Ten Motions and Bylaws Amendments Up for Vote at WSBC

World Service Business Conference 2017 will be held May 1–6 at Embassy Suites Albuquerque Hotel and Spa. This year’s Conference theme is “Growing OA Unity Worldwide.” The theme focuses on our Strategic Plan for 2017, and Conference workshops will focus on OA unity.

Training for New and Returning Delegates
Again this year, WSBC will offer the workshop “All about Conference” to educate delegates about the parliamentary procedure used to conduct the business of WSBC. First-time delegates (also known as “green dots”) will receive additional support via the Mentor Program, which offers several opportunities for green dots to meet with seasoned mentors to discuss Conference procedures and have their questions answered.

New Conference Documents
The second Conference e-mailing was posted to the WSBC page on oa.org on January 10, 2017, and includes both the agenda questionnaire and the motions and bylaw amendments listed below, which were submitted by the December 10, 2016, postmark deadline:

- Revise or rescind the email loop policy
- Create a statement on copyright and ownership of creative works
- Create a tenth Tool: mindfulness
- Revise the Unity with Diversity policy to recognize the importance of using a meeting format that includes the OA Preamble, the Twelve Steps, and the Twelve Traditions
- Revise the motions submission requirements to include an explanation of how the motion will help carry the message of recovery
- Create a special fund for translations

Send by March 31, 2017 to qualify

OA Contest: Submit a Public Information Poster Idea

The board Public Awareness Committee is hosting a contest to design OA’s next public information poster. The winning design will be professionally printed and sold in the OA bookstore later this year.

OA members and registered groups and service bodies are eligible to participate. The winner will receive twenty complimentary copies of the new poster.

The submission deadline is March 31, 2017, and the committee will accept anything from ideas drawn on a napkin to those laid out with professional software. Ideas can be submitted in any language, but should include an English translation. What matters most is the idea is clear and legible.

Submissions must be accompanied by a release form. To read more about the contest rules and obtain a release form, see the flyer in this issue of A Step Ahead or go to oa.org/files/pdf/release-form.pdf.
For fifty-one years, *Lifeline* magazine has been OA’s “meeting on the go,” uniting OA members, first in the USA and then around the world, through printed pages of experience, strength, and hope. In 1999, *Lifeline* branched into digital publication with the launch of *Lifeline On-line* (later renamed *e-Lifeline*), a PDF version of our magazine, which from 2010–15 was supplemented by *Lifeline Weekly*, a one-page dose of *Lifeline* delivered by email.

With the 2017 New Year, *Lifeline* has taken a giant leap forward onto a new online platform: *OAlifeline.org* is the new online home for our magazine, and you can sign up today and read it in any of more than one hundred languages. (Look for the “Translate” button.)

Currently, OAlifeline.org includes every *Lifeline* magazine story published since January 2016—more than two hundred stories. New stories will be added with the publication of each print issue of *Lifeline*. A one-year subscription to OAlifeline.org is US$23.

“OAlifeline.org is the new online home for *Lifeline* magazine, and you can sign up today and read it in any of more than one hundred languages.”

Print subscriptions for one, two, or three years continue to be available for purchase starting at US$23.

Visit [oa.org/members/lifeline-magazine](http://oa.org/members/lifeline-magazine) to subscribe either to the print version of *Lifeline* or to OAlifeline.org.

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**OA’s Official Social Media Page: More Likes = More Attraction**

Spread the word: OA’s official social media page needs your “likes” to help reach out to the still-suffering compulsive eater. The approval of OA’s Statement on Public Media Policy (see right) by the delegates of WSBC 2016 paved the way for OA groups and service bodies to carry the message of recovery through social media. In January 2017, Overeaters Anonymous, Inc. launched its official page on Facebook. The new page will be used to attract still-suffering compulsive eaters to OA and give our Fellowship another resource to learn about program news and recovery.

Find our page by going to facebook.com and searching *OvereatersAnonymousOfficial* in the Facebook search bar.

One small service that anyone with a Facebook account can give is to “like” OA’s official page. (When you like the page, your name will not show up on the OA page.) More likes will raise the profile of our official page, making it easier to find when compulsive overeaters search for a solution.

To preserve our Twelfth Tradition of personal anonymity, please do not like or comment on individual posts. OA only accepts comments from registered groups and service bodies.

