



August 28, 2023

To: Overeaters Anonymous Service Bodies and Conference Delegates  
From: Meg M., Chair, Board of Trustees  
Re: World Service Business Conference 2024

Welcome to our celebration of recovery at the 63<sup>rd</sup> Annual World Service Business Conference (WSBC) of Overeaters Anonymous. We have an exciting lineup of workshops, recovery meetings, and getting-to-know-you events. You'll enjoy many opportunities to gather with your region, meet people from around the world, expand your program knowledge, get new ideas to rev up your recovery, serve on a committee of your choice, and participate in our business meetings. This will be our time to rejuvenate our commitment to our program and invest in the future of OA.

You will be joining awesome delegates, world service staff, volunteers, region chairs, and trustee liaisons. The Conference will be held in Albuquerque, New Mexico at the Albuquerque Marriott Pyramid North from May 7–11, 2024.

Mark your calendar for your days of recovery, renewal, and unity. The theme for this Conference is “We ALL Belong: Welcome to OA!”

Our Lineup this week

- Every day will open with a recovery meeting. (Please note some events below may change times and/or days.)

Date	Day	Topics
7 May	Tuesday	Fun workshop! Check the World Service Business Conference page on the <a href="http://oa.org">oa.org</a> website for details.
8 May	Wednesday	<p>Committee meetings. You will get the enriching opportunity to work with OA fellows from around the world by being a part of <u>one</u> of the following committees:</p> <ul style="list-style-type: none"><li>• Bylaws</li><li>• Conference-Approved Literature</li><li>• Public Information/Professional Outreach</li><li>• Region Chairs (for region chairs only)</li><li>• Twelfth Step Within</li><li>• Unity with Diversity</li><li>• Young People</li></ul> <p>Region Chair's Forum. This exciting workshop, put on by the region chairs, will give us an opportunity to participate in and practice new ways to keep recovery fun and fresh. Don't miss this event—it happens only once a year.</p> <p>“All About Conference” workshop. Take this great opportunity to learn what to do and expect at business meetings. This includes getting more comfortable with parliamentary procedures.</p>

Date	Day	Topics
9 May	Thursday	Business Meetings I and II <ul style="list-style-type: none"> <li>We have a Delegate Binder to use for these meetings.</li> </ul>
10 May	Friday	Business Meetings III and IV <ul style="list-style-type: none"> <li>We have a Delegate Binder to use for these meetings.</li> </ul>
11 May	Saturday	Business Meeting V <ul style="list-style-type: none"> <li>We have a Delegate Binder to use for this meeting.</li> </ul> Board of Trustees meeting <ul style="list-style-type: none"> <li>You will get the chance to see who will be elected as our chair, first vice chair, second vice chair, and treasurer.</li> </ul> Fun and Fellowship. We will gather to celebrate our good work this week and express the joy we have found in fellowship and recovery. <ul style="list-style-type: none"> <li>Delight in an abstinent meal at the banquet (no need to wash dishes).</li> <li>Hear a dynamic speaker.</li> <li>Dance your way to the stars.</li> </ul>

#### Food

- Find your friends and go grocery shopping.
- You're on your own for lunches and dinners.
- Join a fellow or invite a new OA friend to try one of the restaurants nearby.
- The hotel has a restaurant.
- Breakfast is included as part of your hotel stay.
- You can eat the food you bring.

#### Hotel

- The rooms include one or two beds, a bathroom, and a desk area.
- The price of the room includes a breakfast buffet, a refrigerator, internet, and dinner shuttle.

A lot of planning goes into making Conference a great experience for all. Watch for Conference emails from the World Service Office to learn about updates that are being posted on [oa.org](http://oa.org) Events on the World Service Business Conference page.

#### Other Things to Keep in Mind

If this will be your first Conference, you will be known as a Green Dot. You will be paired with a delegate Mentor (a delegate who has been to at least one Conference). This person can answer questions, show you around, and introduce you to some super awesome people. Right away you will be swept into our community of recovery.

#### Business Meetings

We have five separate meetings. They begin Thursday morning and go through Saturday noon. As we get into business, we will delve into transformative discussions and find our group conscience for the future of OA.

- We will learn how many people are in attendance and where everyone traveled from to get here.
- We will meet the trustees who are running for a term as a trustee liaison.

- We will hear committee reports.
- We will get to hear the Serenity Prayer said in different languages.
- We will get to sit with our regions.
- We will get to discuss (pro and con), ask questions, and vote on the motions that came about from our fellows and that were approved through the Agenda Questionnaire process.

This is an action-packed week. You will meet new people and see friends from far away. Some stuff will make sense and some of it will cause you to scratch your head. Some will be fun and energizing and some will be routine. Sometimes it's like a big slumber party—you find another person who is passionate about recovery and talk into the middle of the night. In short, we will go to meetings, conduct business, and then celebrate with a dinner, speaker, and dance.

Overall, you will get to participate in how OA will do business in the future—what we will change, and what we'll do the same. You will be coming as a representative of your service body, and you can make a difference. You will participate in committees and bring forth your ideas and desires for Overeaters Anonymous. This is your chance to be involved and to impact change. Change often doesn't happen overnight, but one thing is for sure: We need all of you to keep Overeaters Anonymous a great place to come home to. Together, we keep the nightlight on for the still-suffering compulsive eater—that's me and you and the newcomer. Be alert, be alive, be abstinent, and bring your voice for getting the word out about our robust community of recovery—from recovery from overeating to recovery from anorexia—Overeaters Anonymous. Welcome home.

In service to OA,  
Meg M.  
Chair, Board of Trustees