# Translated Literature March 2016

This list is provided to inform members which OA literature has been translated, in which languages. Please note that the OA WSO is not able to supply copies of this translated literature. Please contact the service body concerned for information regarding supply of specific documents.

P = Translation Complete and Published

W = Translation is Work In Progress

X = Item is listed on the *Abstinence Literature Resource Guide* https://oa.org/files/pdf/abstinence_lit_guide.pdf

| Ref No. | | Publication Title | Abst Lit Guide | English | Africans | Arabic | Danish | Dutch | Estonian | Farsi | Finnish | Flemish | French | German | Greek | Hebrew | Hungarian | Italian | Icelandic | Latvian | Lithuanian | Luxembourish | Norwegian | Persian | Polish | Portuguese | Russian | Slovenian | Spanish | Swedish | Turkish | Chinese | Korean | Japanese |
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| 1000 | | Alcoholics Anonymous, 4th ed. (Big Book) | | P | | P | P | P | | | P | | P | P | P | P | P | P | | | | | P | P | P | P | P | | P | P | P | | | P |
| | | **Recommendations from the Translations Guidelines for OA Literature** | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 751 | | About OA | | P | | P | | P | | | P | P | P | | P | P | | | | | P | | | | | P | P | | P | P | | W | W | P |
| 141 | | A Commitment to Abstinence | X | P | P | | | P | | | P | | P | P | P | P | | | P | | P | | | P | | P | | | P | | | W | | P |
| 145 | | A Plan of Eating | X | P | | P | | P | | | | | P | P | P | P | P | P | | | P | | | | | P | | | P | | | W | W | |
| 130 | | A Program of Recovery | | P | P | | | | | | P | P | P | P | P | P | | | P | | P | | | P | P | P | | | P | | | | | P |
| 200 | | A Guide for Sponsors | | P | | | | P | | | | | P | P | P | P | | P | | | | | | | | P | | | P | | | | | |
| 140 | Leaflets | Dignity of Choice | X | P | P | | | P | | | | | P | | P | P | | | W | | P | | | | | | P | | P | | | W | | |
| 750 | Leaflets | Is Food a Problem for You? | X | P | | | | P | | | | | | | P | W | | | | | P | | | | | | W | | | | | W | | |
| 740 | Leaflets | Newcomers Meetings - Guide for Leading | | P | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 435 | Leaflets | Pocket Reference for OA Members (includes Our Invitation to You) | | P | | | | | | | | | P | | | | | | P | | | | | | | P | | | P | | | | | |
| 170 | Leaflets | Questions and Answers | X | P | P | | | P | | | P | P | P | P | P | P | | | P | | | | | | P | P | | | P | | | | | |
| 160 | Leaflets | The Tools of Recovery | X | P | | P | | P | | | P | P | P | P | P | P | | | P | | | | | | | P | P | | P | | | W | P | |
| 270 | Leaflets | To the Newcomer | | P | P | P | | P | | | P | P | P | P | | P | | | | | | | | | P | P | W | | P | | P | | | |
| 990 | Books | The Twelve Steps and Twelve Traditions of Overeaters Anonymous (book) | X | P | | P | P | P | | | P | | P | P | | P | | | | | | | P | P | P | P | P | | P | | | W | P | |
| 984 | Books | For Today (book) | | P | | | | | | | | | P | P | P | P | | | | | | | | | P | P | P | | P | | | | P | |
| 986 | Books | Voices of Recovery (book) | | P | | | | | | | | | P | | P | P | | | | | | | | | | P | W | | P | | | | | |
| 980 | Books | Overeaters Anonymous, 2nd ed. (book) | | P | | | | | | | | | P | P | P | P | | P | | | | | | | P | | P | | P | | | | | |
| 980 | Books | Overeaters Anonymous, 3rd ed. (book) | X | P | | | | | | | | | | | W | | | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | **Recommendations listed on the Abstinence Literature Resource Guide (i.e. in addition to those marked X above)** | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 150 | Leaflets | Before You Take That First Compulsive Bite, Remember… | X | P | P | | | | | | | | P | P | P | P | P | P | P | | | | | | | P | W | | P | | P | | | |
| 310 | Leaflets | Maintaining a Healthy Weight | X | P | | | | | | | | | P | | P | | | P | | | | | | | | P | | | P | | | | | |
