

# Sponsorship Success

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This podcast series is taken from the OA “Sponsorship Success” marathon on March 12, 2017. OA members from various regions share their experience on a variety of topics related to sponsorship. Each speaker also presents two questions, along with the topic, to use for writing exercises, discussion, or meditation.

1. What is a sponsor?
  - Does your sponsor fit the description on page 18 of *Alcoholics Anonymous, Fourth Edition* (Big Book)?
  - What tasks does your sponsor request of you, and do you comply with those requests?
  
2. Why should you get a sponsor, and how can you get a sponsor?
  - What is your greatest fear about getting a sponsor?
  - Is it okay to ask others how they got their sponsors?
  
3. Why be a sponsor? Why be a sponsee?
  - What would your recovery look like without a sponsor and/or sponsees?
  - If you do not currently have a sponsor, what can you tell that voice in your head that says you don't need one?
  
4. When can you start sponsoring? When can you start being sponsored?
  - How do I know if I'm ready to sponsor?
  - How many sponsees should I have?
  
5. What are the sponsorship job descriptions—from sponsor to sponsee and back?
  - Do you take time out from your job for meals and quiet time?
  - Have you had on-the-job training?
  
6. How can you break down the barriers for both parties?
  - What is your biggest barrier to becoming a sponsor?
  - What is your biggest barrier to getting a sponsor?
  
7. What are some different sponsoring styles.
  - What approach works best for you—strict or easygoing?
  - What techniques does your sponsor use that you find helpful, and why?
  
8. How do you work the Twelve Steps with a sponsee?
  - What approach did your sponsor take to working the Steps that was especially helpful to you?
  - How has going through the Steps with a sponsee helped you?
  
9. How do you work the Twelve Traditions with a sponsee?
  - How do you apply the Traditions to your family and friends?
  - How do you take the Traditions with you in all your daily life activities?