

Calling All Sponsors! We Need Your Experience, Strength, and Hope!

OA is updating and reforming our current sponsorship publications. The new publication will provide guidance to sponsors, both new and veteran, who are being challenged to meet the needs of our increasingly diverse Fellowship.

We are asking all sponsors to share their experience, strength, and hope. Write about the ways you provide support and guidance to your sponsees, while keeping the focus on their recovery through the Twelve Steps and Twelve Traditions.

As you respond, please focus on one or more of the prompts below, answer one prompt at a time, and be specific. We are looking for targeted and concise submissions of 250 to 300 words in a story format. It is our intention that your responses will be the framework for this new publication.

Share your unique OA experience with us...

1. *How do you keep the focus on your sponsee's physical, emotional, and spiritual recovery through working the Steps?*
2. *What criteria do you use when deciding whether to sponsor a potential sponsee and/or for what reasons have you decided to end a sponsoring relationship? How did you handle the interaction?*
3. *How do you help a sponsee develop a plan to achieve abstinence, recovery, and a healthy body weight?*
4. *What is your experience when sponsoring members who live with a different expression of our disease than your own (e.g., overeating, under-eating, food addiction, binge eating, anorexia, bulimia, purging, weight-loss surgery, over-exercising, etc.)?*
5. *What is your experience when sponsoring members with different attributes than your own (e.g., age, race, creed, nationality, religion, gender identity, sexual identity, etc.)?*
6. *How do you ensure that you focus on your own experience, strength, and hope when you work with sponsees?*
7. *How have you responded to a sponsee's relapse or inability to maintain abstinence? If pertinent, include how you deal with taking them through the Steps in this situation. How has your relationship been altered when you have had a break in abstinence?*
8. *How do you focus on the Twelve Traditions, as well as the Steps, with your sponsees?*
9. *What do you do to encourage sponsees to sponsor and take on other types of service?*
10. *What are some of the obstacles to sponsoring you have encountered, and what solutions have you found?*

Important Rules

1. Submissions are assumed intended for publication, are subject to editing, and become the property of OA, Inc.
2. Submissions are not returned.
3. All submissions must contain the author's full name and address. You may request that your name and/or location information remain anonymous upon publication.
4. Submissions must be submitted with a signed release form.
5. Submissions of approximately 250-300 words are preferred.

Due by November 30, 2021



**Email your story to
info@oa.org with subject line
"Sponsorship Story!"**



Sponsorship Story RELEASE FORM

(must be included with all submissions)

Stories must be received by the World Service Office by November 30, 2021

AUTHORIZATION AND RELEASE FOR SUBMITTED STORY

I warrant that I am the sole owner and original author of the accompanying submitted story ("Story"), and that I have the full right and authorization to submit the Story to Overeaters Anonymous ("OA"). I understand and authorize OA to edit, copy, distribute, publish, reproduce, or copyright the Story for any lawful purpose. By submitting my Story to OA, I agree that it becomes the property of OA, will not be returned, and may be used in any type of distribution media.

I agree that I will make no monetary or other claim against OA for the use of the Story. I waive any right to inspect or approve the finished product wherein my Story appears. I hereby hold harmless and release OA from all claims, demands, and causes of action that I, my heirs, representatives, executors, administrators, or any other persons acting on my behalf (or on behalf of my estate) have or may have by reason of this authorization.

I have read the authorization and release information and give my consent for the use as indicated above.

Printed Name: _____

Signature: _____

Date: _____

Author's Contact Information (required):

Include your full name, address, email, and phone.

Author's Attribution:

For authors desiring anonymity in publication, please indicate specifically whether this applies to your name, city, state, and/or country.