| 106 | Leaflets | Many Symptoms, One Solution | X | P | | | | | | | | | P | P | | P | | P | | | | | | | P | P | | | P | | | | P | |
| 109 | Leaflets | Think First | X | P | | | | | | | P | P | P | P | P | | | P | | | | | | | | | | | P | | | | | |
| 400 | Leaflets | Members in Relapse | X | P | | | | | | | | | P | P | P | | | P | | | | | | | | P | | | P | | | | | |
| 105 | Leaflets | Recovery Checklist | X | P | | | | | | | | | P | P | P | P | | P | | | | | P | | | P | | | P | | | | | |
| 190 | Leaflets | Welcome Back | X | P | | | | | | | | | P | P | | P | | P | | | | | | | | P | | | P | | | | | |
| 415 | Leaflets | Strong Abstinence Checklist and Writing Exercise (wallet card) | X | P | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 994 | | Abstinence, 2nd ed. (book) | X | P | | | | | | | | | P | | P | P | | P | | | | | | | P | P | P | | P | | | | | |
| | | "The Doctors Opinion" from Alcoholics Anonymous, 4th ed. (refer above 1000) | X | P | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| | | **Other OA Literature & Resources** | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 437 | | I Put My Hand in Yours (wallet card) | | P | | | | | | | | | P | | P | | | | | | | | | | P | | | P | P | | | | | |
| 410 | | Just for Today (wallet card) | | P | | P | | | | | | | P | P | | P | | | | | | | | | P | P | | P | P | P | | | P | |
| 430 | | One Day at a Time (wallet card) | | P | | | | | | | | | | | | | | | | | | | | | P | | | P | | | | | | |
| 220 | | Sponsoring Through The Twelve Steps | | P | P | | | | | | | | | P | P | P | | P | | | | | | | | | | P | | | | | | |
| 265 | | A Common Solution: Diversity and Recovery | | P | | | | | | | | | P | | P | | | | | | | | | | | | | | | | | | | |
| 195 | | What If I Don't Believe in "God" | | P | | | | P | | | | | P | P | | P | | P | | | | | | | P | P | | | P | | | | | |
| 180 | | If God Spoke to OA | | P | | | | P | | | | | P | P | P | P | | | | | | | | | | P | | | P | | | | | |
| 110 | | OA Members Come in All Sizes | | P | | | | | | | | | P | P | P | P | | | | | | | | | | | | | P | | | | | |
| 285 | | Black OA Members Share Their Experience, Strength and Hope | | P | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 240 | | To the Family of the Compulsive Overeater | | P | | | | P | | | | | P | P | P | | | P | | | | | | | | | | | P | | | | | |
| 280 | | To the Teen | | P | | | | | | | | | P | P | | | | P | | | | | | P | | P | | | P | | | | | |
| 290 | | To the Man Who Wants to Stop Compulsive Overeating, Welcome | | P | | | | | | | | | | | | | | P | | | | | | | | P | | | P | | | | | |
| 757 | | Treatment and Beyond | | P | | | | | | | | | P | | | | | | | | | | | | | | | | | | | | | |
| 491 | | Fourth-Step Inventory Guide | | P | P | | | | | | | | P | P | P | | | | | | | | | | | | | | P | | | | | |
| 710 | Packs | Newcomer Packet | | P | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 210 | Packs | Sponsorship Kit | | P | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 721 | Packs | Welcome Back, We Care! Packet | | P | | | | | | | | | P | | | | | | | | | | | | | P | | | | | | | | |
| 725 | Packs | Focus on Anorexia and Bulimia Packet | | P | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 735 | Packs | Young Persons Packet | | P | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 230 | | Twelve Traditions of OA Service | | P | | P | | | | | | P | P | P | P | | | P | | | | | | | | | | P | | | | | | |
| 330 | | Twelve Concepts of OA Service | | P | | | | | | | | | P | | P | | | P | | | | | | | | | | P | | | | | | |
| 730 | | New Group Starter Kit | | P | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 740 | | Newcomer Meeting Leaders Kit | | P | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 120 | | OA Handbook For Members, Groups, and Service Bodies | | P | | | | | | | | | P | P | P | | | | | | | | | | | P | | | P | | | | | |
| 485 | | Twelfth Step Within Handbook | | P | | | | | | | | | P | | P | P | | P | | | | | | | | P | | | P | | | | | |
