Public Information (PI) Resource List

Preparing and Learning PI: For OA Members, Groups, Service Bodies, and PI/PO Committees

Manuals and Handbooks


Guidelines

- *Request to use the OA logo*: [oa.org/documents/](http://oa.org/documents/) under “Copyright Requests”

Skits and Workshops


Documents for use by OA Service Bodies and PI/PO Committees

- Event calendar submission form: [oa.org/documents/](http://oa.org/documents/) under “Events”
- *Request to use the OA logo*: [oa.org/documents/](http://oa.org/documents/) under “Copyright Requests”
- *Public Service Announcements*: [oa.org/documents/](http://oa.org/documents/) under “Public Information Suggestions”

Documents for attracting non-members (for English speakers)

Posters and Attraction Notes

- *Public Information Posters*: [oa.org/documents/](http://oa.org/documents/) under “Public Information Posters”
  - *Eating Out of Control Poster*: four color, 8.5 by 11 inches. Includes interactive space to enter local group information and both a QR code and tear-off tabs for oaquiz.org, which links to the Fifteen Questions online.
  - *Step One Poster*: four color, 8.5 by 11 inches. Includes interactive space to enter local group information and tear-off tabs for oaquiz.org, which links to the Fifteen Questions online.
- **Pizza Poster**: four color, 8.5 by 11 inches. Includes interactive space to enter local group information.
- **Fork Poster**: four color, 8.5 by 11 inches. Includes interactive space to enter local group information.
- **Scale Poster**: four color, 8.5 by 11 inches. Includes interactive space to enter local group information.
- **Refrigerator Poster**: four color, 8.5 x 11 inches. Includes interactive space to enter local group information.
- **15 Questions**: two color, 8.5 by 11 inches.
- **How to Contact OA**: two color, 11 by 8.5 inches. Includes space for local group information.
- **Is Food a Problem for You?**: two color, 11 by 6.5 inches. Includes space for local group information.
- **Many Symptoms, One Solution**: two color, 8.5 by 11 inches.

- **OA's Public Information Poster (#759)**, winner of OA's first PI Poster Contest: [bookstore.oa.org](http://bookstore.oa.org)

- **Bulletin board Attraction Sticky Notes (#440W)**: [bookstore.oa.org](http://bookstore.oa.org)

**PI Pamphlets and Kits**

- **For the Professional**: [oa.org/site-map/](http://oa.org/site-map/) under “For the Professional”
- **Membership Survey Report**: [oa.org/documents/](http://oa.org/documents/) under “Professional Outreach”
- **OA Press Kit**: [oa.org/documents/](http://oa.org/documents/) under “Professional Outreach”
- **Is Food a Problem for You?**: [oa.org/documents/](http://oa.org/documents/) under “Discontinued Literature”
- **Compulsive Overeating: An Inside View**: [oa.org/documents/](http://oa.org/documents/) under “Family and Friends”
- **Professional Community Courier**: [oa.org/documents/](http://oa.org/documents/) under “Courier Newsletter”
- **Supporting Young Persons**: [oa.org/site-map/](http://oa.org/site-map/) under “Supporting Young Persons”
- **To Parents and Concerned Adults (#250)**: [bookstore.oa.org](http://bookstore.oa.org)
- **To the Teen (#280)**: [bookstore.oa.org](http://bookstore.oa.org)
- **A Plan of Eating (#106)**: [bookstore.oa.org](http://bookstore.oa.org)
- **When Should I Refer Someone to Overeaters Anonymous? (#770)**: [bookstore.oa.org](http://bookstore.oa.org)

**PI Podcasts (for English, French, and Spanish speakers)**

- **Introducing OA**: [oa.org/podcasts/](http://oa.org/podcasts/) under “Sound Bites from Overeaters Anonymous”
- **Hearing is Believing—OA Members Speak**: [oa.org/podcasts/](http://oa.org/podcasts/) under “Interviews, Readings, and Meetings”
- **Welcome Home**: [oa.org/podcasts/](http://oa.org/podcasts/) under “Interviews, Readings, and Meetings”
- **Interview with Charles (men)**: [oa.org/podcasts/](http://oa.org/podcasts/) under “Interviews, Readings, and Meetings”
- **Interview with Bob (men)**: [oa.org/podcasts/](http://oa.org/podcasts/) under “Interviews, Readings, and Meetings”
- **To the Man Who Wants to Stop Compulsive Eating, Welcome**: [oa.org/podcasts/](http://oa.org/podcasts/) under “Interviews, Readings, and Meetings”
- **Interview with Dodie (women)**: [oa.org/podcasts/](http://oa.org/podcasts/) under “Interviews, Readings, and Meetings”
- **Interview with Mary (women)**: [oa.org/podcasts/](http://oa.org/podcasts/) under “Interviews, Readings, and Meetings”
- **Interview with Kaitlin (young persons)**: [oa.org/podcasts/](http://oa.org/podcasts/) under “Interviews, Readings, and Meetings”
- **To the Teen**: [oa.org/podcasts/](http://oa.org/podcasts/) under “Interviews, Readings, and Meetings”
- **How and Why does a 12-Step Program Work for Compulsive Eating?**: [oa.org/podcasts/](http://oa.org/podcasts/) under “Sound Bites from Overeaters Anonymous”
- **A Plan of Eating**: [oa.org/podcasts/](http://oa.org/podcasts/) under “Sound Bites from Overeaters Anonymous”
- **OA’s Nine Tools of Recovery**: [oa.org/podcasts/](http://oa.org/podcasts/) under “Sound Bites from Overeaters Anonymous”
- **Keeping Your Eating Sane During the Holiday Season**: [oa.org/podcasts/](http://oa.org/podcasts/) under “Sound Bites from Overeaters Anonymous”
- **100+ Pounds to Lose**: [oa.org/podcasts/](http://oa.org/podcasts/) under “Sound Bites from Overeaters Anonymous”
- **The Steps of the OA Program**: [oa.org/podcasts/](http://oa.org/podcasts/) under “Sound Bites from Overeaters Anonymous”
- **Physical Recovery**: [oa.org/podcasts/](http://oa.org/podcasts/) under “Sound Bites from Overeaters Anonymous”
• Emotional Recovery: oa.org/podcasts/ under “Sound Bites from Overeaters Anonymous”
• Spiritual Recovery: oa.org/podcasts/ under “Sound Bites from Overeaters Anonymous”
• “Hi, my name is ...”: oa.org/podcasts/ under “Sound Bites from Overeaters Anonymous”
• “In All Our Affairs”: oa.org/podcasts/ under “Sound Bites from Overeaters Anonymous”
• New Year’s Resolutions: oa.org/podcasts/ under “Sound Bites from Overeaters Anonymous”
• Ways OA Can Help: oa.org/podcasts/ under “Interviews, Readings, and Meetings”
• Interview with Alison (French): oa.org/podcasts/ under “Interviews, Readings, and Meetings”

Facebook

• Overeaters Anonymous Facebook: www.facebook.com/overeatersanonymousofficial/
• Overeaters Anonymous Young Persons Facebook: www.facebook.com/OAinfo/