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**Overeaters Anonymous Statement on Public Media Policy**

While Overeaters Anonymous has no opinion on outside issues, including social media, the delegates of the 2016 World Service Business Conference recommend that any OA member, group, or service body using social media for OA public information and public awareness maintain the personal anonymity of OA members.

Members of Overeaters Anonymous are anonymous. The Fellowship is not. Members of Overeaters Anonymous using social media are responsible for maintaining their own personal anonymity and respecting the anonymity of other OA members.
A New Strategic Focus on Worldwide Unity
— Karen C., Chair of the Board of Trustees

We are an international organization, embracing all the world of compulsive overeating. We have language, cultural, religious, spiritual, and economic differences, but what we share is the disease of compulsive eating however it may manifest itself.

In September 2016, the Board of Trustees and region chairs met at the World Service Convention to begin creating a new OA Strategic Plan for 2017–2019 and determined that the focus for 2017 is actions required to grow OA unity worldwide.

The board met again in November to brainstorm what actions could be taken to achieve greater OA unity by creating a “growing unity” program. As a result, the board and region chairs will be working in subcommittees on three tasks this coming year: The first committee will focus on writing *Lifeline* articles on the theme “Being a Piece of the OA Puzzle.” The second committee will concentrate on creating downloadable workshops to support growing OA unity, and post these workshops on the OA website as a resource for service bodies and groups. The third committee will concentrate on writing a second series of *Lifeline* articles co-written by pairs of members who have different symptoms but share our unifying disease.

In 2017, our worldwide theme is unity. Our differences are not what bring us together; instead it is our collective desire to reach out to the still-suffering compulsive overeater inside and outside the rooms of OA. It is important to acknowledge that we are all rooted in the OA Twelve Steps, honor the OA Twelve Traditions, practice the Twelve Concepts of OA Service, and live by the OA Principles.

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**OVEREATERS ANONYMOUS POLICY STATEMENTS RELATED TO UNITY WITH DIVERSITY**

1992a (amended 2013) The following policy statement was adopted:

“Unity with Diversity” Policy

THE FELLOWSHIP encourages and promotes acceptance and inclusivity. All are welcome to join OA and are not excluded because of race, creed, nationality, religion, gender identity, sexual orientation or any other trait. We welcome all who share our compulsion.

THE FELLOWSHIP of Overeaters Anonymous recognizes the existence of individual approaches and different structured concepts to working our Twelve-Step program of recovery; that the Fellowship is united by our disease and our common purpose; and that individual differences in approach to recovery within our Fellowship need not divide us.

THE FELLOWSHIP respects the rights of individuals, groups and service bodies to follow a particular concept of recovery within Overeaters Anonymous and encourages each member, group and service body to also respect those rights as they extend the embracing hand of Fellowship to those who still suffer.

THE FELLOWSHIP encourages each duly registered group and service body to affirm and maintain the Twelve Traditions of Overeaters Anonymous by allowing any member to share his or her experience, strength and hope in meetings regardless of the individual approach or specific concept that member may follow. Duly registered is defined as being in full compliance with Bylaws, Subpart B, Article V.

— *OA Business Conference Policy Manual*

1994b (Amended 2008) The following policy statement was adopted:

The Fellowship of Overeaters Anonymous recognizes the existence of special focus meetings (i.e., gay and lesbian meetings, women’s meetings, men’s meetings, 100-pounders, main-tainers, old timers, and people of various cultural backgrounds, etc.), which have been formed of persons who can more readily identify with fellow OAers with similar attributes. According to the Traditions, bylaws and policies of OA, the only requirement for membership is the desire to stop eating compulsively. We ask each person attending a meeting to respect and consider the group conscience. All registered meetings shall welcome and give a voice to any person who has the desire to stop eating compulsively.

— *OA Business Conference Policy Manual*
“Eighteen intergroups and service boards received full or partial funding to attend WSBC 2017.”

Delegate Support Funds Have Already Improved WSBC 2017
— Tina C., General Service Trustee, Treasurer

The 2017 World Service Business Conference will be held May 1–6, 2017 in Albuquerque, New Mexico, USA. Intergroups and service boards from all regions are able to apply for assistance to send delegates to WSBC through the Delegate Support Fund.

The Delegate Support Fund Committee was formed to administer the funds that, as per WSBC Policy 1993c (revised 1994, 2001, 2002, 2012, and 2014), help pay for costs incurred by delegates who attend WSBC. The policy states that delegates selected to receive financial support will be from OA intergroups and service boards in all regions and virtual services.

