



**Board of Trustees (BOT) Meeting  
March 1, 2019  
RECAP**

The following business was adopted at the February 2019 Board of Trustees meeting:

- Seven Suggested Meeting Formats were approved for publication –
  - Recovery from Relapse Meeting Format
  - Young Persons' Meeting Format
  - Generic Meeting Format
  - Telephone Meeting Format
  - Step Study Meeting Format
  - Group Conscience Meeting Format
  - NEW\*\* Reading and Writing Meeting Format
- Agreed to send *Welcome Back: Suggestions for Members in Relapse and for those who Care* forward to the 2019 WSBC.
- Removed the requirement for a physical address in order to register groups and service bodies to better accommodate our virtual community.
- Approved publication of the *Participant Guide*, as a companion to the *Twelve Step Workshop and Study Guide, Second Edition*
- Adopted the new *When Should I Refer Someone to Overeaters Anonymous?* pamphlet, which will replace *Introducing OA to the Clergy and Introducing OA to the Health Care Professional*.
- Adopted a motion to leave the second GST position vacant for the coming year.
- Adopted a motion to increase the suggested donation in meeting formats from USD \$3 to \$5.