



## OA Literature List by Copyright Date(s)/Revision Date

Title	Current Date	First Date	Revision Date	Inventory No.
<b>Pamphlets &amp; Wallet Cards</b>				
About OA	N/A	2011		751
A Common Solution: Diversity and Recovery	2011			265
A Lifetime of Abstinence: One Day at a Time	2020	2020	3/2022	155
A New Plan of Eating	2021	2021		144
Anonymity	1994	1983		390
Anorexia and Bulimia Packet	2017	2008		725
Black OA Members Share Their Experience ...	2007	2007		285
Bulletin Board Attraction Sticky Notes	2010	2010	2017	440
Carrying the Message – wallet card	2015	2015		425
Fifteen Questions for the Young Person	2012	1986	3/2015	756
Guide for Sponsors	2015	1990		200
I Put My Hand in Yours – wallet card	1990	1968		437
If God Spoke to OA	N/A	N/A		180
In OA, Recovery is Possible: About Compulsive Eating And the OA Program	2020	2020		135
Is Food a Problem for You?	2012	2008	5/2016	750
Just for Today – wallet card	N/A	N/A		410
Many Symptoms, One Solution	1995	1995		106
Member Survey Report 2017	2017	2017		102
New Group Starter Kit	N/A	N/A		730
New Prospect Card	N/A	N/A		450
Newcomer Meeting Leaders Kit	N/A	N/A		740

OA Handbook for Members, Groups, and Service Bodies	2015	1979	8/2021	120
OA Members Come in All Sizes	2005	2005	2/2011	110
One Day at a Time – wallet card	N/A	N/A		430
Pocket Reference for OA Members	1994	1988	4/2021	435
Professional Outreach Manual	2016	1993		772
Public Information Service Manual	2007	2007	9/2017	762
Recovery Checklist	2011	1990		105
Service, Traditions, and Concepts Workshop Manual	2022	2019		773
Seventh Tradition of OA	2016	1998	7/2019	802
Sponsoring Through the Twelve Steps	2012	2008		220
Sponsorship Kit	2015	N/A		210
Strong Abstinence Checklist	2014	2014		415
Think First – wallet card	1995	1990		109
To Parents and Concerned Adults	2015	1994		250
To the Family of the Compulsive Eater	2018	1979	4/2020	240
To the Man Who Wants to Stop Compulsive Eating	1995	1979	1/2010	290
To the Young Person	2010	1980		280
Tools of Recovery	2021	1981		160
Twelfth-Step-Within Handbook	2018	1993		485
Twelve Concepts of OA Service	2008	2001		330
Twelve Freedoms-wallet card	2021	2002		447
Twelve Stepping a Problem-wallet card	2015	2015		420
Twelve Traditions Pocket Guide	2016	2016		445
Welcome Back: Suggestions for Members in Relapse	2019	2019		185
Welcome Back, We Care! Packet	N/A	N/A		721
When Should I Refer Someone to Overeaters Anonymous?	2019	2019		770
Where Do I Start?	2018	2018		705

## **Books**

Abstinence, Second Edition	2013	1994	2/2021	994
Alcoholics Anonymous, Fourth Edition	2001	1939	2018	1000
A New Beginning	1998	1998	5/2011	976
Beyond Our Wildest Dreams	2005	1996		998

Body Image, Relationships, and Sexuality	2020	2020		950
For Today	2013	1982		984
For Today Workbook	2013	2013	5/2021	974
Lifeline Sampler	1995	1985		982
Overeaters Anonymous, Third Edition	2014	1980	2/2021	980
Participants Guide	2020	2020		965
Seeking the Spiritual Path	2007	2007	5/2021	978
Taste of Lifeline	2015	2015		970
Twelve Step Workbook of OA, Third Edition	2021	2014		
Twelve Steps and Twelve Traditions of OA, 2 <sup>nd</sup> Edition	2018	1990		990-2
Voices of Recovery, Second Edition	2022	2002		986
Voices of Recovery Workbook	2013	2012		996