In the spirit of unity, service bodies are encouraged to send delegates to our annual WSBC, and it is critically important for the strength of OA worldwide that the voice of OA’s entire Fellowship is heard at Conference. Decisions affecting OA for years to come are made each year, and input is needed from all intergroups and service boards so that these decisions truly represent OA as a whole.

Intergroups and service boards had until November 1, 2016 to apply for funds to attend WSBC 2017. Applications were reviewed and the decisions were made at the November Delegate Support Fund Allocation Committee Meeting. Participating in the meeting were the trustees of virtual services and each region that requested funds, as well as the board treasurer, who serves as chair.

This year, $22,351.85 was available in funding. Priority was given to those intergroups and service boards that had not been able to send delegates to previous Conferences. Eighteen intergroups and service boards received full or partial funding to attend WSBC 2017.

OA Thessaloniki, Greece, received first priority, since it had never sent a delegate to WSBC before! Some of the other groups awarded funding include Anchorage, Alaska Intergroup (USA); BSNOA (France); Israel National Service Board; Nova Scotia Intergroup (Canada); Tidewater Intergroup (Virginia USA); Intergroupe OA Français de L’Outaouais (Canada); 712 Virtual Service Board of OA; Gauteng Intergroup (South Africa); NYS Capital District (New York USA); and Austria Intergroup (Austria).

Our Seventh Tradition support of these eighteen delegates from six different regions and virtual service boards fulfills the purpose of the Delegate Support Fund: to bring as many delegates to Conference as possible. In this way, WSBC 2017 will have a truer group conscience when considering the business and future of OA.

OA Literature Grew in Four Languages in 2016
— Stella C., International Publications and Translations Committee Chair

OA members who speak Spanish, Greek, Norwegian, and a “newcomer” language, Korean, all benefited from International Publications and Translations Committee funding in 2016. US$9,800 was awarded in total to help complete translations of a wide range of OA books, pamphlets, and other resources. Service board recipients were IG Esperanza Venezuela, IG Oslo, National Service Board OA of Greece, and South Korea Intergroup.

Awarded funds can create momentum to translate even more literature into a given language, since language boards and smaller service bodies offering a decent supply of OA literature give local members a vision that all OA literature should be translated and available. Many thanks to OA members who continue to give service in support of these visions for OA worldwide.

Translation Funds: Apply by February 1

Did you know that translation of OA literature has a direct effect on the number of meetings available in a given language? More translations equals more meetings, and more meetings mean more recovery and hope for still-suffering compulsive eaters around the globe. To help, OA makes funds available to intergroups and service boards who translate OA literature.

Download the application for funds from the Literature Translations page on the OA website and send your completed application to the World Service Office before February 1, 2017, by email, fax, or mail. Applications will be reviewed and funds allocated at the Board of Trustees meeting in late February. Recipients will need to create and use the online payment system specified in the application to receive funds.

To learn more about OA’s translation policies, see Translation Guidelines for OA Literature or go to Literature Translations on the Groups/Services Bodies Guidelines page.

New Service Bodies

Congratulations and welcome to four new OA service bodies registered with the World Service Office:

Seaway Intergroup
Brockville, Ontario, Canada
Registered October 16, 2016

South Korea Intergroup
Seoul, South Korea
Registered November 3, 2016

Alaska Intergroup
Palmer, Alaska USA
Registered November 11, 2016

Intergroupe Vale Do Paraiba
Taubate, Brazil
Registered November 14, 2016
Carry the Message to Health Professionals: Apply for Professional Exhibit Funds

—Barbara B., Professional Tradeshows Committee Chair

The Professional Exhibits Fund was created in 2005 to help service bodies exhibit at health-related professional conferences and conventions that might otherwise be too costly. Professionals who may refer their patients and clients to OA, such as doctors, nurses, and nutritionists, attend these events.

The fund is supported by designated contributions from OA members and service bodies. In 2016, the Professional Tradeshows Committee approved a total allocation of US$3,876.75 to four service bodies that applied for assistance to carry the message at the following events:

- National Psychopharmacology Conference in Las Vegas, Nevada USA
- Pre-Med Canada Conference in Toronto, Ontario, Canada
- Primary Care Conference in Birmingham, United Kingdom
- New Mexico Academy of Family Physicians in Taos, New Mexico USA

Currently $4,939 is available in the Professional Exhibits Fund, so watch for conferences, tradeshows, and similar events in your area where OA could exhibit. Discuss these opportunities with your intergroup, service board, or region, and if your service body needs funds to help with exhibit expenses, download the Professional Exhibits Fund application found under “Service Body Support” on the Documents page at oa.org. Applications are reviewed monthly.

Participating in a conference or convention also strengthens individual recovery by providing new service opportunities, such as creating attractive display booths and talking to as many referring professionals as possible. Overall, service body feedback has been very positive.

The Professional Exhibits Fund needs your contributions to continue carrying the message. Please consider donating by selecting the Professional Exhibits Fund from the designation menu at oa.org/contribute.

Is Your Group’s Literature Up-to-Date?

OA literature changes over time to reflect the group conscience of OA. In fact, literature changes are subject to the vote of more than two hundred service body delegates at each World Service Business Conference. Stocking your literature table with the most current, OA-approved literature gives newcomers and other OA members the best information about OA and the best opportunities for recovery.

How do you know if your books and pamphlets are current? Look for the OA Literature List by Copyright Date/Revision Date on oa.org (look on the Documents page under “Literature”) to check for newly available publications and find the latest revision dates of popular items. (This list is updated when each revision is published, so check back periodically as part of your service.) Some new and newly revised titles include: Twelve Step Workshops and Study Guide (#960), What If I Don’t Believe in “God?” (#195), Twelve Traditions Pocket Guide (#445), and Is Food a Problem for You? (#750).

Send Us Your Stories! The next deadlines for Lifeline are:

March 15
Generally Speaking
Write on any topic that is meaningful to you.

April 15
Let’s Share a Laugh
What’s your funniest OA story? Was there a time in recovery when you had to laugh at yourself? Was there a time when you chose to laugh instead of cry? What role does laughter play in recovery?

Pets and Recovery
How can a pet be a compulsive eater’s best friend in abstinence and recovery? How does your pet help you work the Steps, Traditions, or Tools or keep you from isolating? Pet photos welcome!

Why I Keep Coming Back
What do you find in OA that you can’t find anywhere else? What thoughts and feelings keep you coming back? Has the decision to come back ever saved you from replase or a slip or even saved your life? Is coming back habitual or do you have to commit every time? How do you come back when you don’t feel like it?

For more information about sending stories on these topics or other submissions, refer to the July 2016 Lifeline or click the “Lifeline Magazine” button on oa.org.

Ask-It Basket

Q Regarding anonymity, a question was raised at my home meeting about using email addresses that contain last names. Are these types of emails okay, especially when doing public information or professional outreach work?

A Each member of OA has a right to make his or her membership known. This should be done with members’ full knowledge, of course, so it is best to make sure members are aware that their names are revealed by the email address.

It is often necessary to use full names when doing service work. If an email address is being used in a public forum, such as on an event flyer, it is wise to use an email address that does not disclose the owner’s full name.

Send your questions about the Traditions or other OA business to info@oa.org and get a response from members of the OA Board of Trustees. Or, see the Ask-It Basket archive or the 2016 WSBC Ask-It Basket Q&A on oa.org.
OA Virtual Services recently completed its 2016 series of Second Sunday virtual workshops on “Service and My Recovery.” Twelve podcasts created from this series are now posted at oa.org/podcasts.

Each month, a live, phone-in workshop featured two speakers who shared their OA stories and discussed how they used two spiritual Principles in both service and life. For example, in the third month (March), speakers discussed “identity” and “truth,” which are the respective spiritual Principles of the Third Tradition and the Third Concept of OA Service. After the speakers shared, members were encouraged to share, and the speakers offered thought-provoking questions to get the sharing started.

For the past four years, Second Sunday workshops have been recorded and made into OA podcasts. Collectively, podcasts resulting from the workshops were viewed and clicked on more than 12,000 times in one month alone! That’s a big bang for our workshop buck. Many thanks to OA members, region chairs, and trustees who took the time to share their experience, strength, and hope in these virtual workshops.

The Second Sunday workshops also created big benefits on a smaller scale. Participating in the “step zero” workshop of the 2015 “The Importance of Working All Twelve Steps” series allowed me to meet a young woman who became my sponsee. Since then, we have developed a relationship that nurtures and supports us both. Watching her work the Steps, get involved in service, stay abstinent during the death and mourning of her mother, and get to a healthy body size has been a great pleasure. She is someone I would never have met except through these workshops.