| 802 | | Seventh Tradition of OA | | P | | | | P | | | | | P | | P | | | | | | | | | | | P | | | P | | | | | |
| 390 | | Anonymity | | P | P | | | | | | | | P | | P | P | | P | | | | | | | | P | | | P | | | | | |
| 490 | | I Put My Hand in Yours (Red Book) | | P | | | | | | | | | P | | | | | | | | | | | | | | | | P | | | | | |
| 762 | | Public Information Service Manual | | P | | | | | | | | | | P | | | | | | | | | | | | | | | P | | | | | |
| 772 | | Professional Outreach Manual | | P | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 773 | | Service, Traditions and Concepts Manual | | P | | | | | | | | | | P | | | | | | | | | | | | | | | P | | | | | |
| 821 | | *Lifeline* Writers Guidelines | | P | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 320 | Public Information | Compulsive Overeating: An Inside View | | P | | | | P | | | | | P | P | | P | | | | | | | | | | | | | P | | | | | |
| 755 | Public Information | Fifteen Questions | | P | | | | P | | | | | P | P | P | P | P | | | | P | | | | | P | | | P | P | | | | |
| 753 | Public Information | Introducing OA to Health Care Professionals | | P | | | | | | | | | P | | P | P | | P | | | | | | | | P | P | | P | P | | | | |
| 780 | Public Information | Introducing OA to the Clergy | | P | | | | | | | | | | P | | | | P | | | | | | | | | | | P | | | | | |
| 756 | Public Information | To the Teen questionnaire | | P | | | | | | | | | P | | | | | | | | | | | | | P | | | | | | | | |
| 440 | Public Information | Bulletin Board Attraction Card | | P | | | | | | | | | P | | | | P | | | | | | | | | | | | P | | | | P | |
| 450 | Public Information | New Prospect Card | | P | | | | | | | | | P | | | | P | | | | | | | | | | | | | | | | | |
| 250 | Public Information | To Parents and Concerned Adults | | P | | | | | | | | | | | | | | P | | | | | | | | | | | P | | | | | |
| 752 | Public Information | Professional Community Courier newsletter | | P | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 870 | Public Information | Professional Presentation Folder | | P | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 102 | Public Information | Membership Survey Report | | P | | | | | | | | | | | | | | | | | | | | | | | | | P | | | | | |
| 992 | Books | The Twelve Steps Workbook | | P | | | | | | | | | P | P | P | P | | | | | | | P | | P | | | P | P | | | | | |
| 974 | Books | For Today Workbook | | P | | | | | | | | | | | P | P | | | | | | | | | | | | | P | | | | | |
| 996 | Books | Voices of Recovery Workbook | | P | | | | | | | | | | | P | | | | | | | | | | | | | | | | | | | |
| 976 | Books | A New Beginning: Stories of Recovery from Relapse | | P | | | | | | | | | P | P | P | P | | P | | | | | | | P | | | P | | | | | |
| 978 | Books | Seeking the Spiritual Path: A Collection from Lifeline | | P | | | | | | | | | | | P | P | | | | | | | | | | | | | P | | | | | |
| 982 | Books | Lifeline Sampler | | P | | | | | | | | | | | | | | | | | | | | | | | | | P | | | | | |
| 998 | Books | Beyond Our Wildest Dreams | | P | | | | | | | | | P | | P | | | | | | | | | | | P | | | P | | | | | |
| Regional Lit | | Daily Journal (10th Step Workbook ) | | P | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| | | Lifeline (subscription magazine) | | P | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| | | **Audio-Visual Products** | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | "And Now a Word from Our Founder…" | | P | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | "OA-It Works" | | P | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | The Twelve Traditions of Overeaters Anonymous | | P | | | | | | | P | | | | | | | | | | | | | | | | | | | | | | | |
| | | When to Say When | | P | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | Many Symptoms, the OA Solution (TV PSA) | | P | | | | | | | | | P | | P | | | | | | | | | | | | | | | | | | | |
| | | Start Living the Life you Deserve (radio PSA) | | P | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |