Public Information (PI) Resource List

Preparing and Learning PI: For OA Members, Groups, Service Bodies, and PI/PO Committees

Manuals and Handbooks
- **OA Handbook for Members, Groups, and Service Bodies** (#120): [bookstore.oa.org](http://bookstore.oa.org)
- **Public Information Service Manual** (#762): [bookstore.oa.org](http://bookstore.oa.org)
- **Professional Trade Shows Manual**: [oa.org/document-library](http://oa.org/document-library) under “Public Information”
- **Professional Outreach Manual** (#772): [bookstore.oa.org](http://bookstore.oa.org)

Guidelines
- **Guidelines for OA Events**: [oa.org/document-library](http://oa.org/document-library) under “Guidelines”
- **Guidelines for Public Information Events**: [oa.org/document-library](http://oa.org/document-library) under “Guidelines”
- **Guidelines for Professional Outreach Committees**: [oa.org/document-library](http://oa.org/document-library) under “Guidelines”
- **Carrying the Message**: [oa.org/document-library](http://oa.org/document-library) under “Carrying the Message”
- **Guidelines for Health Fair Participation**: [oa.org/document-library](http://oa.org/document-library) under “Guidelines”
- **Guidelines for OA Newsletters**: [oa.org/document-library](http://oa.org/document-library) under “Guidelines”
- **Guidelines for Website Development**: [oa.org/document-library](http://oa.org/document-library) under “Guidelines”
- **Guidelines for Fundraising**: [oa.org/document-library](http://oa.org/document-library) under “Guidelines”
- **OA Logo Request**: [oa.org/document-library](http://oa.org/document-library) under “Copyright”

Documents for use by OA Service Bodies and PI/PO Committees

- **OA Logo Request**: [oa.org/document-library](http://oa.org/document-library) under “Copyright”
- **Professional Exhibits Fund Application**: [oa.org/document-library](http://oa.org/document-library) under “Public Information”
- **Public Service Announcements**: [oa.org/document-library](http://oa.org/document-library) under “Public Information”
- **Public Information Service Manual** (#762): [bookstore.oa.org](http://bookstore.oa.org)
- **Professional Trade Shows Manual**: [oa.org/document-library](http://oa.org/document-library) under “Public Information”

Documents for attracting non-members (for English speakers)

Posters and Attraction Notes

- **Public Information Posters**: [oa.org/document-library](http://oa.org/document-library) under “PI Posters”
  - **Eating Out of Control Poster**: four color, 8.5 by 11 inches. Includes interactive space to enter local group information and both a QR code and tear-off tabs for oaquiz.org, which links to the Fifteen Questions online.
  - **Step One Poster**: four color, 8.5 by 11 inches. Includes interactive space to enter local group information and tear-off tabs for oaquiz.org, which links to the Fifteen Questions online.
  - **Pizza Poster**: four color, 8.5 by 11 inches. Includes interactive space to enter local group information.
  - **Fork Poster**: four color, 8.5 by 11 inches. Includes interactive space to enter local group information.
  - **Scale Poster**: four color, 8.5 by 11 inches. Includes interactive space to enter local group information.
  - **Refrigerator Poster**: four color, 8.5 x 11 inches. Includes interactive space to enter local group information.
  - **15 Questions**: two color, 8.5 by 11 inches.
  - **Contact OA**: two color, 11 by 8.5 inches. Includes space for local group information.
  - **Is Food a Problem**: two color, 11 by 6.5 inches. Includes space for local group information.
  - **Many Symptoms**: two color, 8.5 by 11 inches.
- **OA’s new Public Information Poster** (#759), winner of OA’s first PI Poster Contest: [bookstore.oa.org](http://bookstore.oa.org)
- **Bulletin board Attraction Sticky Notes** (#440W): [bookstore.oa.org](http://bookstore.oa.org)
PI Pamphlets and Kits
- Membership Survey: oa.org/document-library under “Outreach to Professionals”
- When Should I Refer Someone to Overeaters Anonymous? (#770): bookstore.oa.org
- Professional Community Courier: oa.org/document-library under “Outreach to Professionals”
- To Parents and Concerned Adults (#250): bookstore.oa.org
- Many Symptoms, One Solution (#106): bookstore.oa.org
- A Plan of Eating (#145): bookstore.oa.org

PI Podcasts (for English and French speakers)
Interviews, Readings, and Meetings: oa.org/interviews-readings-and-meetings/
- Hearing is Believing
- Interview with Charles (men)
- Interview with Bob (men)
- Interview with Dodie (women)
- Interview with Mary (women)
- Interview with Kaitlin (young people)
- Interview with Alison (French)
- To the Teen

Sound Bites from Overeaters Anonymous: oa.org/sound-bites-from-overeaters-anonymous-a-12-step-solution-to-compulsive-overeating/
- Introducing OA
- How and Why does a 12-Step Program Work for Compulsive Eating?
- A Plan of Eating
- OA Nine Tools of Recovery
- Keeping Your Eating Sane During the Holiday Season
- 100 Pounds to Lose
- The Steps of the OA Program
- Physical Recovery
- Emotional Recovery
- Spiritual Recover
- In All Our Affairs
- New Year’s Resolutions

Facebook
- Overeaters Anonymous Facebook: www.facebook.com/overeatersanonymousofficial/
- Overeaters Anonymous Young People’s Facebook: www.facebook.com/OAinfo/