In 2017, OA Virtual Services is taking a break from producing Second Sunday virtual workshops. Notices will be sent when new virtual workshops are scheduled.

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**OA Podcast Series at oa.org/podcasts**

- “Service and My Recovery”  
  Twelve Podcasts  
  More Than Nine Hours

- “The Importance of Working All Twelve Steps”  
  Thirteen Podcasts  
  Ten Hours

- “OA Literature: the Heart and Soul of OA”  
  Twelve Podcasts  
  More Than Five Hours

- “Our Primary Purpose”  
  Twelve Podcasts  
  More Than Five Hours Total

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**OA EVENT DAYS**

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| **OA Birthday**        | **60 Years!**         | **Saturday**  
  **January 21, 2017**  | 11:30 a.m. PST       |
| **Unity Day**          | **Saturday**         | **February 25, 2017**  
  **11:30 a.m. PST**     |

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**What’s New from WSO**

**Professional Community Courier 2017 Issue**

The Professional Community Courier is an annual OA publication written by health care professionals to encourage other health care providers to refer their patients and clients to OA. You can carry this message! Give your doctor, dentist, or therapist our newest issue of the Courier (#752) by purchasing professionally printed copies at bookstore.oa.org or downloading a copy from the OA website (search “Courier”). The 2017 Courier is also included in the Professional Presentation Folder (#870).

**“Carry the Message” Workshop**

What's the best way to explain OA? Practice your attraction skills and get ideas about when and how to share OA with colleagues, health professionals, and others who might be interested in our program using our new “Carry the Message” workshop, which was developed and tested by region chairs at WSBC. Go to the “Workshops and Skits” section of the Documents page on the OA website to download the workshop materials, including a slideshow, a Things to Consider worksheet, and more than three dozen practice scenarios and situations.

**A Downloadable Action Plan:**

“From Slip or Relapse to Recovery”  
Have you slipped or relapsed or know someone who has? Download our new action plan designed specifically to reclaim and retain abstinence. Find it under “Resources” on the Twelfth Step Within page or on the Documents page at oa.org.

**Revised: Been Slipping and Sliding? Writing Exercise**

Our downloadable writing exercise with thirty questions designed to help you recommit to your recovery has been updated with helpful references to OA’s most current literature, including Overeaters Anonymous, Third Edition (#980). Download it from the Twelfth Step Within page or the Documents page at oa.org.

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2018 *Lifeline* Call for Topics

What do you want to read in *Lifeline*?

Send us your ideas for *Lifeline* monthly topics in 2018.

Email suggestions to info@oa.org with subject “*Lifeline* Topics”

or fax your ideas to 1-505-891-4320

or mail them to

*Lifeline*, P.O. Box 44020
Rio Rancho, NM 87174-4020 USA.

**Deadline:**
**April 27, 2017**

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WSBC 2017

**Important Deadlines**

January 10, 2017
Second set of Conference e-documents posted on website

January 31, 2017 (received)
Trustee Nominee Applications

February 20, 2017 (received)
Delegate Registration Forms

March 2, 2017 (postmarked)
Agenda Questionnaires

March 17, 2017
Third set of Conference e-documents posted on website

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Group Secretaries:

**Update Your Group Info**

Group secretaries are an important link between the World Service Office and OA groups. They are vital for keeping meeting information up-to-date and distributing OA news, such as new resources and convention dates, to the Fellowship.

The WSO wants to hear from you! Update your group’s meeting details and secretary contact information by going to Edit a Meeting at oa.org. First click on “Edit an Existing Meeting,” then search for your meeting. Click “Edit Meeting” to update your group’s information. The WSO uses the information you provide to keep Find a Meeting current so that members in recovery and still-suffering compulsive eaters can locate a meeting in their area.

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237 OA Contributors Give About $4,700 Every Month Through Automatic Recurring Contributions.

Help OA grow. Go to oa.org/contribute and check “Make this a recurring gift” to start your Automatic Recurring Contribution.
Everything you need to lead a journey through the Steps, including leader scripts, Fourth Step inventory worksheets, and hand-selected references from OA-approved literature is here. Use it to lead a group of OA members or one-on-one with your sponsees. Together, you can discover proven ways to incorporate the Twelve Steps of Overeaters Anonymous into a way of living—and a life beyond our wildest dreams.

Now available at bookstore.oa.org (#960/$13.50).
Shipping not included.
We’re looking for great ideas. (OA’s first poster contest needs yours.)

