

Public Information (PI) Resource List

Preparing and Learning PI: For OA Members, Groups, Service Bodies, and PI/PO Committees

Manuals and Handbooks

- *OA Handbook for Members, Groups, and Service Bodies* (#120): bookstore.oa.org
- *Public Information Service Manual* (#762): bookstore.oa.org
- *Professional Trade Shows Manual*: oa.org/document-library under “Public Information”
- *Professional Outreach Manual* (#772): bookstore.oa.org

Guidelines

- *Guidelines for OA Events*: oa.org/document-library under “Guidelines”
- *Guidelines for Public Information Events*: oa.org/document-library under “Guidelines”
- *Guidelines for Professional Outreach Committees*: oa.org/document-library under “Guidelines”
- *Guidelines for Anonymity in the Digital World*: oa.org/document-library under “Guidelines”
- *Carrying the Message*: oa.org/document-library under “Carrying the Message”
- *Guidelines for Health Fair Participation*: oa.org/document-library under “Guidelines”
- *Guidelines for OA C.A.R.E.S.*: oa.org/document-library under “Guidelines”
- *Guidelines for OA Newsletters*: oa.org/document-library under “Guidelines”
- *Guidelines for Website Development*: oa.org/document-library under “Guidelines”
- *Guidelines for Fundraising*: oa.org/document-library under “Guidelines”
- *Guidelines for Service Body Budgets*: oa.org/document-library under “Guidelines”
- OA Logo Request: oa.org/document-library under “Copyright”

Documents for use by OA Service Bodies and PI/PO Committees

- OA Logo Request: oa.org/document-library under “Copyright”
- Professional Exhibits Fund Application: oa.org/document-library under “Public Information”
- Public Service Announcements: oa.org/document-library under “Public Information”
- *Public Information Service Manual* (#762): bookstore.oa.org
- *Professional Trade Shows Manual*: oa.org/document-library under “Public Information”

Documents for attracting non-members (for English speakers)

Posters and Attraction Notes

- Public Information Posters: oa.org/document-library under “PI Posters”
 - Eating Out of Control Poster: four color, 8.5 by 11 inches. Includes interactive space to enter local group information and both a QR code and tear-off tabs for oaquiz.org, which links to the Fifteen Questions online.
 - Step One Poster: four color, 8.5 by 11 inches. Includes interactive space to enter local group information and tear-off tabs for oaquiz.org, which links to the Fifteen Questions online.
 - Pizza Poster: four color, 8.5 by 11 inches. Includes interactive space to enter local group information.
 - Fork Poster: four color, 8.5 by 11 inches. Includes interactive space to enter local group information.
 - Scale Poster: four color, 8.5 by 11 inches. Includes interactive space to enter local group information.
 - Refrigerator Poster: four color, 8.5 x 11 inches. Includes interactive space to enter local group information.
 - 15 Questions: two color, 8.5 by 11 inches.
 - Contact OA: two color, 11 by 8.5 inches. Includes space for local group information.
 - Is Food a Problem: two color, 11 by 6.5 inches. Includes space for local group information.
 - Many Symptoms: two color, 8.5 by 11 inches.
- OA’s new *Public Information Poster* (#759), winner of OA’s first PI Poster Contest: bookstore.oa.org
- Bulletin board Attraction Sticky Notes (#440W): bookstore.oa.org

PI Pamphlets and Kits

- *Membership Survey*: oa.org/document-library under “Outreach to Professionals”
- *Media & Press Kit*: <https://oa.org/media-press-kit/>
- *When Should I Refer Someone to Overeaters Anonymous? (#770)*: bookstore.oa.org
- *Professional Community Courier*: oa.org/document-library under “Outreach to Professionals”
- *To Parents and Concerned Adults (#250)*: bookstore.oa.org
- *Many Symptoms, One Solution (#106)*: bookstore.oa.org
- *A Plan of Eating (#145)*: bookstore.oa.org

PI Podcasts (for English and French speakers)

Interviews, Readings, and Meetings: oa.org/interviews-readings-and-meetings/

- *Hearing is Believing*
- *Interview with Charles* (men)
- *Interview with Bob* (men)
- *Interview with Dodie* (women)
- *Interview with Mary* (women)
- *Interview with Kaitlin* (young people)
- *Interview with Alison* (French)
- *To the Teen*

Sound Bites from Overeaters Anonymous: oa.org/sound-bites-from-overeaters-anonymous-a-12-step-solution-to-compulsive-overeating/

- *Introducing OA*
- *How and Why does a 12-Step Program Work for Compulsive Eating?*
- *A Plan of Eating*
- *OA Nine Tools of Recovery*
- *Keeping Your Eating Sane During the Holiday Season*
- *100 Pounds to Lose*
- *The Steps of the OA Program*
- *Physical Recovery*
- *Emotional Recovery*
- *Spiritual Recover*
- *In All Our Affairs*
- *New Year’s Resolutions*

Facebook

- Overeaters Anonymous Facebook: www.facebook.com/overeatersanonymousofficial/
- Overeaters Anonymous Young People’s Facebook: www.facebook.com/OAinfo/

OA Board-approved

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