The following business was adopted at the February 2019 Board of Trustees meeting:

- Seven Suggested Meeting Formats were approved for publication –
  - Recovery from Relapse Meeting Format
  - Young Persons’ Meeting Format
  - Generic Meeting Format
  - Telephone Meeting Format
  - Step Study Meeting Format
  - Group Conscience Meeting Format
  - NEW** Reading and Writing Meeting Format

- Agreed to send Welcome Back: Suggestions for Members in Relapse and for those who Care forward to the 2019 WSBC.

- Removed the requirement for a physical address in order to register groups and service bodies to better accommodate our virtual community.


- Adopted the new When Should I Refer Someone to Overeaters Anonymous? pamphlet, which will replace Introducing OA to the Clergy and Introducing OA to the Health Care Professional.

- Adopted a motion to leave the second GST position vacant for the coming year.

- Adopted a motion to increase the suggested donation in meeting formats from USD $3 to $5.