OVEREATERS ANONYMOUS
POLICY STATEMENTS RELATED TO UNITY WITH DIVERSITY

1992a (Amended 2013, 2021, 2023) The following policy statement was adopted:

“Unity with Diversity” Policy

THE FELLOWSHIP of Overeaters Anonymous encourages and promotes acceptance and inclusivity. All are welcome to join OA and are not excluded because of race, creed, nationality, religion, gender identity, sexual orientation, or any other attribute. We welcome all who share our compulsion. Everyone with the desire to stop eating compulsively is welcome in Overeaters Anonymous.

THE FELLOWSHIP recognizes the existence of individual approaches and different structured concepts to working our Twelve Step program of recovery; that the Fellowship is united by our disease and our common purpose; and that individual differences in approaches to recovery within our Fellowship need not divide us.

THE FELLOWSHIP respects the rights of members, groups, and service bodies to follow a particular concept of recovery within Overeaters Anonymous and encourages each member, group, and service body to respect those rights as they extend the hand of fellowship to those who still suffer.

THE FELLOWSHIP encourages each duly registered group and service body to affirm and maintain the Twelve Traditions of Overeaters Anonymous by allowing members to share their experience, strength, and hope in meetings regardless of the individual approach or specific concept a member may follow. Duly registered is defined as being in full compliance with Bylaws, Subpart B, Article V.


1994b (Amended 2008, 2023) The following policy statement was adopted:

The Fellowship of Overeaters Anonymous recognizes the existence of specific-focus meetings (for a full list, see the oa.org Find a Meeting page), which have been formed of persons who can more readily identify with fellow members of Overeaters Anonymous with similar attributes. According to the Traditions, bylaws, and policies of OA, the only requirement for membership is the desire to stop eating compulsively; therefore, we ask each person attending a meeting to respect and consider the group conscience of the whole Fellowship and welcome and give a voice to any person who has the desire to stop eating compulsively.

2021 (Amended 2023) The following policy statement was adopted:

Diverse Voices Policy

When developing new and updating existing literature published by Overeaters Anonymous World Service, the Literature committees will make a concerted effort to include stories and/or quotes from members of diverse populations that are underrepresented in OA.