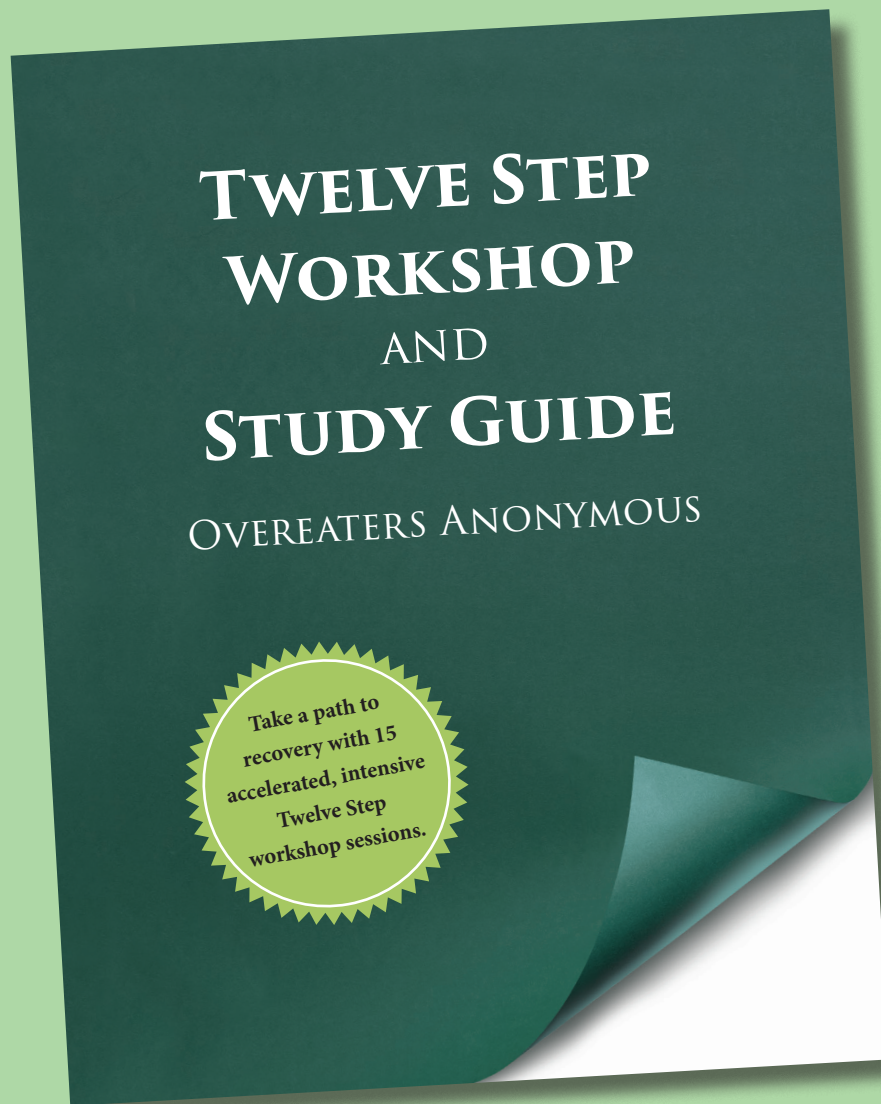


STEP WORK. ACCELERATED.



Everything you need to lead a journey through the Steps, including leader scripts, Fourth Step inventory worksheets, and hand-selected references from OA-approved literature is included. Use it to lead a group of OA members or one-on-one with your sponsees. Together, you can discover proven ways to incorporate the Twelve Steps of Overeaters Anonymous into a way of living—and a life beyond our wildest dreams.

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