Get together with your OA friends or service body and start designing!

Contest Rules and Guidelines

- Designs do not need to be professional-quality. What matters most is the idea and intended message. You may include an explanation, if necessary.
- Your submission can be drawn on anything from a napkin to a computer. Hand-drawn entries must be clearly legible.
- Submissions can be in any language; please include an English translation.
- Posters will be printed in English on US letter-size paper (8.5” x 11” or 215.9 mm x 279.4 mm), however, other dimensions will be accepted.
- One entry per member, please; select your best idea.
- All submitted designs must be original and accompanied by a contest release form (see reverse or find the release form at oa.org/files/pdf/release-form.pdf).
- If duplicate designs are submitted, only the first one received will be accepted.
- Submissions must be received by the WSO by March 31, 2017 at 11:59 p.m. MDT.

POSTER SELECTION PROCESS

After the March 31, 2017, submission deadline, about twelve designs will be chosen by the OA Board of Trustees. An online vote, open to the Fellowship from April 15–May 15, 2017, will determine the winning design.

The winning design will be used to create OA’s next public information poster. The World Service Office will produce the poster and may edit the design for clarity, compliance with US copyright law, and adherence to the OA Twelve Traditions.

The new poster will be professionally printed and made available for purchase at bookstore.oa.org. Twenty complimentary copies will be awarded to the winning designer or service body. Good luck!

If filling meetings with more members is on your wish list, help make it happen. YOUR idea could become the next Public Information Poster for OA worldwide!

Send your submission plus a completed release form to the World Service Office.
Mail to PO Box 44020, Rio Rancho, New Mexico 87174-4020 USA,
or email info@oa.org with the subject line “PI Poster.”

All entries must be received by the WSO before March 31, 2017, at 11:59 P.M. MDT.
Online voting will start April 15, 2017. Voting will close May 15, 2017, at 11:59 P.M. MDT.
Public Information Poster Contest
RELEASE FORM

(must be included with all submissions)
Entries must be received by the World Service Office before March 31, 2017, at 11:59 P.M. MDT.

AUTHORIZATION AND RELEASE FOR CONCEPT/DESIGN

I warrant that I am the sole owner and original author of the Public Information Poster Contest Concept/Design ("Concept/Design") and that I have the full right and authorization to submit the Concept/Design to Overeaters Anonymous ("OA"). I understand and authorize OA to edit, copy, distribute, publish, reproduce, or copyright the Concept/Design for any lawful purpose. By submitting my Concept/Design to OA, I agree that it becomes the property of OA and may be used in any type of distribution media. I agree that I will make no monetary or other claim against OA for the use of the Concept/Design. I waive any right to inspect or approve the finished product wherein my Concept/Design appears. I hereby hold harmless and release OA from all claims, demands, and causes of action which I, my heirs, representatives, executors, administrators, or any other persons acting on my behalf (or on behalf of my estate) have or may have by reason of this authorization.

I have read the authorization and release information and give my consent for the use as indicated above.

Printed Name: __________________________________________________

Signature: _______________________________________________________

Date: ___________________________________________________________

Designer's Contact Information:
(Name; address; email; phone; Group/Service Body name/#)
____________________________________________________________________
____________________________________________________________________
____________________________________________________________________
____________________________________________________________________
____________________________________________________________________

World Service Office
PO Box 44020 Rio Rancho, NM 87174-4020 USA
Tel: 1-505-891-2664 • Fax: 1-505-891-4320 • Email: info@oa.org
Website: oa.org
To subscribe online, go to
oa.org/members/lifeline-magazine/

GROUP INFORMATION
Group Number __________________________
Meeting Location _______________________
City __________________ State _________
Prov/Country ________________ Zip ______

Enclosed is a ☐ check ☐ money order in the
exact amount made out to World Service Office.

Please charge my ☐ VISA ☐ Mastercard ☐ Discover
Card # __________________ Exp. Date (CSC#) ____________
Signature __________________

Return form with payment to
Lifeline, P.O. Box 44020,
Rio Rancho, NM 87174-4020 USA
Phone 505-891-2664

EXACT AMOUNT IN US FUNDS ONLY
Lifeline is mailed in a plain unmarked envelope.
Please allow four to six weeks for delivery.

WANT TO ORDER MORE THAN ONE SUBSCRIPTION? USE THE FORM BELOW. THANK YOU!

To subscribe online, go to
oa.org/members/lifeline-magazine/