seat of perilous wealth or power;
    - b) sufficient operating funds, plus an ample reserve, shall be OA's prudent financial principle;
    - c) no OA member shall ever be placed in a position of unqualified authority;
    - d) all important decisions shall be reached by discussion, vote, and whenever possible, by substantial unanimity;
    - e) no service action shall ever be personally punitive or an incitement to public controversy; and
    - f) no OA service committee or service board shall ever perform any acts of government, and each shall always remain democratic in thought and action. (*Adopted into OA Bylaws, Subpart B 1998*)

**1995a** It was adopted that:  
Overeaters Anonymous designate January as “Media Awareness Month.” (*Rescinded 2014*)

**1995b** (updated 2013 due to amended 1984a) It was adopted to:  
Remove abstinence as a tool and replace it with a “plan of eating,” leaving abstinence as our primary purpose as outlined in the OA Preamble: “Our primary purpose is to abstain from compulsive eating and carry the message of recovery through the Twelve Steps of OA to those who still suffer.” (*Rescinded 2014*)

**1996b** It was adopted that:  
The Board of Trustees may discontinue reprinting low-demand pamphlets that are no longer cost-effective to reprint and maintain in the OA literature inventory.

Discontinuance of a pamphlet:  
Conference-approved pamphlets that have broad application to the Fellowship and which fall within the lowest 20 percent of ranked total pamphlet unit sales shall be considered for discontinuance.

The World Service Office publications department will provide a quarterly report indicating the unit demand volume on each Conference-approved pamphlet for review by the Executive Committee.

Those pamphlets that consistently fall below the designated 20 percent of total unit demand for four consecutive quarters may be chosen by the Executive Committee for recommendation to discontinue reprinting.

The Executive Committee will submit a motion to the Board of Trustees for approval to discontinue reprinting those pamphlets.

If the Executive Committee motion is approved by the Board of Trustees, the designated pamphlets will not be reprinted and will be removed from the OA literature catalog when the remaining inventory is depleted.

Notification to the Fellowship shall be through appropriate WSO publications, such as *Lifeline* and *A Step Ahead*.

A copy marked “discontinued” with the date the piece was discontinued will be maintained in the literature archives for duplication by the World Service Office for special requests. An appropriate amount will be charged for the time and cost of duplicating, mailing, etc. Unauthorized duplication of copyrighted discontinued pieces is prohibited.

For withdrawal of any Conference-approved pamphlet that is no longer printed; that is the pamphlet shall no longer be available for distribution to the Fellowship in any language, will require approval of the World Service Business Conference. (*Rescinded 2008*)

**1997** It was adopted:  
Effective with the World Service Business Conference 1998, there be established an additional per-delegate registration fee of forty-five dollars (\$45) (adjusted annually for inflation as deemed necessary by the BOT). (*Rescinded 2001*)

- 1998** The following policy statement was adopted to:  
Discontinue Conference-approved literature for reasons other than low sales, a two-thirds vote from the delegates present and voting at the annual World Service Business Conference is needed. *(Rescinded 2008)*
- 1999** Amended 2004 and 2005. It was adopted that:  
An online or telephone group will be registered with world service as long as the listed group meets the following criteria:  
1) Takes place in “real-time”;  
2) Is fully interactive; and  
3) Fulfills the definition of an OA group as contained in Subpart B, Article V, Section 1 of Overeaters Anonymous, Inc. Bylaws. *(Rescinded 2016)*
- 2002a** It was adopted that:  
There will be a special Conference committee consisting of four members of the Board of Trustees, four region chairmen, and up to ten delegates to develop a plan of action to either strengthen the current OA worldwide service structure or restructure it. The result will be presented to WSBC no later than 2004. The chairman of the board will choose committee members. *(Rescinded 2005)*
- 2002b** It was adopted that:  
The Board of Trustees will investigate the feasibility of establishing a toll free line for the purpose of public information and publish its reports to all service bodies by October 1, 2002. *(Rescinded 2005)*
- 2004a** It was adopted that:  
The WSO have proposal forms available on the OA website with detailed online instructions for submitting the proposals. The forms are to include an email address for the maker of the proposal. *(Rescinded 2018)*
- 2005b** It was adopted that:  
WSBC 2005 directs the Board of Trustees (BOT) to implement a matching grant program whereby service bodies may apply for and receive funds from OA, Inc. for projects enhancing unity and the ability to carry the message both within and outside OA. Total yearly funding for grants shall not exceed 1 percent of total donations to the World Service Office (WSO) for the prior year. *(Rescinded 2011)*
- 2006** It was adopted to:  
Change the name of the HIPM (Hospitals, Institutions, Professionals and the Military) Committee to Professional Outreach Committee. *(Rescinded 2014)*
- 2007** It was adopted that:  
Overeaters Anonymous, Inc. conduct a Public Awareness Campaign using the services of an outside agency. Expenses connected to this campaign will be supported by member contributions to a special public awareness campaign fund established by the Board of Trustees. The BOT may use up to \$20,000 of current reserves for seed money to initiate the campaign. Such funds are to be reimbursed from the special fund established for this purpose. *(Rescinded 2009)*
- 2009c** It was adopted to:  
Establish a special fund to assist in the translating of OA literature, forms, correspondence, website, and other materials to languages other than English. Money in this fund is in addition to the

translation committee's budget. The BOT will establish guidelines to allocate the funds. (*Rescinded 2012*)

**2009d** It was adopted to:  
Create a Web/Technology Conference Committee starting at WSBC 2010. (*Rescinded 2019*)

**2010b** It was adopted to:  
Add a ninth Tool: "Action Plan." (*Rescinded 2014*)

**2014a** It was adopted that:  
Overeaters Anonymous email groups, commonly called loops (groups that do not meet in real time), may list their group on www.oa.org as a courtesy with the following criteria:

- 1) Email groups must comply with the definition of an Overeaters Anonymous group as per OA, Inc. Bylaws, Subpart B, Article V – Overeaters Anonymous Groups, Section 1 – Definition.
- 2) The topic and/or focus of the email group are consistent with those listed on oa.org for Overeaters Anonymous face-to-face and virtual groups.
- 3) New members must be informed of the loop's policies, norms and practices.
- 4) Archives are to be deleted at least once a month unless the loop's policies dictate otherwise.
- 5) Email groups are moderated to stay on topic.
- 6) The format of the email groups is structured similarly to a registered OA group. Postings to email groups are limited to the topic, the Twelve Steps, the Twelve Traditions, or the Twelve Concepts of OA Service. Feedback, crosstalk and advice-giving are discouraged.
- 7) Each email group will have a coordinator who registers the loop with an email service provider and a secretary who will liaise with the OA World Service Office. (*Rescinded 2017*)

**2016** It was adopted to:  
Establish an OA Virtual Services Conference Committee. The committee would focus on virtual groups and would assist in forming new virtual service boards, presenting virtual workshops, and other projects that support the virtual groups and virtual service boards (VSBs). This will help build infrastructure and support for VSBs and virtual groups. (*Rescinded 2019*)

**2017c** Amended 2018. It was adopted that:  
The World Service Business Conference 2017 create a Sponsorship Day to be held annually on the third weekend in August. (*Superseded by 2019b*)